EAST BAY EXPRESS

OCTOBER 2 5 2013 [illegible] $7R EASTBAYEXPRESS.COM



MAXED OUT

AMERICAN MOMS ON THE BRINK

By Katrina Alcorn

PAGE 19 : Fracking Jerry Brown The governor signed a bill that [illegible] million in contributions from oil and natural gas interests. **PAGE 17 : The Woman Behind Big [illegible]** [illegible] turn the Queen of New Orleans Bounce into a household name. **PAGE 33 : A Small Victory for Craft** [illegible] s craft distilleries to offer paid tastings.



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Co-Editors Robert Gammon, Kathleen Richards
Staff Writer Sam Levin
Web Editor/Calendar Editor Zainab Mohamiane
Photo Editor Madeleine Kay
Editorial Interns Ashlyn Rader-Ivy Kim
Contributors J. Douglas Allen-Taylor, Claudia Bauer, Alex Bigman, Gwenn Bonilla-Graham, Sarah Burke, Ellen Cushing, Pearl Indiana, Chris Duffey, Lexi Eanes, John Geluardi, Molly Gore, Lee Hildebrand, Mark Kemsman, Jessica Langlois, Sam Lefebvre, Stephen Lowenstein, Joaquin Palomino, Whitney Phillips, Anna Pulley, Annett Rorlin, Cynth a Salaysay, Elly Schmidt-Hoover, Steven Tavares, Isaac Teppermen, Luke Tsai, Kelly Vance, Brad Werner, Al Winston

Art & Production
Production Manager Nicholas Weng
Art Director Brian Kelly
Graphic Designer Breon Cash

Circulation
Distribution Manager Jack Murphy
Couriers Bruce Alcock, Guillermo Mendiola Falador, Harrison Holloway, Thomas Kennedy, Kevin Lacus, Ian Rogers, Isaac Vitor Bacho Walker

Business
Publisher Jody Colley
Business Manager Jennifer Lindsay
Systems Manager Janus Networks
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Advertising
Sales Manager Mei Crammeyer
Senior Account Executive Marie Ortega-Kaliden
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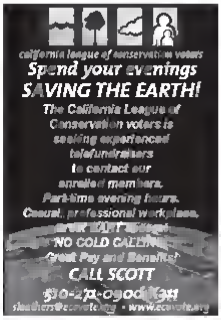
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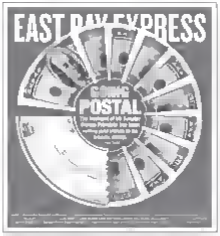
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LETTERS

Issue Date: October 18

Cheated Out of Revenue

Thank you and Peter Byrne for the necessary investigative reporting. Also important to note: When CBRE (C.B. Richard Ellis) sells non-taxable government real estate to private sector entities, the resulting new local/state property tax is based on the sale price. When that sale price is deliberately held low, our local and state governments are cheated of significant revenues for years and years.

Jessen Green, Oakland

Up to the Courts

Thank you and Peter Byrne for the newer story on Dianne Feinstein's husband, Richard Blum, and his company, C.B. Richard Ellis. This, of course, is not the first time the senator's husband has been accused of shady business dealings. This story reeks of corruption and fraud, including swindling taxpayers out of millions of dollars, and depriving all citizens of the services of our now-iconic post offices and postal employees of their jobs. Unfortunately Republicans do not have a monopoly on lying, cheating, and stealing.

The solution is obvious: While it would be nice to think that citizens could complain to Republicans like Darrell Issa in the hope that he would open a House investigation into the matter, the GOP is so totally in bed with Goldman Sachs that that is not going to happen. And Senator Feinstein is too well-connected with Democrats for them to investigate the matter either. That means that it is up to a federal grand jury to look into Byrne's allegations. So the next time one of those fifty-plus members of the throng who showed up in front of the downtown Berkeley post office on July 27 to protest its closure is selected to serve on such a jury, let us hope that he or she will have the gumption to provide the necessary leadership to persuade fellow grand jury members to call witnesses to testify, starting with Byrne.

Joseph Scanlon, Berkeley

Violations of Basic Principles

This is an alarming revelation — an excellent exposure of what appears to be malpractice and malfeasance of the highest degree by CBRE and USPS. For those familiar with real estate practices, the allegations (in the story) state violations of the most basic of principles, which uphold industry propriety. They invite the question, why is this latest information not appearing on the front pages of the largest periodicals in the nation or in a congressional or criminal investigation that is able to bring charges? The theme of government collusion, corruption, and vested bias been played so many times now it has become background music in our nation's elevator, which is plunging toward the bottom. The *Express* is to be commended for bringing this matter to light.

William H. Thompson, Berkeley

Souring USPS to Demise

Post office mistakes are pure greed and unchecked corruption. I am sad to learn details of the latest, disgraceful betrayal of the public trust. Peter Byrne's excellent report/book is the tip of the iceberg. The US Postal Service is the *Titanic*. Richard Blum and his cronies are in over their depth in greed and schemes and have steered the ship of essential public service to the brink of destruction and demise. Who has gained by ripping off $72 million that belongs to the public? What's to be done when leaders and trusted public servants are stealing and scheming at the expense of the country's needs and institutions? It is sad that they sank the services, rich history and key historic buildings. Then they put hard-working employees into leading lifeboats and cast them out into the darkness.

What has happened to our country? Is anyone accountable? Please, let's find a way to save the Berkeley main post office. It belongs to all of the citizens, everyone who lives and works here.

We need to get behind "the post office is not for sale!" action, it's time to stop runaway corruption. Stand up, stamp out greed and wrongdoing at all levels, and take back what's right about America. Let's fix what's broken and regain pride in accomplishments and restore public services before it's too late! We worked very hard two years ago to save the post office on Sacramento near Ashby and were not able to fix that despite protests, petitions, many meetings, calls, letters, articles — and the great need of the local community for easy access to postal services that had been working well for decades. What is wrong with the system that does not respond to public need?

Stevanne Auerbach, Berkeley

Congress' Crooked Deals

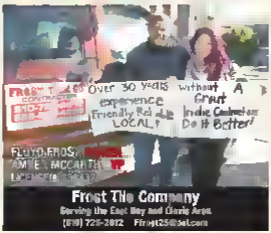
Thanks to Peter Byrne and the *Express* for exposing the crooked deals resulting from Congress' outrageous 2006 plan to bankrupt and privatize the US postal system. The evident goal of the 2006 Postal Accountability and Enhancement Act is to drive the USPS into

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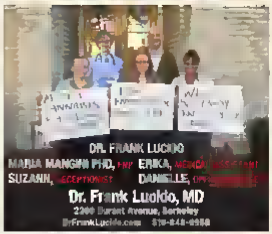
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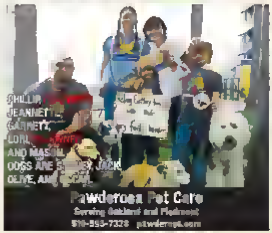
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bankruptcy by reopening it to pay $5.5 billion a year for ten years for employee benefits 75 years into the future, and then put the downtown post offices prime real estate up for sale to corporate investors.

Our post offices not only provide mailing services and decent jobs, but they anchor the centers of small towns across the country. They provide Americans, both individuals and businesses, with convenient, efficient, affordable mailing services. Many of them are enhanced by beautiful design and materials and historic murals. It's time to reverse the terms of the 2006 Act and halt this theft of the US Postal Service's public buildings that our tax dollars built and that belong to the people of the US. To cut staff and services and pass this public property into private hands — cronies and business partners of our senior senator Dianne Feinstein's husband — must not be tolerated.

Charlene Woodcock, Berkeley

The Case to Private Security Guards
Save Oakland 18

Wrong Side of the Class War

This is Randite-Libertarian antisocial nonsense! The next step in the argument is to say that well-to-do neighborhoods should have private fire and ambulance service and to hell with everybody else. Pretending such ideas are "reasonable" is part of the class war and on the wrong side in that war.

Rashid Fateh, Oakland

Crime Fighting is Doomed

Why not hire the homeless and students to patrol the streets? That's cheaper yet. Or consider giving the criminals the money before they get to your neighborhood, or how about paying criminals a monthly stipend to stay away from your home? I'm just saying that cheaper is cheaper.

An instructive lesson from history is Australia. You know that land of hillbillies the outback. Settled by British convicts, including murderers, rapists, and thieves, it has a lower murder rate than that of New Zealand and, of course, our that's much lower than the US. Its crime statistics are moderate. It was the social conditions that made the difference. Now here in the US where the unemployment rate is 20 percent or more for the whole country and closer to 50 percent or more for many minority communities, is it any wonder the crime rate is so high in a culture that despises the poor and marginalizes them? So as we pour endless dollars into crime fighting remember it is like pouring endless dollars into a military machine that's designed to police the world, but one that is doomed to failure. There is not to say things can't be made better but keep in mind that better may only be putting our fingers into a dike with leaking holes. Why not try an experiment to take the money and start an intensive jobs program instead of wasting it on military hardware that's unnecessary and often obsolete before the first units are shipped?

Stephen Redmond Berkeley

We Need Community Policing

Sure, this strategy may make sense for neighborhoods with low levels of violent crime. However I am disturbed by the fact that the trend is moving downhill. Recently, neighbors in Maxwell Park made the decision to hire private security and now there is a group in my neighborhood, the Melrose, considering doing the same. Guns and gun violence are commonplace here in fact, we hear gunshots on virtually a daily basis. I lost count long ago of how many home robberies have occurred since I started living here in 2005. Judy Salemson was murdered a block away from my house, my husband was in the backyard at the time and heard the shots. What chance does an unarmed security guard have against the kind of people that would take out a 66-year-old woman in the middle of the day for no apparent reason? For neighborhoods like mine this strategy just does not make sense. We need the community policing (Jean) Quan has been promising all those many years, with beat cops on the streets, cops we can talk to, who know everyone in the neighborhood. We need regular patrol car drive-throughs, not just high-speed chases down our streets in the middle of the night. And we all need to stand up for ourselves and do whatever we can to better our communities, to show those that have no respect for life and community that we care and that we are not afraid, and that there is no place for disrespect and violence in our neighborhoods.

Martha Lowe, Oakland

Unnecessary Professionalization

As Robert Gammon points out, we don't need highly trained officers to run patrols in low-density, relatively low crime areas. There are several reasons Oakland Police Department officers (and firefighters) are among the most costly in the US. One of them is the unnecessary professionalization of the job, largely an effect of hiring standards set at the state level, which require applicants to be a cross between paralegal, family therapist, and a tetrathalonist who can run, jump swim, wrestle, and shoot.

If we changed to a focus consisting of a high proportion of lower-paid "flat feet" beat cops with good judgment and physical traits, who called in specialists for the other situations, we'd both have money to hire more cops and be able to get good candidates from underrepresented ethnic and economic groups. Effectively, that's what using private security services does but without the critically important training, background checks, and oversight that a functioning OPD could provide.

The Oakland Police Officers' Association and other police associations in the state would fight such a change, much the way firefighters would fight separating EMT certification from their job descriptions.

Leonard Raphael, Oakland

Clorification

Our September 25 Eco Watch, "The End of Pastured Food," should have made clear that the FDA's proposed regulations impacting pastured-egg farming stem from rule-making that is separate from the Food Safety Modernization Act.

Letters Policy

Please provide your full name, address, and daytime phone number although we will only print your name, city and affiliation. Send submissions to LettersEastBayExpress.com or Letters, *East Bay Express*, 6120 Shellmound St., Oakland, CA 94608. Letters are edited for length and clarity.

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FIELD OF DREAMS

Oakland Mayor Jean Quan reveals the deep-pocketed investors who are interested in bankrolling Coliseum City — a major sports and entertainment venture

By Robert Gammon

Building a major sports and entertainment complex at the Coliseum has been a smart idea ever since Mayor Jean Quan first unveiled the proposal nearly two years ago. The Coliseum, after all, sits directly on a BART line — unlike any other major sports facility in the Bay Area. The area around the Coliseum also has long needed a financial shot in the arm. The one big question that has dogged the proposal, however, is who would pay for it. And this week, Quan may have finally provided the answer with the disclosure that a wealthy Dubai investor and a major real estate investment company from Los Angeles have teamed up to bankroll Coliseum City.

"They're looking at it as a long-term investment," Quan said in an interview, referring to the investors Rashid Al Malik of Dubai and Colony Capital LLC of Los Angeles, which owns the Fairmont Hotels and Miramax Films. "We're very excited."

Al Malik and Colony Capital have long expressed interest in owning major sports and entertainment venues. They previously attempted to purchase LA Live in Los Angeles. "We are very enthusiastic about the opportunity to work in partnership with the City of Oakland [and] Rashid Al Malik – to develop this unique property which we expect will become a transformational and vital urban, resident and sports and entertainment center for this city," Colony CEO Thomas J. Barrack, Jr. said in a prepared statement, according to the *Oakland Tribune*, which first broke the story.

The revelation about the new investors also is welcome news for East Bay sports fans, who have endured years of speculation about their teams — the Oakland A's and Raiders and the Golden State Warriors — all leaving town. In fact, Governor Jerry Brown, who blocked a proposal for a downtown stadium for the A's when he was mayor of Oakland, signed legislation last week that could make it easier for the Warriors to move to San Francisco.

But the entrance of the wealthy investors in Oakland could change all that. Quan said that even with the new legislation that Brown signed, it could be years before the Warriors can obtain the various approvals the team still needs to construct a waterfront arena in San Francisco. And by then, Coliseum City could very well be on its way to being completed. The Warriors still have many years to go," she said.

For now, however, Oakland is focused primarily on keeping the Raiders in town, and the new investors are working with the city, the team, and architects to hammer out a concrete plan for incorporating a new football stadium in Coliseum City. The football stadium would be surrounded by entertainment venues, movie theaters, restaurants, bars, hotels, retail, and housing. And Al Malik and Colony Capital have the financial wherewithal to make it happen. Colony manages an investment portfolio valued at $32 billion.

As for the A's, Quan said the city is still looking at developing a new ballpark for the team along the waterfront northwest of Jack London Square at the Howard Terminal, a 55-acre site owned by the Port of Oakland. The port is phasing the site out of operation because of the prohibitive costs of having to dredge the Oakland-Alameda Estuary to accommodate the new wave of giant cargo ships. Quan also noted that "Major League Baseball has always preferred the waterfront" over a new ballpark on the Coliseum property.

There had been speculation that the mayor was seeking Chinese investors for Coliseum City after a private Chinese firm agreed earlier this year to finance a $1.5 billion major housing development along the waterfront southeast of Jack London Square. Quan noted that that development, along with a new ballpark at Howard Terminal, also would be a huge financial boost for the Jack London district, Chinatown, and downtown — much like Coliseum City would be for the rest of Oakland.

The Old White Party

After Republicans took a beating in the 2012 national election, GOP leaders vowed to rebrand the party and make it more attractive to young minority voters. So, eleven months later, how is the GOP doing with its rebranding? According to a new poll, very badly.

The poll — commissioned by the *National Journal*, found that 78 percent of Americans think the GOP has either remained the same or has moved further away from representing their views. And the results are not surprising, considering that Congressional Republicans decided this week to shut down the federal government because of Obamacare — a program that seeks to expand private health insurance to millions of Americans, many of whom are young people of color.

In truth, GOP leaders can't rebrand the party because they no longer have control of it. They effectively ceded power over the past several years to an ultra-conservative Tea Party faction of the GOP — which led the shutdown effort — in an attempt to appeal to the party's base. This faction, which includes eighty members of Congress, has been dubbed the Suicide Caucus because of the widespread belief that it's leading the party toward more electoral losses. The Suicide Caucus also has no interest in rebranding because it represents rural regions of the country that are becoming whiter, older, and more conservative, as *The New Yorker*'s Ryan Lizza noted in a blog post last week.

Because of gerrymandering and demographic shifts, the average Suicide Caucus district is 73 percent white. Moreover, last year, Mitt Romney won these districts by an average of 23 percentage points, while losing the national election by 4 points. Not surprisingly, the Suicide Caucus itself is also the antithesis of diversity: 76 of its 80 members are men, and 79 of them are white.

And it's these folks — old white men who represent rural conservative voters who hate President Obama and view his presidency as illegitimate — who were responsible for why our government was shut down this week.

Seven Days is culled from our blog of the same name.

Robert.Gammon@SevenDaysPress.com





The Cosco Busan dumped 53,000 gallons of oil into the bay in 2007 Courtesy of the US Coast Guard/File photo

ECO WATCH

WAITING FOR THE NEXT DISASTER

Environmentalists say that six years after the *Cosco Busan* struck the Bay Bridge and dumped 53,000 gallons of oil into the bay, the state has failed to learn from its mistakes

By Vanessa Rancaño

By sunset the tanker had delivered its cargo of crude petroleum to the North Bay refinery and was passing underneath the Golden Gate Bridge en route to its next port of call in Ecuador. There, just past the bridge, as the ship made its way through the bay's neck, the engine froze and the electrical system failed. Without power or steering, the tanker drifted toward the rocky cliffs of the Marin Headlands. The captain knew the water in the straight was too deep to drop anchor so he ordered his crew to lower the starboard anchor only partially hoping it would catch in the shallows near shore and stop the ship from running aground and spilling the contents of its fuel tanks.

Onlookers on the bridge braced for disaster as the ship came within meters of Point Diablo. "The whole tanker spun around and almost missed into the point," one witness told ABC7 News. But the captain's swift action worked, and just ten minutes after the power cut out the ship stopped.

"It's a miracle that nothing happened," said Amy Trainer an environmental activist who's been researching Northern California's oil spill prevention infrastructure for months. The *Overseas Chelsmar*, as the 30,000-ton vessel was named, was one of 130 tankers that navigated the San Francisco Bay in January 2009. Between the oil refineries and the busy Port of Oakland, the San Francisco Bay sees hundreds of vessels carrying hundreds of thousands of barrels of oil each month. Given the numbers, Trainer and other environmentalists are worried that it's just a matter of time before there's another spill — and that the state isn't prepared to deal with it.

As the executive director of the Environmental Action Committee of West Marin, Trainer is part of a coalition of a dozen environmental groups that's urging state officials to beef up California's spill prevention efforts and response plans. The coalition penned a letter to the top brass at California's Office of Oil Spill Prevention and Response (OSPR) and other regulatory agencies in August. The groups claim the contingency apparatus in Northern California doesn't meet state law and worry this will lead regulators to default to chemical dispersants if there's a spill.

After the 1989 *Exxon Valdez* spill and the *Americhem Trader* spill the following year in Southern California released a combined 11.3 million gallons of crude oil into the Pacific Ocean, California passed legislation to protect state waters. The Lampert-Keene-Seastrand Oil Spill and Prevention Response Act mandates the "best achievable protection" of coast and marine waters using the "best available technology." But Trainer's coalition which includes the Sierra Club, the Surfrider Foundation, the Center for Biological Diversity and a number of fishing groups contends the state is relying on out-of-date technology to deal with major oil spills. "This is California — we're a center of emerging technologies, we're supposed to be leading the way," Trainer said. "Instead, we're years behind and that has to change."

Lawmakers passed new legislation to improve preparedness and response after the *Cosco Busan* struck one the Bay Bridge's towers and spilled 53,000 gallons of oil in 2007 but the near-disastrous *Overseas Chelsmar* incident two years later, and a close call in January of this year in which a tanker scraped the bridge again, are proof there's more to do, Trainer said.

She's especially concerned because the bay saw an increase in the number of instances in which vessels lost power off the coast after the California Air Resources Board started requiring ships to switch fuel types in state waters in 2009. At sea, tankers and cargo ships use heavy bunker fuel, because it's the cheapest fuel available. But when burned, the sulfur-rich petroleum product releases chemicals linked to childhood asthma and chronic respiratory problems. So to protect public health, the air board adopted regulations requiring ships to switch to a low-sulfur fuel that's less polluting. The new rules have been a boon to California's air quality but they also inadvertently increased the risk of oil spills.

As one longtime captain explained it, many older vessels that are still in use weren't built to run on the less-viscous low-sulfur fuels that California requires, so the fuels can cause leaks, pressure loss, and other problems that lead to mechanical failure. And whenever a vessel loses power there's a risk of a spill. Instances of propulsion loss rose 150 percent from 2008 to 2009 and have stayed at a rate more than double the rate of the years before the regulation went into effect. The near grounding of the *Overseas Chelsmar* is thought to be linked in part to the use of low-sulfur fuel.

To protect marine resources, Trainer's group is advocating a number of reforms. Among other things, it's pressing for OSPR to create a system for rating the cleanup equipment used by the private companies that contract with ship owners for spill response, and for OSPR to make shipping companies help pay for more advanced cleanup and prevention technology. Chris Jones, a consultant who works with Trainer, points out that the Bay Area doesn't have a tugboat dedicated to preventing or responding to spills. In Alaska a Prince William Sound, where Jones helped design prevention and response plans, there are specialized tugs that include equipment like booms (the floating barriers used to contain oil) skimmers, and storage space for recovered oil. They're also equipped to deal with fires and powerful enough to tow a loaded tanker in rough sea conditions. Currently harbor tugs operate only in San Francisco Bay. Jones said it's in doubt their ability to aid a ship in the hairy conditions outside the Golden Gate.

Partly in response to the coalition's pressure, state Assemblyman Mark Stone convened the Committee on Coastal Protection in late August for a hearing on the state's oil spill response preparedness. Stone's district encompasses the Monterey Bay and he has a longstanding interest in coastal protection. Shortly after he took the stand at the meeting, OSPR administrator Thomas Cullen addressed one of Trainer's key concerns. "We continue to hear recommendations that we need to increase spill response capacity far beyond of the Golden Gate" he said, pausing to look up at the committee members. "We feel that this is unnecessary and could increase the risk of an incident." He went on to explain that disrupting a ship's progress when it's headed into or out of the bay is dangerous.

But for Jones, that's the point. Because the area beyond the bridge is congested and currents can be treacherous, there's a heightened risk of spills. And if response crews are not practicing rescue and cleanup efforts in those conditions, they won't be prepared when there is a spill. Jones looked grave as he read his testimony during the hearing, looking up at the committee as he drove home his point. "What you do not drill you surely do not have," he said of the training needed to properly respond to oil spills.

Jones and Trainer worry that a lack of emergency drills and mechanical infrastructure will leave responders little choice but to rely on chemical dispersants. While Cullen told committee members "We do not use dispersants as a silver bullet for oil spill response, one would never see dispersants as substitutes for mechanical response technology" the activists see a lapse on his logic. "From our perspective," Trainer said, "the fact that they aren't drawing out those means they're totally unprepared to do a mechanical recovery so they would rely on dispersants."

The growing body of data on the environmental and human health impacts of dispersants amassed since the Deepwater Horizon spill has led to cynicism of their effectiveness and toxicity. "If the worst should happen and a tanker loses most of its content, we're going to be spraying this stuff so quick," Jones said. "The American public has been fooled by the industry." Arguing that the oil industry has pushed dispersants because they misuse cost, he points out that Corexit, the dispersant used by the hundreds of thousands of barrels in the Deepwater Horizon spill, is manufactured by a company with close ties to BP and Exxon. "This stuff is snake oil, he said.

Rae Tyson-Lamm a professor of environmental toxicology at UC Davis who spoke at the hearing, offered a measured view of the chemicals. "It's ideal for nature to disperse [oil]," he said, "but sometimes that means resources would be damaged. For some species dispersed oil is more toxic, for others undispersed oil is. It's equally cute to others. We have to decide which species we want to protect because on single tool can protect all species equally."

But if OSPR is going to help protect anything the agency needs funding. Perhaps the most pressing issue prompting Stone's hearing is the state of the Oil Spill Prevention and Administration Fund, OSPR's source of money. The fund faces an estimated $3.3 million deficit for 2013. Cullen told the committee, and while his agency is still meeting its central mission, several of its important mandates are unfunded or underfunded. In addition to improved spill response, local equipment grants and local volunteer training programs are all lacking, he said, and the Oiled Wildlife Care Network is in jeopardy. Cullen blamed inflation and rising program costs for the deficit.

California's oil spill preparedness infrastructure is funded primarily by a per-barrel fee, currently set at 6.5 cents, on all crude oil entering the states. In January 2015 the temporary fee increase enacted in 2011 will sunset, dropping the fee down to 5 cents. The result, Cullen said, would be a $7 million deficit. He told the committee that every penny increase to the per-barrel fee provides an addition $5 million in revenue and recommended an increase to 7 $ cents. "We are actively working no more sustainable funding options" Cullen told the committee, though he didn't elaborate. The state Assembly had been weighing a bill, AB 834, to increase the fee to 7 cents, but it failed to get out of committee before the end of this year's legislative session.

In an email statement, Stone called the hearing a positive first step toward improving the state's ability to respond to a spill. "The experts have weighed in to say that we need to ensure that the state appropriately funds California's oil spill program before there is a spill disaster." he wrote. "I am committed to finding ways to ensure that we're able to do so when the Legislature returns in session in January." Stone's legislative director suggested the assemblyman might introduce legislation then, but for the next three months he and his staff will focus on research.

"Spill response in California is complicated," said Alexa Retallack, a spokeswoman for OSPR. "We are constantly looking for opportunities to improve our strategies. Is there more? We believe we can always do more," she said. "But we're doing the best we can."

For now, Californians will just have to hope that's enough.

Editor@EastBayExpress.com

FRACKING JERRY BROWN

The governor signed a bill that likely will expand fracking in California after taking $2.5 million in contributions from oil and natural gas interests

By Robert Gammon

Before Jerry Brown signed legislation last month that promises to greatly expand fracking in California, the governor accepted at least $2.49 million in financial donations over the past several years from oil and natural gas interests, according to public records on file with the Secretary of State's Office and the California Fair Political Practices Commission. Of the total, $770,000 went to Brown's two Oakland charter schools — the Oakland School for the Arts and the Oaklaol Military Institute. The other $1.72 million went to his statewide political campaigns for attorney general and governor along with his Proposition 30 ballot-measure campaign last year.

The governor signed Senate Bill 4 into law despite widespread opposition from the environmental community. The bill, which underwent major changes in the last week of this year's legislative session after intense lobbying from the oil and gas industry, requires state regulators to approve all fracking permit requests in California for the next two years — as long as oil and gas companies disclose to state officials what chemicals they're using during hydraulic fracturing.

Fracking — a controversial process that involves shooting massive amounts of water and toxic chemicals deep into the earth in order to release otherwise trapped oil and natural gas deposits, has been linked to groundwater and air pollution, and there's evidence that it causes earthquakes. But the oil and gas industry views California and its giant Monterey Shale deposit as the next big boom for domestic fossil fuels. The underground deposit is estimated to contain 15 billion barrels of extractable oil and natural gas.

Several environmental groups, including Sierra Club California, have called for a ban or a moratorium on fracking in the state. And SB 4 originally created a division in the environmental community — with several groups opposing it because they contended that it was too weak, while other groups backed it for fear that the state would end up with no regulations at all. However, some of those latter groups, including the Natural Resources Defense Council and the California League of Conservation Voters, withdrew their support for SB 4 after the oil and gas industry successfully pushed for last minute changes to it.

SB 4 also originally sparked opposition from within the Brown administration not long after state Senator Fran Pavley, a Southern California Democrat, introduced it earlier this year. In May, the state Department of Finance issued an official opposition letter on SB 4, essentially contending that the legislation was too tough on oil and gas companies, and that it threatened to stifle the economic boom that fracking may create in California. At the time the bill proposed a moratorium on fracking while the state conducts a full environmental analysis of the oil and natural gas extraction method. This bill could result in significant negative impacts to California's economy," Brown's Department of Finance argued back then. "A moratorium would likely result in a significant loss of jobs and tax revenues."

The oil and natural gas industry also adamantly opposed SB 4 throughout much of 2013. But after behind-the-scenes lobbying, Pavley agreed on September 6 to amend her legislation. Rather than espousing a temporary moratorium, SB 4 instead forces state regulators to approve all fracking requests. The bill also could undermine aspects of the California Environmental Quality Act.



Occidental Petroleum, which has extensive holdings in the state, is Brown's largest industry donor.

After Pavley agreed to the changes, Brown quickly endorsed SB 4. In fact, he often took the unusual step of declaring that he intended to sign the legislation before it had passed both houses of the legislature. During his tenure as governor, Brown has rarely taken public stances on bills before they reach his desk.

Brown's press office did not respond to press time to a request for comment as to whether the financial donations from oil and gas interests influenced the administration's original opposition to the bill, or his decision to strongly endorse and then sign the revised bill into law.

David Turnbull, campaign director for Oil Change International, an environmental group that keeps close tabs on the political influence wielded by the oil and gas industry nationwide, said he was not surprised by the last minute changes to SB 4 or by Brown's actions. "The level of influence that the oil and gas industry has in Sacramento and around the state is very troubling," he said.

Oil and gas companies also appear to be somewhat pleased with how SB 4 turned out. "While SB 4's requirements went significantly further than the petroleum industry felt was necessary, we now have an environmental platform on which California can look toward the opportunity to responsibly develop the enormous potential energy resource contained in the Monterey Shale formation," Catherine Reheis-Boyd president of the Western States Petroleum Association — an oil and gas industry group boasted to *Bay Nature* magazine last week.

SB 4 also appears to be boosting oil and gas industry stocks, particularly for companies that donated heavily to Brown. Occidental Petroleum — which, along with its corporate executives, has donated at least $786,400 to Brown since 2006 and is his largest industry donor — has seen its stock jump since the governor signed SB 4 into law on September 20. Some industry analysts expect the Los Angeles-based company to be the single biggest beneficiary of fracking in California because of its extensive holdings in the state. On September 26, Wells Fargo upgraded Occidental's stock to its "outperform" rating, meaning that the big bank expects the stock to soar in the coming months. After the rating upgrade, Occidental was trading at $94.46 per share by Monday, September 30, up from a low of $72.43 earlier this year, according to the New York Stock Exchange.

Occidental has been a trusty donor to Brown's statewide political campaigns in the past seven years, and to his Oakland charter schools. Last year, the company also contributed $500,000 to Brown's Prop 30 campaign, making it one of the ballot measure's biggest single donors. The large contribution was unusual because Prop 30, which included a tax hike on wealthy Californians, drew opposition from much of the state's business community.

Another Brown donor that stands to profit from SB 4 is Clean Energy Fuels of Southern California, which sells natural gas, promotes the use of natural gas-powered vehicles, and owns natural gas infrastructure. Since 2006 Clean Energy and its CEO Andrew Littlefair have donated at least $260,000 to Brown's political campaigns and his charter schools. Clean Energy spokesman Gary Foster said the contributions had nothing to do with the vast potential for hydraulic fracturing in California, although he acknowledged that the company supports fracking and that it could profit substantially from increased natural gas production in the state. "We are supportive of the country continuing to develop its resources," he said.



Jerry Brown

And there's evidence that Littlefair understands what SB 4 will do for his company. In the weeks before Pavley agreed to change her bill, when it looked as if SB 4 might actually result in some regulations on fracking in California, Littlefair was selling off stock in his own company, according to US Securities and Exchange filings. But then on September 12 — the day after both houses of the state legislature approved the oil and gas-industry friendly amendments to SB 4 — Littlefair began buying back the stock. In fact, he purchased $1.6 million worth of Clean Energy shares. Littlefair has personally donated $75,000 to Brown and his causes in recent years.

According to public records other large donors to Brown that also will likely profit from SB 4 include oil and gas companies Kern Oil and World Oil. Sempra Energy, which owns San Diego Gas & Electric Company and Southern California Gas Company, and Pacific Gas & Electric Company and Southern California Edison, the state's two major utilities in recent years, PG&E, in particular has pushed to expand natural gas exploration and production nationwide through fracking.

Robert.Gammon@EastBayExpress.com



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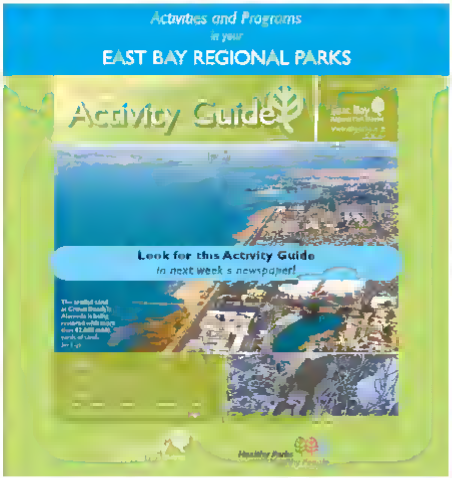
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WHO'S JACKING UP THE PRICE OF HOUSING?

Answer: Large-scale investors. They're snapping up foreclosed houses in Oakland's flatland neighborhoods, and then selling or renting them at prices many residents can't afford

By Jean Tepperman

As the tsunami of foreclosures in Oakland finally subsided over the past year, residents of the city's flatlands neighborhoods looked around at the new landscape and saw less room for themselves and people like them. Many of their neighbors were gone, of course. And many of the foreclosed homes were snapped up — not by new homeowners, but by large-scale investors, including national and global corporations.

Some of these investors have stuck to the traditional fix-and-flip business model, but others are assembling large numbers of houses to rent. Colin Weil, managing director and co-founder of Oakland-based Waypoint Homes, which owns more than 4,000 houses across the country has told reporters that he believes the single-family-house rental business will become a $1o billion industry nationwide.

Whether flipping or renting, the new owners have put a higher — sometimes much higher — price tag on living in traditionally low-cost West and East Oakland, home to large black and Latino populations. And the investors have found eager renters and buyers streaming across the bay as housing costs in San Francisco continue to soar. The result, said Steve King, a researcher for the nonprofit Urban Strategies Council, is "wholesale neighborhood change."

The process is "transferring homes where people have lived a long time, raised families, been part of the community, to younger folks, mostly white," added Margaretta Lin, special projects director in the City of Oakland's Community and Economic Development Agency. But the city is "trying to do what we can to forestall the displacement [with new] strategies to keep people here."

Several nonprofits are partnering with the city and also launching their own programs with the goal of increasing the availability of affordable housing in Oakland. Meanwhile, the Alliance of Californians for Community Empowerment (ACCE) has started a campaign to hold large-scale housing investors accountable to the community.

But many residents see some benefits to the investors' interest in their neighborhoods. The big advantage is that a lot of the blight is now being attended to," said Patty Flores, a real estate agent who works in West and East Oakland. "But it's kind of pushing the poor or average buyer out of the loop."

Investors with deep pockets can not only outbid would-be homeowners, but can pay cash, making their offers much more desirable than bids from people who need a mortgage. "It's very frustrating," said Flores. "A person with a conventional loan is almost bulked out of the market by investors paying cash, more often in the low and of the market."

When investors fix up a house and put it back on the market, Flores added, the price increase can be pretty dramatic. Something you could have bought for $50 is now rehabbed and selling for $350." But the repairs don't always justify the higher price tag. There's widespread suspicion among people familiar with the housing market that "rehabilitation" can mean little more than slapping on a coat of paint. "Unfortunately in me companies do the work without benefit of permits," Flores said. "We don't know what's behind the walls."

Sele Nadel Hayes, daughter of former Oakland Councilwoman Nancy Nadel, said it took her a long time to find a house she could afford in West Oakland where she grew up. "I was finding a lot of houses recently purchased by flippers," she said. "They looked like they were in a magazine, but they were outside my price range."

Renters also face rising costs. Martha and Eddie Daniels, both living with disabilities and supporting two teenage grandchildren, had to move when the house they rented in West Oakland was foreclosed several years ago. Now they are being evicted because their landlord sold the house they currently live in. Their rent is now $1,450, said Martha Daniels, and her paycheck — their only income — can't cover the new rents in the neighborhood, which range from $1,700 to $2,000. "Some people who were tenants before their houses were foreclosed had no move out because they owned the roof," said West Oakland ACCE activist JeAnne Stamps.

According to a market analysis from Red Oak Realty Investors, purchase prices in Oakland rose 64 percent from the second quarter of 2012 to the second quarter of 2013. And when one investor buys a significant amount of property in a neighborhood, it has an impact on the whole area. In addition, said researcher King, many of the corporations currently renting out single-family houses are planning to sell them in five to seven years, after they increase in value. "Then we'll have a whole other wave of destabilization," he added.

And foreclosures, while down dramatically from their peak, are continuing. Lin said 1,500 Oakland homeowners are currently in some stage of the foreclosure process. The Red Oak Realty analysis showed that one-fifth of the home sales in Oakland were of "distressed" properties — foreclosed or short sales — the latest most attractive to investors looking for a bargain. And in sales under $300,000, 45 percent of the properties were "distressed." That means the lowest-income buyers are the most likely to lose out to investors.

West Oakland is the epicenter of all these changes. Margaret Gordon, a longtime West Oakland resident, said it used to be a "homogenous neighborhood, every home from which an African-American family has moved out is now occupied by non-African Americans. "The new people are mostly white and Asian groups of young people," she said. "Only a few of the people moving in have families." Another longtime West Oakland resident, Chantel Burrell, summed up the comments of many of her neighbors. "This is the new San Francisco."

Gordon pointed out that this trend didn't start with foreclosures, but has been happening over the past decade. The root cause, she said, is economic inequity. But investors said city officials, too, are "taking advantage of the trends to accelerate gentrification."

The City of Oakland is about to ramp up its programs to prevent displacement. Since January the city has been sending canvassers to every home that has a notice of default or foreclosure in attempts to connect the homeowner to available services. Starting next month, the city will begin a new set of programs to promote stability and affordability, aiming at not only foreclosures, but also vacant homes, said Lin.

For homeowners in the foreclosure process, the preferred strategy will be helping them stay in their houses, Lin said. Some will qualify for the ROOT (Restoring Ownership Opportunities Together) program, led by the Community Housing Development Corporation, a Richmond based nonprofit. The program buys the home from the lender and then resells it to the homeowner with a restructured mortgage at current market value.

Although Oakland has no immediate plans to copy the City of Richmond's controversial proposal to seize underwater mortgages through eminent domain, the city has other options for homeowners who can no longer afford their mortgage payments. Lin said the city would fund an investor willing to rent to the current owner with a long-term lease and affordable rent. Or it might arrange a sale to a new homeowner, through a program that will "develop a pipeline of ready-to-go buyers" pre-approved for mortgages. And if the foreclosed property is currently being rented, Lin said, the city will help the occupant buy the home if possible. Otherwise it will look for a buyer who will make it possible for the tenant to stay.

The city will have some cash available to facilitate sales. Lin said as a result of the settlement of a lawsuit against Wells Fargo by the National Fair Housing Alliance, which charged the bank with "disparate maintenance of foreclosed properties." In addition, nonprofits including the Low Income Housing Organization and Enterprise Community Partners, will help raise funds for the program.

On a smaller scale, some nonprofits are working on other affordable housing programs. The Oakland Community Land Trust is buying and rehabilitating vacant homes in East Oakland and making them "permanently affordable," said Steve King. The Land Trust retains ownership of the land and sells the house to a buyer who will be able to sell later on but only at a fixed price. Money from sales will be used to buy more property. "It hasn't reached the scale people had hoped for," said King. "Available capital nowhere near matches what the private sector is bringing to the table." Still, the Land Trust has already bought and rehabbed seven foreclosed properties.



Activist JeAnne Stamps said tenants of foreclosed homes have been forced out by high rents. Brad Wenner

Another nonprofit, Enterprise Community Partnership, is working with the East Bay Asian Local Development Corporation and Waypoint Homes on a program to make some of Waypoint's homes affordable to current neighborhood residents. Enterprise spokeswoman Rose Cade said her organization is now "trying to put together the capital" for this project, which will start with twenty homes and eventually hopes to scale up to one hundred.

ACCE, meanwhile, is focusing on San Francisco-based REO Homes, which owns and rents out at least 250 homes in West Oakland and has sold other houses it bought there. ACCE's members have been taking a survey of REO tenants and a sample of responses shows that people who moved in within the past year are paying rents ranging from $1,200 to $2,500. ACCE activist and West Oakland resident Bill Chemeau, who interviewed some of the tenants, said that a substantially higher than the $1,400 to $1,700 that was typical five years ago. Chemeau added that many of the REO Homes tenants were dissatisfied with the condition of the houses, complaining of unrepaired heaters, mice in bedding, and other problems.

Last month about ten ACCE members showed up at the office of Neill Sullivan, whose management company, Sullivan Management, is responsible for REO Homes property. They presented a list of demands, including timely repairs a commitment to make a certain percentage of the company's homes affordable to lower-income residents, voluntary inclusion of the home in Oakland's rent control law and help in expanding homeownership opportunities for local residents. "He said no to everything," Chemeau said, "but he agreed to send out a letter to tenants" encouraging them to report problems with their residence.

Through spokespeople Sullivan and REO Homes declined to comment for this story.

Activists, meanwhile, are also beginning to float policy ideas, including expanding rent control to include single-family houses (which are now excluded) when many houses are owned by one company and charging a fee to large housing investors to create a fund for local rent subsidies for low-income families.

The need for action will continue, said Lin. "Foreclosed and abandoned properties are an immediate crisis but also economic recovery has not lifted everyone's boat," she said. "The jobs are not there for people. We need resources to provide for affordable housing." ●

Editor@EastBayExpress.com



Editor's Note: The following is an adapted excerpt from the new book Maxed Out: American Moms on the Brink *by Oakland author Katrina Alcorn. Available from Seal Press a member of the Perseus Books Group Copyright 2013*

Much ink has been spilled instructing women how to have it all — thriving careers, happy children, and satisfying marriages. You will find no shortage of magazines and self-help books bursting with snappy, upbeat directives like "Lean in" "Lean forward!" and "Don't let yourself go!" Taken together their message is this: *Work smart, keep a positive attitude and everything will be just fine.*

Years ago, when I was first coping with the competing demands of a new baby and a new job I reached for those books with both hands. With their help I learned how to "Stay ahead of my schedule!" "Make dinner in ten minutes or less!" and "Succeed at staying fit!"

I was so pleased with myself back then. No one was more organized, more efficient. When other working moms complained about how hard their lives were, I listened sympathetically, but secretly I thought: *She's just not trying hard enough.*

But after my second child was born the limits of time management became clear. No four-week Power Program or Efficiency Work Flow or other Jedi mind trick could resolve the ridiculous demands on my time.

One day I went home sick from work and then never went back. I never even cleaned off my desk. I fell into a profound despair, plagued by panic attacks, insomnia, shame, and dread. After almost six years of "successfully" balancing a job and family I had completely burned out. A yearlong journey through medication, meditation, and therapy began. As I learned over the months to heal my body and my mind, I sought the answer to one question. *What the hell happened?*

My collapse didn't make any sense. I was a smart, capable, healthy person. I had a loving husband, a supportive boss, healthy kids, great daycare, a good income. If I couldn't manage a career and a family then how were other working moms doing it, women who didn't have those advantages?

When I first attempted to write *Maxed Out* a few months after I stopped working, I did so in a kind of feverish delirium, writing every moment I was not with my children. That first draft was what I thought of as a typical memoir — it was an intensely personal story about my life as a working mom, my attempt to "have it all," and my miserable failure.

It was my story but it didn't tell the whole story. I knew I was not alone in my "failure." All around me, I saw women staggering through their days, trying to make the best of their own difficult circumstances. At work or at the park they made self-deprecating jokes about exhaustion, but once you scratched the surface, it stopped being funny. They suffered from panic attacks and depression, heart palpitations and hives, migraines and mysterious coughs that wouldn't go away. Many had used antidepressants, anti-anxiety medications, or both. Most fantasized about quitting their jobs. Some actually did, trading their chronic time deficit for regular ol' debt.

It seemed gauche — selfish really — to complain. After all we were all living the lives we'd chosen. We had what we thought we wanted — beautiful children, and a level of financial independence that our mothers never knew. None of us could make sense of the wretched state we found ourselves in. Most days, it felt like our lives were being held together by Band Aids and Elmer's glue. What were we doing wrong?

I started researching the topic of women and work in earnest, and in 2010 I launched a blog called Working Moms Break to share my thoughts about what I was learning. It was my own personal consciousness-raising period. Over the next couple of years, I heard from thousands of women and men around the world. Their stories helped me make sense of my own. Then I rewrote the book.

It is time we realized just how maxed out this generation of women has become. It does not have to be this way. And frankly we deserve better. My deepest hope is that if we can see this problem for what it really is, perhaps together we can do something about it.

It's Time to Call a Truce to the Mommy Wars

Every mother I know has felt judged, at one time or another about her choice to work or not work, most often by other women. Stay-at-home moms are overcuddling and wasting their education. Full time "career" moms are cold-hearted reptilian women who care more about money and status than their own children.

Oh, but the judgment doesn't stop there. Mothers who stop at one kid are depriving their child of siblings. The ones who have more than two kids are accelerating global warming. Mothers who don't breast-feed long enough are going to give their children asthma. Mothers who breast-feed too long are weird. Helicopter moms are overscheduling their children, turning them into type A, anorexic basket cases while the rest of us are depriving our children of important enrichment activities. Health nut mothers judge others for putting Fritos and unnaturally flavored juice in the lunch box. Meanwhile, everyone pities the children of health nut mothers, who have to eat that gritty whole-grain bread and the brown-spotted bananas.

These are the kinds of judgments that get passed around casually in our personal lives. Then there's the public arena. There was the furor over tiger moms with the publication in 2011 of Amy Chua's *Battle Hymn of the Tiger Mother*, which should women punish their children harder to be "successful" in school, music, and other pursuits? Next we were outraged over the May 2012 *Time* magazine cover, which showed a mom looking defiantly into the camera while breast-feeding her toddler next to the headline "Are You Mom Enough?" Are women breast-feeding too long or not long enough? This happened around the same time everyone had to weigh in on the pregnancy of the new Yahoo! CEO Marissa Mayer and her decision to take only a couple of weeks of maternity leave. What's wrong with her anyway? We had barely settled back in our seats when we had to race again to join the kerfuffle over Anne-Marie Slaughter's essay in *The Atlantic* "Why Women Still Can't Have It All" which quickly became one of the most widely read articles in the



Many mothers compare themselves to others and end up feeling guilty about how they're not stacking up

history of the magazine. But instead of having a dialogue about the structural issues that Slaughter and are holding at back, much of the reaction to her piece came back to personal choices. Should women change their definition of "having it all"? Should we learn to be content with what we have?

Why are we so obsessed with women's personal choices? Why are we so quick to judge mothers?

Maybe we judge because we feel conflicted about the choices we've made. We're afraid of screwing up what we've constantly reminded is the most important job we'll ever have — raising our children. We point the finger at others as a way of feeling better about ourselves. We wrestle with our feelings about how our own mothers raised us.

Whatever its cause, all this judgment is, of course, a distraction. The real conflict, which we all feel either directly or indirectly, is between *all parents* and the economic policies and social institutions that don't value the act of caregiving, that make it so damnably difficult to raise our children, stay economically viable, and keep ourselves and our relationships intact. Politicians of all stripes (mostly men) extol family values, but do we really value families when we don't offer parents paid time off after the birth of a baby? When affordable, quality child care is out of reach for so many families? When so few women have the support they need from employers to breast feed, and half of us lack paid sick time?

As one author pointed out in a May 2012 *New York Times* opinion piece, "If the conflict continues to be framed as one between women ... it will continue to distract us from what we should really be doing: working together — women *and* men together — to change the cultural social and economic conditions within these crucial choices are made."

Do You Compare Your Insides to Other People's Outsides?

Most of us do, even though we know better. We're social creatures. It's natural to make comparisons. But, we inevitably wind up comparing how we *feel* to how other people *seem*.

This may in part explain why so many mothers feel so much guilt. We look around at the women we know from the office or the kids school and see pleasant parents, happy marriages, and well adjusted children. And we think, *Why can't I be more like her?*

Recently I asked several friends — all women I deeply admire — to send me a paragraph or two about the things you can't see about their lives from the outside.

Here are a few examples of what real life, enviable, put-together-on-the-outside women are really thinking. Think of them the next time you feel as though you're doing everything wrong:

"Anneke" — Mom of one with coveted job in high profile nonprofit

What people don't see about me (or maybe they do!) is how anxious and cranky my commute and job make me. Ever since I went back to work (and stopped breastfeeding) when I have a day of nonstop, back-to-back meetings followed by the inevitable email backup followed by the mad rush to the train to do day care pickup for my toddler followed by her not wanting to get into the car seat and screaming and crying in the parking lot at the top of her lungs. I find myself hyperventilating in the car and I have to take an Ativan by the time we get home so that I can literally breathe. I'm cranky toward my husband when he gets home annoyed with our dog. I manage to hold it together all day until he professional, upbeat, and on the ball (I even manage to work out at lunchtime a few days a week) but by the time evening comes around and I'm trying to cook, I'm a mess!

"Jenny"—Pioneering mom of two to the world of high-tech

What people don't see about me is that I've been on the edge of a panic attack for the past six to eight months—just started seeing a therapist. Worst time of the day is 5:35 pm, when I get home from picking up my twenty-one-month-old and three-and-a-half year-old up from day care/preschool and we're all starving grumpy and don't know what's for dinner.

I'm sick of being the mom breadwinner and fantasize about moving to a little town where we can live on a farm and I can be with my kids all day and raise chickens.

"Alexa" — Glamorous mom freelancing in the music industry her house looks like a movie set

Each day that goes by where I am not fully employed in my industry, I feel as if my career slips further and further out of reach. When I am ready to jump back in full-time who is going to want to hire a forty-two-year-old mom when there are twenty-somethings champing at the bit to do my job for longer hours and less pay?

My mind swirls with this thought and others.

"I need to volunteer more at his school."

"I need to start running again in the mornings."

"How come my son can't memorize his Tae Kwon Do student creed?"

"Maybe we shouldn't have done private school so we could save money for college."

"Fuck, I have no 401(k)."

"I have to remember to water my sunburst garden when I get home; how do I get the tree rats to stop eating them?"

"I need to make more friends outside my marriage."

"Do the other moms think I am weird because I am gay?"

"Do the other moms think I'm hot?"

All of this could take place in my head in the span of five minutes. I smile on the outside because I describe what's going on inside would make me seem off my rocker. I cry in my car on the way to pick up my son and then turn on the air-conditioning full blast to cool down my face and unpuff my eyes. It doesn't really work, but I say I have bad allergies.

"Gillian" — Creative stay-at-home mom whose talent could give Martha Stewart a run for her money

I never know what to say when people ask me, "Are you a stay-at-home mom?" To me, that implies that one parent works (and is able to support the entire family) and one parent agrees to not work and happily does all the home stuff — which I guess is me, but I don't remember "agreeing" to this arrangement at any time. I have a small business I am trying to start and I teach a couple of classes a week, on top of all the housework, all the pickups/drop-offs all the shopping all the bill paying, all the everything.

Most of the time I am crushed with the weight of the financial debt. I feel helpless and angry that I can't make more money myself to pay it down. I feel stupid and childish that I am 33 and have no savings, no investments, no 401(k) nothing. I have ideas, goals dreams that seem so unrealistic in my day-to-day life that it feels as if they will never happen.

"Samantha" — Nurse with clear priorities around work and home and the perfect part-time schedule

What people don't know about me is that being a mother isn't satisfying the way I expected it to be. I tried so hard to become a mama, and sometimes I think that I lost sight of why I wanted to have a child: what my motivations and expectations were. My daughter is amazing — healthy, happy, energetic. It's just that spending time with her is often not at gratifying as I once believed it would be.

Sometimes I feel guilty about not wanting to have another child — as if people think I'm

Janus Networks

Writing Strong Subject Lines

Your marketing emails are only as good as their subject lines. Whether your email blast aims to promote your products, inform your readership or engage new customers your best efforts won't get anywhere if the subject line can't get your readers to open the email. Keep these points in mind to avoid ailing open rates.

Short and Simple

The ideal subject line is 50 characters or less. That's not much space to expound on the content of your message so don't. Stick to summing up the most important point — the benefit.

Words to Avoid

Avoid cluttering up your 50 characters with spammy buzzwords and special characters. Words like "discount," "save" and "open" have long sent mass emails straight to the spam filter, but some unlikely keywords have also popped up. In a recent study by Adestra, a British marketing firm, the words "learn" and "report" delivered the worst results. MailChimp, a popular U.S.-based e-mail service provider also discovered that using the words "help," "percent off," or "reminder" hurt open rates.

By Prasana William

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cheating my daughter; or I'm not truly part of the two-kids "Mommy Club." I'm content with the kind of work that I do but the daily grind of parenting and working outside of the home often overwhelms and bores me at the same time. Career advancement is on hold since I only work part-time. I thought I would be fine with this, but I feel torn between spending enough time with my daughter and putting enough energy into work.

A GI Bill for Moms

Both anecdotal and empirical evidence show that women's opportunities in the workplace have a way of mysteriously evaporating after they have children. The news media began to refer to this phenomenon as the "Mommy Track" in 1989, after a career consultant named Felice Schwartz set off a furor with an article in the *Harvard Business Review*

ALL TOO OFTEN, EMPLOYERS LOOK AT THE YEARS WE STAY HOME WITH YOUNG CHILDREN AS A BLACK MARK, WASTED TIME. EVEN A REQUEST TO WORK A REDUCED SCHEDULE IS SEEN AS A LACK OF COMMITMENT TO OUR JOBS.

In the article, she claimed that women managers cost corporations more than men do, because they require things like flexible schedules to accommodate their pesky family responsibilities.

Schwartz suggested that companies divide their female employees into two groups, based on their level of career commitment. Group 1, "career-primary" women who'd be willing to work long hours, travel extensively and, when needed, relocate without letting any personal obligations get in the way. Group 2, "career-and-family" women who'd happily accept lower pay and a dead-end job if it meant they could take a sick day when little Johnny had a fever.

In other words, Schwartz's proposed solution was to take the implicit Mommy Track, in which mothers are informally and unfairly passed over for raises, choice assignments, and promotions, and make it explicit corporate policy.

There are more problems with this strategy than I care to list, but here are a few:

1. It's exploitative — taking advantage of women when they most need their workers to support a family.

2. It's unrealistic. Our needs (both men's and women's) change over time. How many of us — with children or without — can truly put career front and center at all times?

3. It's discriminatory. (No one suggested dividing fathers and nonfathers into separate groups.)

4. It shows an amazing lack of creativity, requiring women to fit into the existing work culture, rather than finding ways to make that culture work for everyone.

Companies need women at all levels, and they *especially* need women in leadership roles. Numerous studies have shown that companies with more women in leadership roles outperform their competitors. They do better on the stock exchange, and they make higher profits.

Many possible reasons have been put forth for this correlation between more women and healthier companies. It could be that we're better listeners, we have a more "open and inclusive style of management," or the fact that diverse groups (such as those that mix genders) tend to make better decisions. One recent study published in *Harvard Business Review* suggests that women may simply be better leaders. Or maybe, as Congresswoman Nancy Pelosi pointed out in a 2012 interview, the years more of us spend raising children actually give us important diplomacy and interpersonal skills. (Important biographical note: Pelosi spent more than a decade as a stay-at-home mom with five children before running for political office.)

All too often, employers look at the years we stay home with young children as a black mark, wasted time. Even a request to work a reduced schedule is seen as a lack of commitment to our jobs.

This is what needs to change — this attitude about the time people spend caring for family. Instead of pushing us onto the Mommy Track, employers should be looking at creative strategies like job shares so women can stay in leadership roles, or better "on-ramps" to help us transition back to the Fast Track when we're ready.

Government, too, can help by providing incentives and programs to help working parents. This isn't an ideological argument — throughout our history politicians of all stripes have stepped in to help correct economic deficiencies. Just one example: In 1944, faced with millions of veterans coming home from World War II with valuable skills that did not easily translate to the workforce, Congress passed the GI Bill. The bill provided loans to start new businesses, and tuition and living expenses to attend college. One needed only ninety days of active duty to be eligible — no combat experience required.

That investment in the future of our country unleashed a massive amount of untapped human capital. By the time the program ended, in 1956, more than two million veterans had attended college and more than six million had received some type of training with help from the program. Today historians and economists conclude that the GI Bill was one of the *most successful, profitable government programs in US history*, speeding our long-term economic growth and helping bring about the emergence of the middle class. For every $1 invested, the government and the economy received almost $7 in return.

Why wouldn't we make a much smaller, but similar investment for mothers and fathers who take years off (unpaid) to raise children? It wouldn't just improve the economic stability of families, it would be an investment in the economic well-being of our country. ■

Event Details
Katrina Alcorn will read at *Pegasus Books Downtown* (2349 Shattuck Ave., Berkeley) on Wednesday, Oct. 9, 7:30 p.m. Free. 510-849-1320 or PegasusBooks.com

EditorBeatPaper@gmail.com

CULTURE SPY

THE WOMAN BEHIND BIG FREEDIA

Oaklander Renee Moncada-McElroy is helping turn the Queen of New Orleans Bounce into a household name.

By Elly Schmidt-Hopper

Renee Moncada McElroy has an ageless beauty about her. Sitting at Geoffrey's Inner Circle on a recent Wednesday, with braids coiled on top of her head, wearing tight jeans and a blue patterned shirt, the 48 year-old looked less like a mother of four and more like Beyonce on vacation. But it's not her looks, it's the strength of her presence that's most impressive. The woman exudes so much self-confidence that when she says, "I'm going to be the next big thing coming out of Oakland," it sounds neither like a brag nor a hope, but rather a writ-in-stone fact.

Moncada-McElroy is the businesswoman behind Big Freedia, aka the Queen of New Orleans Bounce, which is a style of hip-hop known for its frenetic beats, twerking dance moves and crowd-energizing call and response. She is the subject of a new reality show, *Big Freedia: Queen of Bounce* (which premiered October 2 on Fuse TV), which will document Freedia's artistic process, neighborhood roots, and journey to make it big. Not only will Moncada-McElroy be featured on the show as Freedia's manager, he's also the executive producer and the ongoing behind Freedia's expanding brand.

Geoffrey's Inner Circle is an apt location for the Bay Area native to think about her trajectory over the last twenty years. She used to work at the club as a cocktail waitress in the Nineties when her first daughter was still a young child. She said when she first got pregnant, at age eighteen, she pressured her to give her baby up for adoption. Instead, she decided to keep and raise the child with her boyfriend at the time. "The social workers came in and they're like 'You can't keep the baby you're not prepared, you're too young!'" Moncada-McElroy recalled. "I was like, 'I don't care, I'll find a way.'" Not that it was easy. Unable to afford a crib she said she instead used the bottom drawer of a dresser, padded with blankets.

Still, Moncada-McElroy had dreams of working in entertainment and for years she shuttled between New York and Oakland to pursue a career in acting and media. But she put her ambitions on hold again when she married the musician and music producer Thomas McElroy (who is most famous for co-producing the Oakland quartet En Vogue) had three children, and stayed home to raise them. After her kids were grown enough, she landed an unpaid internship at Michael Hoff Productions, a television production and programming company in Emeryville. She rose quickly through the company's ranks, and was soon producing documentaries and reality television shows like *Chain Gang Girls* and *Man vs. Fish*.

A few years later, around the time Moncada McElroy started feeling a bit weary of reality TV production, she read an article about Big Freedia and the exploding bounce scene in New Orleans. In 2010 bounce was still on the outskirts of mainstream hip-hop, but in Louisiana Big Freedia, the self-proclaimed Queen Diva was killing it at nightclubs, her sexually charged and energetic set after another.

Moncada-McElroy believed strongly that at behind Big Freedia's booty-popping art there was artistic depth to the artist (born Freddie Rosa), who despite his humble beginnings and sexual orientation was taking over the New Orleans airwaves with hits like "Azz Everywhere." "[I was] just looking at a photo of him and thought this person looks balls interesting, and two weeks later I found myself in New Orleans with a camera," (Freedia identifies as male but uses the female pronoun for her stage persona.)

Believing that she had discovered the perfect charismatic character for video, Moncada-McElroy pitched a Big Freedia documentary to Hoff Productions. "They passed on it," she said. "They didn't get him." So she decided to produce the documentary through her own company RMM Media.

"I just think that back when they look at him they go for the obvious. He's a gay he's flamboyant, and you know, it came off kind of cheeky and campy," Moncada-McElroy said. "But I saw something in him that had more depth to it. He used to be fat has gay pot-bellied Katrina, a black gay man, and you see the culmination of all that on stage, but you really don't understand what you're seeing. I just thank people weren't asking the right questions. Like 'Where does this person really come from and this music?' 'What makes it so infectious?'"

Big Freedia said that he developed a close relationship with Moncada McElroy during their initial work on the documentary and so just six months into the project she started to encourage her act with promoter Melvin Foley. "We [Freedia and Foley] started to know her and trust her during filming," Freedia said. "I work hard, you know I'm always working and Renee does too." Moncada McElroy also had the industry connections to help expand Big Freedia's bounce music beyond New Orleans' borders. Soon after the three formed their partnership World of Wonder, an international entertainment and television production company approached Freedia to do a reality TV show, and Moncada McElroy found herself executive producing the show as I also appearing in it, something she was hesitant to do. "The challenge was being in front of the camera and being exposed, for both Freedia and for me," she said.

Despite her nervousness, Moncada McElroy felt the world would respond to Big Freedia and so they signed on to make the show and take bounce worldwide. "Freedia is an artist," said Moncada McElroy. "I think he's not just an entertainer, and people may argue with that and say 'He's not an artist,' but he is art. He's what you call performance art. That's what good art does — it changes people's minds about what they would normally think about something. People talk about him, they look at him and frown, but they just can't fucking turn away."

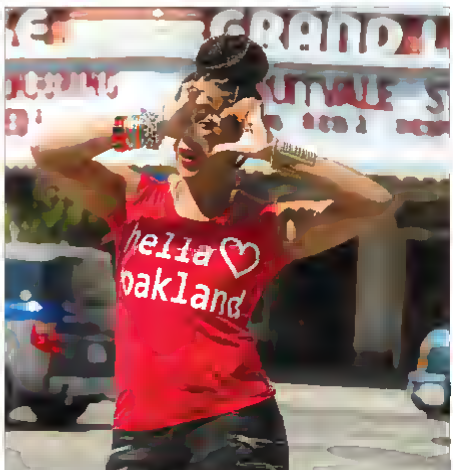
Show Details
Big Freedia, Queen of Bounce premieres on October 2 on Fuse TV. Check local listings for details. Fuse.TV

Moncada McElroy also hopes that her presence on the show as a successful African American woman will serve as a model for younger black women, especially in television, something that she feels is missing from the entertainment industry in general. "I really hate seeing black women fight no TV," she said. "It bothers me. And cuss and act ghetto and act stupid. I hate it! I have daughters, they have friends, I have people in my family that are females that look up to me, I'm gonna carry myself in a certain kind of way."

It appears that the Bay Area native's initial instincts about Big Freedia and bounce were correct. Bounce and twerking, the music's accompanying booty-popping dance, are leaving a comment, and surprisingly, it was a white, twenty-year-old former Disney star who introduced millions of Americans to it. Last month Miley Cyrus raised a stir with an enthusiastic attempt at the booty-shaking dance on the MTV Video Music Awards stage. To the deluge of reactions that followed some called her a slut and others dubbed her racist, but Big Freedia is supportive. "Miley opened another door for bounce music. [by bringing it into the mainstream]" Freedia said, but added that as an artist and New Orleans native who has produced bounce music and represented twerking culture for decades, it was frustrating to witness a pop star in one evening emerge as the "face" of twerking. "A lot of people [in New Orleans] were really upset," Freedia said.

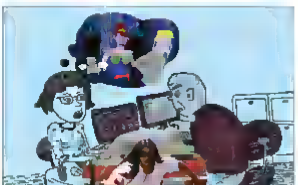
Ultimately however, Big Freedia and Moncada McElroy believe that bounce music and twerking are for people of all races, ages, genders, and sexual orientations. Recently they set out to prove just that by breaking the Guinness World Record for the largest number of people — 358 — twerking simultaneously (The previous record was 256.)

For Moncada McElroy, the event also helped subdue Freedia's stature in twerking culture. "It was fun to see so many people come out, all ages, shapes and colors," she wrote in an email, "and the Guinness Book rep there just made it that much more official as to who really is at the forefront of this twerking phenomenon. Done deal." ●



Renee Moncada-McElroy believed Big Freed a was the perfect character for video Roberto Lopez

EVENTS & ATTRACTIONS



Imaginary Movies will feature both real and imagined films. Tajaval Ande

Imaginary Movies Come to Life

Rock Paper Scissors Collective and The New Parkway team up to screen movies imagined by artists

Murderous orphan lotuses plotting revenge on their new owners. Two rival canine gangs fighting over magic biscuits. A sci-fi baseball drama. These may sound like drug-induced hallucinations, but they're actually movie plots dreamed up by a group of artists for a new exhibit at Oakland–based art collective Rock Paper Scissors (2272 Telegraph Ave.).

The group exhibition, *Imaginary Movies*, features posters, trailers and installations based on the imagined movies of the Oakland– and Los Angeles–based artists. Their creations include a movie set for a fake horror film, promotional posters for movies featuring members of a fictional celebrity family and a screening of endless credits but no actual movie.

Oakland–based artist and animator Tepper Ando, who created the exhibit, said he has always had a fascination with movies and includes movie tropes (such as montages) in the music videos and comics he creates. He began making his own movies in 2011 and started hosting small viewing parties with friends. In the summer of 2012, he and fellow filmmaker Matt Hewitt screened their films in a friend's backyard in Los Angeles. When more than eighty people turned out, Ando and Hewitt realized there was enough demand that they could be showing their work in an actual theater.

More recently, when Ando began thinking about his next art show connecting movies to other art forms seemed like a natural choice. His goal was to encourage the audience members to behave in the possibility of executing their own creative ideas, even if they didn't have a lot of resources. "Making movies seems far-fetched, but I did this (exhibit) with almost no money," he said.

Ando also approached the program coordinator at The New Parkway Theater (474 24th St., Oakland) to see if the movie house — with which Ando said he has been obsessed since it opened — would collaborate with him. In conjunction with the gallery show, which opens on Friday and runs throughout October, a selection of trailers made by the artists, as well as short films by Ando and Hewitt, will screen at the theater on Saturday, October 5. Ando will be showing his animated short *Deadly Garden*, a romantic thriller based on the life of Sacramento serial killer Dorothea Puente at The New Parkway. Like many filmmakers, he dreams of eventually screening his work at prestigious film festivals such as South by Southwest and Sundance, but for now he's happy to play his film on a big screen instead of in a backyard.

Screening starts at 3 p.m. ($7) and will be followed by food, drinks and music at the Rock Paper Scissors gallery, and performances by Pastcortes, Barfih, the Stegsaurbugs, and Excelsior Sessions at the Stork Club (2330 Telegraph Ave.) later that night. ImaginaryMovies.Eventbrite.com

— Zainab Mohammed

ATTRACTIONS

Blood Cure, and More Fire doctor Velro, performance artist Beverly Betty, sexologist and artist Sweet D-Vidson, and circus artist Shannon Gaines are among the performers at Vaudeva artsrial Brigade. Metro Bandshell, 2000 Thu., Oct. 3, 8:30 p.m., $15. Oakland Metro Operahouse, 630 3rd St., Oakland. 510-763-1446. MetroOperaHouse.org

San Overland Ruinbow Urban Fear Oakland hosts ten haunted houses of fright in addition to fifty for those 15 years and older. Through Nov. 2, $20. Naylor Center 1555 E. 14th St., San Leandro, 510-357-5600. SpookyFair.com.

Friday Nights at OMCA High market with live music and dance lessons. Fridays, 5-8 p.m. $7.50. Oakland Museum of California, 1000 Fre. St., Oakland, 510-318-8400. Museum of Ca..org.

Andy's Slime and Fire Show Fire-themed entertainment featuring Oakland's fire music and fire arts (occasionally including pot, fire keepers, fire spinners, and fire jugglers. Wednesdays 6:30-7:30 p.m. Continues through Oct. 23, free. Jack London Square, 98 Broadway, Oakland.

Jimmy & Rosalynn Carter Work Project — Opening Ceremony Launching the 30th annual Jimmy & Rosalynn Carter Work Project. Benefit for Habitat for Humanity East Bay/Silicon Valley with remarks by President and Mrs. Carter and MCs Renel Brooks-Moon and Mark Curry. Performances by Ty Vegas, Mike Marks, Taja of the Hieroglyphers, and the Troy Tinsley Urban Blues Jam. Sat. 6, 7:30 p.m. $35-$150. Paramount Theatre, 2025 Broadway, Oakland. ParamountTheatre.com

The Third Mother's Ball A participatory evening of music, dance and silliness, celebrating the works of author/Lewis Carroll. Theater of Alice in Wonderland. Sun., Oct. 6, 7:30 p.m.-1 a.m., $10 in costume, $20 without costume. Oakland Metro Operahouse, 630 3rd St., Oakland, 510-763-1446, thirdmotherball.org

Art + Festival A day of mini demonstrations and networking with the kids inspired from Cassette Sessions. Special guest teacher and friend to Bay Area sculpture Sabrina Singer Thompson and a live presentation by students of the Ambiguous Tea Ceremony. Sat., Oct. 5, 10 a.m.-4 p.m., $35. Richmond Art Center, 2540 Barrett Ave., Richmond, 510-620-6772, TheRichmondArtCenter.org

FAIRS, FESTIVALS, & FIESTAS

27th Guinea Ensemble Art Exhibition A juried show featuring works of 60 drama and craftspeople from established and emerging artists in such media as photography, painting, sculpture, photogrammetry, ceramics, and textiles. Public reception on Fri., October 4 from 6-8 p.m. Oct. 4-27 free. Bay Street Mall 5610 Bay St., Emeryville, 510-595-4400. BayStreetEmeryville.com.

17th Annual Bay Area Oktoberfeast Honoring the 4th Annual Lincoln Brigade. A commemorative celebration marking the 77th anniversary of the Spanish Civil War and remembering the heroism of the Veterans of the Abraham Lincoln Brigade. Recognizing United We Dance, the largest lesbian and youth-led organization in the country. Sun. Oct. 6 2-4 p.m. $14.50-$35.50. Freight & Salvage performance 2020 Bancroft St., Berkeley, 510-548-1761, TheFreight.org

Alameda Point Antiques Faire With more than 80 antique dealers. First Sunday of every month, 8 a.m.-2:30 p.m., free-$15. AlamedaPointAntiquesFaire.com. Alameda Point Antiques Faire, 2700 Navy Way Alameda, 510-522-7600, AlamedaPointAntiquesFaire.com.

Bay Area Cactus Arts Festival The eighth edition of the Bay Area gathering for jugglers, unicyclists, acrobats, object manipulators, fakirs, clowns, and performers with circumnavigations. Fri. Oct. 4 5-10 p.m., Sat. Oct. 5, 6 a.m. 7:30 p.m., Sun. Oct. 6, 10 a.m. 3:30 p.m., free. Acrobats High Games Gym, 2800 Gaines Ave. Alameda, 510-337-7906.

Berkeley Indigenous Peoples Day Oakland Tribe of Native American ancestors with drumbeat alliance, Native American bands, and and and more. Sat., Oct. 5, 10 a.m.-



PICKS

Oktoberfest and Oktoberfest

Oktoberfest in Oakland may not last sixteen days or begin with a twelve-gun salute like it does in Munich, but that doesn't mean you can't get your fill of German food, music, dancing, and beer. The Dimond district's annual Oktoberfest celebration (Fruitvale Ave. and Macarthur Blvd.) on Saturday will give revelers the opportunity to "break out their lederhosen and dirndls," hoist the boatswurst and strudel, gamble beer at the traditional Biergarten, and check out the German-style housedress competition. Once you've gotten some liquid courage in you, bust out your best polka moves at any of the festival's three musical stages, which will showcase the traditional sounds of Munich, as well as local bands like Bacon and the Blondes. The party continues on Sunday with Oakland Nature Friends' (5115 Fortress Dr., Oakland)

Oktoberfest celebration, featuring new and old German music provided by the Bayuk Band. The Nature Friends Schuhplattler Dance Group will perform German and Austrian folk dances, and rumour has it the band may also play the "Chicken Dance," which would of course be *wunderbar*. —*Zainab Mohammad*

Saturday, Oct. 5, 12 a.m.–6 p.m., $20 for a standard tasting, $50 for unlimited tastings. Oaktoberfest.org Sunday, Oct. 6, Noon, $10 for adults, free for kids under fourteen. RSVP required. NatureFriendsCorporation.com/oakland

Flaunt

Styles worn by Oakland denizens including hipster mountains and Rockridge moms receive a "photographic love letter" from art thou Femme Carter in its latest show, *Flaunt*. The Oakland-based curators' exhibit at Classic Cars West (433 24th St.) features the work of ten photographers who have highlighted the unique styles



A portrait from Flaunt

Theo Gamsbarra

of Oakland neighborhoods, capturing characters such as a mustachioed dude decked out in a white suit and orange bow tie at an A's game. A preview of the show will be held on Friday night, but the official opening party is on Saturday and will include sausages and beer from Commonwealth, a pop-gun table, a costume photo booth, and a fashion show by local designer GG Page. — *Zainab Mohammad*

Saturday, Oct. 5, Noon–7 p.m., free. FemmeCarter.com

6 p.m. Martin Luther King Jr. Civic Center Park, 2151 Martin Luther King Jr. Way, Berkeley. $15-$40. $1-$999. (1 Berkeley 68.16)

Oakland Asian Community Safety & Appreciation Festival Participate in safety presentations. Explore a fire truck, SWAT armored vehicle and BMX motorbike demonstration pool. Presented by the Oakland Asian Advisory Committee on Crime, Oakland Asian Police Officers Association and Asian Youth Services Orientation. Sat., Oct. 5, 10 a.m.–2 p.m. Grant Street Recreation Center, 250 16th St., Oakland.

Queen Isabel Oakland's craft beer Mardi Gras with live music. Sat., Oct. 5, 11 a.m.–8 p.m. free. Oakland Lagunitas Brewery, 1700 Seventh St., Oakland

Oktoberfest Celebration With German band Bear Mafia and dancing. The Bayuk Band will play many old and new German songs and Nature Friends Schuhplattler Dance Group will perform a medley of Germanic and American folk dances. Sun., Oct. 6, noon, $10 for adults, free for kids. Oakland Nature Friends Headquarters, 5115 Fortress Dr., Oakland

Pyramid Alehouse's Oktoberfest Celebration With live Bavarian music from the Alphorn USA authentic German cuisine, and a lederhosen wing contest. Thu., Oct. 3, 5:30–11 p.m. Pyramid Alehouse, 901 Gilman St. Berkeley. 510-528-3689. Pyramidbrew.com.

Rockridge Oct. and Nov. Featuring gourmet food and wines from local restaurants and food trucks. live music, a farmers market, kids' activities, and other stuff. Sun. Oct. 6, 12–8 p.m. College Ave. between Manila Ave. and Broadway. Oakland

HEALTH, WELLNESS, & SEXUALITY

Kink Interactive: Exploring Power and Shame on the Mat Workshop in arm balancing during yoga. Sat., Oct. 5, 2–4:30 p.m., $40, $25 for members. Shambhala Mountain Lake, 3500 Lakeshore Ave. Oakland. 510-763-8648. NamasteOakland.com.

Outdoors Fresh Fridays Art Murmur's monthly modest Midnight, hosted by Freshtown10. First Friday every month. 11 p.m. $10. The New Parkway Theater 474 24th St. Oakland.

Happy Baby Infant Massage Learn massage techniques by using gentle love in that is loving and respectful to the baby. Sat. Oct. 5 1:30-3:30 p.m. $40. No

Queen Berkeley, 2830 9th St. Berkeley **Pilot-Powered Health & Fitness Expo** Workshops on how to burn 30 a month, get involved with nature, and more. A yoga class will be offered in the park by an instructor along with pamphlets showcasing the latest fitness gear and local programs offering a variety of healthy and exciting foods. Sat. Oct. 5 11 a.m.-5 p.m. $15 in advance, $20 at the door Queen Anne Kramer Garden 300 Lakeside Dr., Oakland, NaturalCenterFriendBarden.com.

KIDS

Take Back Home Eat-tastic Lunch at about 1pm. Make your own bat-burger, mac-n-cheese, bat-n-bat, and more puppies up to your wings in front. Tue., Oct. 8, 10 a.m., 12 & 3:30 p.m., $19.99 total child. $13 for each additional sibling. Planet Space & Oakland Museum 10000 Skyline Blvd. Oakland, 510-536-7373, Chabotspace.org.

Willard Family Game Bigfoot Family and favorite board game night including Candy Land, Monopoly Oakland edition cards, and more. Light refreshments will be served. Fri. Oct. 4, 6-7:30 p.m., free. Willard Park, 2730 Hillegass Ave. Berkeley 510-981-6700, 51 Berkeley 68.16.

PETS

Blessing of the Animals Ceremony A special ceremony to honor our animal companions and acknowledge the blessings they bring to our lives. Bring your pet(s) or a picture of your pet. Sun. Oct. 6, 2:45-5 p.m. free. Lindsay Memorial Church, 1250 Spruce St., Oakland.

Like a Stitch Luna Adopt-A-Thon Cats, dogs, rabbit & puppies will be available for Adoption, including dogs from Like a Stitch's home state of Hawaii. Sat., Oct. 5, 11 a.m.–5 p.m. East Bay SPCA Oakland Veterinary Clinic, 8924 Edgewater Dr. Oakland, 510-434-0707 ext. EastBaySPCA.org.

SOCIAL EVENTS

10th Anniversary Party 30 Grand Center. A birthday party and membership drive featuring a fashion show/casting, performance by SandraDark, and silent auction. Fri. Oct. 4 6-10:30 p.m. Oakland Museum of California. 1000 Oak St. Oakland, 510-318-8400. MuseumCA.org.

Let's Talk About Space. Baby! Evening begins with a free inflatable mini planetarium the Cosmos 360 series, The Story of H.

After the show Time join the discussion in the Saturday Night Space Talks, which discusses the latest workings of a Boeing 747 Sat. Oct. 5, 6:30-9:30 p.m., $65 for couple. The Ice Space & Oakland Center, 10000 Skyline Blvd., Oakland 510-638-7373, Chabotspace.org.

Run the Gun A monthly BBQ with sangria, DJ, and dance workout. First Sunday of every month, free. The Rock Dunsky 1241 San Pablo Ave. Oakland, 888-477-4199 Rockdunsky.com.

Playland After Dark: Grown-up Game Night Play two pinball, arcade, vending, and classic games. No kids or babies. Every Tuesday of every month, 6:30 p.m., $10. Playland-Not-At-The-Beach, 10275 San Pablo Ave. El Cerrito, Playland-Not-at-the-Beach.com.

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SPORTS & OUTDOORS-PARTICIPATORY

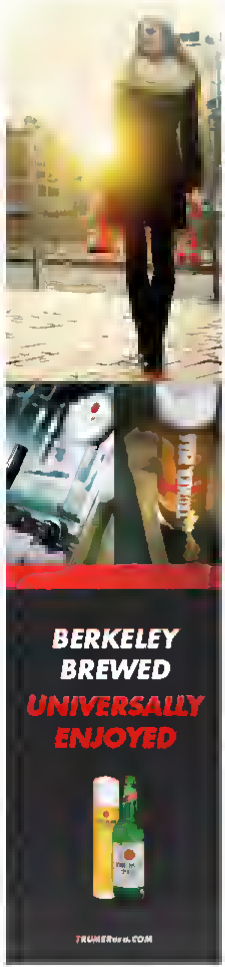
Alameda Walks Protect those on the bridge and along the north side of Bay Farm Island. Hosted by Live Walk Alameda. Sat., Oct 5, 9 AM a.m. free. Resident Bend Club, 1850 Fernando St. Alameda. 510-523-7582, AmeliaWC.com.

Bodyboard Lessons Get Gear and Go Tour The tour presents an intermediate skills clinic, an ocean swim with a magazine contributor, and a highlight of local and BCR. Tools provided begin and end with an intermediate "wave swim" Sat. Sept. 28 allow participants to get in touch, try on, and test out the latest surfboard. Thu. Oct. 3, 7-8:30 p.m., free, 801 Berkeley, 1326 San Pablo Ave. Berkeley 510-527-4348 BB.com

SPORTS-SPECTATOR

San Diego Chargers vs. Oakland Raiders The Raiders play the Chargers at the Coliseum. Sun. Oct. 6, 10 a.m. $35-$160. Oakland Coliseum 7000 Coliseum Way, Oakland 510-569-2121, Coliseum.com

Submissions for calendar listings should be e-mailed to Calendar@EastBayExpress.com or mailed to Calendar Editor, East Bay Express, 620 3rd St., Oakland, CA, 94607. Deadline is 14 days prior to the event date.



First Friday

ART OPENINGS & EVENTS

See the Art Gallery listings in the *Express* for more information on East Bay art showings.

Spend an evening supporting local arts!

Some venues offering art openings and/or special events on First Friday, October 4th.

ALAMEDA

Frank Bette Center
1601 Paru St.

Redux Studio & Galleries
2315 Lincoln Ave

ALBANY

Gathering Tribes
1412 Solano Ave

BERKELEY

Berkeley Potters Guild
731 Jones St

Berkeley Screenprint Co.
1684 University Ave

Firehouse Gilman Art Gallery & Studios
1301 10th Street

Kala Gallery
2990 San Pablo Ave.

Urbanity
1867 Solano Ave.

OAKLAND

The 300 Jefferson Gallery
300 Jefferson Street

57th Street Gallery
5701 Telegraph Ave

Anne Edwards Gallery
237 East 14th St.

Actual Café
6334 San Pablo Ave.

As Is Exhibitions
4707 Telegraph

Awaken Café
1429 Broadway

Bellevue Club
525 Bellevue Ave.

Beak Zoo
14 Glen Ave.

Café Van Kleef
1621 Telegraph Ave.

The Compound Gallery
1167 65th St.

Crown Nine Jewelers and Makers
461A 9th St.

Era Art Bar
19 Grand Ave.

Forthrite Gallery
5857 San Pablo Ave.

Gamma Space
6608 San Pablo Ave.

Haich
492 23rd St.

J Posh Design Studio
3824 Telegraph Ave.

Johansson Projects
2300 Telegraph Ave.

The Layover
1517 Franklin St.

Lirelle
3980 Piedmont Ave.

LoBoi Gallery
1400 Campbell St.

MIX
2421 Telegraph Ave

Oaklandish
1444 Broadway

Paradise Lounge
2272 Telegraph Ave.

RAW Gallery
1951 Telegraph Ave.

Red Door Gallery
416 26th St.

Rock Paper Scissors Collective
2278 Telegraph Ave.

Royal Nonesuch Gallery
4231 Telegraph

Singlewide Gallery
411 26th Street Oakland

Somar Bar and Lounge
1227 Telegraph Ave.

Spice Monkey Café and Restaurant
1628 Webster St.

Studio One Art Center
365 45th St.

Tech Liminal
268 14th St.

Telegraph
2318 Telegraph Ave.

Temescal Art Center
511 48th St.

Thelma Harris Art Gallery
5940 College Ave

Uptown Art Park
Telegraph Ave. and 19th St.

The W.E.B Womens Art & Dance Studio
5940 College Ave

While Box Gallery at Oakland School of the Arts
355 12th Street

OAKLAND ART MURMUR

Betti Ono Gallery & Shop
1427 Broadway

Chandra Cerrite Gallery
460 23rd St.

Classic Cars West
411 26th St.

Creative Growth
355 24th St.

Farley's East
23 Grand Avenue

FM Gallery
463 25th St.

Great Wall of Oakland
Back wall on Grand Ave between Broadway and Valley

The Hive
301 Jefferson St.

Interface Gallery
486 49th St

Krowswork Gallery
466 23rd St

KOAKal Gallery
560 2nd St. @ Clay

Joyce Gordon Gallery
406 14th St

Manna Gallery
473 25th Street

Marion & Rose's Workshop
461 9th St.

Mercury 20
475 25th St

The Moon
447 25th St

Oakopolis
447 25th St.

Photo
473 25th St.

ProArts
150 Frank H. Ogawa Plaza

Roscoe Ceramic Gallery
473 25th Street

Shadravan's Art Gallery
2455 Telegraph Ave.

SLATE Contemporary
473 25th St.

Studio Quercas
385 26th St.

Studios 11
500 3rd St.

Urban Legend Cellars
621 4th St.

Vessel Gallery
471 25th St.

The Walt Gallery
473 25th St.

Warehouse 416
416 26th St

If you are an East Bay venue offering a First Friday evening art event, please email your information to Promotions@EastBayExpress.com to be included in the October directory

EAST BAY EXPRESS

TRUMER PILS

MUSEUMS & GALLERIES

The Chemical Corridar

In *Petrochemical America. Project Room*, photographer Richard Misrach and collaborator Kate Orff dive into the toxic swamplands of Louisiana's "Cancer Alley."

Merging art and activism can be a tricky thing. Many artists waver in their negotiation of aesthetics and argument, and end up falling on one side or the other. In the exhibit *Petrochemical America: Project Room*, internationally acclaimed photographer Richard Misrach manages to walk that tightrope with expert equilibrium.

In 1998, Misrach took his camera to "Cancer Alley," an area along the Mississippi River that is home to a cluster of industrial chemical producers, a community with high rates of cancer and a damaged ecosystem. In 2010, the original commissioners of the project, Atlanta's High Museum of Art, asked him to go back and expand on the series. The second time around, he teamed up with landscape architect Kate Orff to help inform his photographic endeavor with research knowledge. Together they produced *Petrochemical America*, an exhibition and book that traces, using photos and text, the complex economic and ecological dynamic that created "Cancer Alley."



Richard Misrach's "Stone Cumulus Cloud, Shell Oil Refinery, Norco, Louisiana, 1998."

Now, David Brower Center (2150 Allston Way, Berkeley) is hosting the show's "project room," a version of the exhibit that invites viewers into the artists' process through a studio-like installation and display of correspondences between Misrach and Orff. It includes a collection of massive Misrach prints and a number of artistic infographics by Orff that help flesh out the exhibition of Cancer Alley's social and environmental landscape.

While Orff's diagrams are in-depth, Misrach's photographs are memorably striking. Their unvarnished depictions of bleak, industrial swamplands and smog burn into the viewer's psyche. One photo features a chain-linked fence, adorned with subtle "No Trespassing" signs, rising out of an eerie swamp. The whole scene is enveloped in ominous fog, evoking a post-apocalyptic ruin. The image's caption establishes the place as a hazardous waste containment site in which Dow Chemical buried 46,000 tons of toxins in unlined pits that likely leak into the drinking water.

The scale of Misrach's photos engulfs the viewer, cornering her into a confrontation of the fossil-fueled crisis in which America is submerged. While viewers often approach art with a critic's sense of authority, Misrach hopes to subjugate them with size. As he put it at the show's reception, the viewer should be "contained by the image" to more realistically mimic the dynamic between individuals and their environment.

It's a dynamic that Misrach acknowledges his own role in as well. "Realistically, [the project] is not going to change Dow Chemical or Exxon ... but it will, I think, record this moment in American history and what's going on with this whole industry and the landscape, which is a very pivotal one," he said. His ultimate goal is to produce images whose beauty and content make them unable to be ignored. *Petrochemical America* achieves that stunningly.

Through January 29 at David Brower Center (2150 Allston Way, Berkeley). 510-609-0900 or BrowerCenter.org.

— Sarah Burke

ART GALLERIES

ACCI Gallery. Sixth and Mosaic Group exhibition featuring the works of Jean Barrett, [illegible], Lisa [illegible], Isabel Taylor, Louise Forbush, [illegible] and Katie McCann. Through Oct. 6. [illegible] 1652 Shattuck Ave., Berkeley. 510-843-2527. ACCIGallery.com.

Alameda Point Studios. Open House at Alameda Point Studios. [illegible] Through Oct. 6. 1820 Ferry Point, Alameda. [illegible] AlamedaPointStudios.com.

Autobody Fine Art. Sugar Group Exhibition featuring various [illegible] Through Oct. 13. [illegible] 1517 Park St., Alameda. 510-[illegible]. AutobodyFineArt.com.

Berkeley Art Center. *New Media Corridor* [illegible] Through Nov. 17. [illegible] 1275 Walnut St. (in Live Oak Park), Berkeley. 510-644-6893. BerkeleyArtCenter.org.

BAM/PFA. *Gazing Into Hallows: Early Chinese Painting* [illegible] Through Oct. 20. *Beauty Revealed: Images of Women in Qing Dynasty Chinese Painting* [illegible] Through Dec. 22. *Estranged Paradise* [illegible] 2626 Bancroft Way, Berkeley. 510-[illegible]. BAMPFA.Berkeley.edu.

Chandra Cerrito Contemporary. *Aftermath: Post-Minimal Abstraction* Group Exhibition featuring the works of Brian Conway, [illegible] Oct. 4-Nov. 22. 480 23rd St., Oakland. 510-260-7494. ChandraCerrito.com.

Classic Cars West. [illegible] *End of Time, Where We Began* A group show featuring photographer [illegible] Oct. 4-31. 411 26th St., Oakland. 510-[illegible]. ClassicCarsWest.com.

The Compound Gallery & Studios. *Remember the Future* Solo show of Oakland artist Crystal Morey. Through Nov. 3. 1167 65th St., Oakland. 510-601-1702. TheCompoundGallery.com.

Firehouse North. Berkeley [illegible] Paintings [illegible] Through Oct. 5. [illegible]

Gary Francis Fine Art Gallery. [illegible] Through Nov. 2. 1415a Park St., Alameda. 510-[illegible]. GaryFrancisFineArt.com.

Grey Loft Gallery. *Short Stories* [illegible] Through Oct. 26. [illegible] Oakland. 510-[illegible]. GreyLoftGallery.blogspot.com.

Johansson Projects. [illegible] Through Nov. 14. 2300 Telegraph Ave., Oakland. 510-444-9140. JohanssonProjects.com.

Joyce Gordon Gallery. [illegible] Through Oct. 26. 406 14th St., Oakland. 510-465-8928. JoyceGordonGallery.com.

Julie's Coffee & Tea Garden. [illegible] Through Nov. [illegible] 1223 Park St., Alameda. 510-[illegible]

Kiwi. [illegible] Through Oct. 4. 2513 Webster Ave., Alameda. [illegible]

Krowswork. [illegible] Through Oct. 11. 480 23rd St., Oakland. 510-[illegible]. Krowswork.com.

La Peña Cultural Center. [illegible] 3105 Shattuck Ave., Berkeley. 510-849-2568. LaPena.org.

LoBot Gallery. [illegible] 1800 Webster St., Oakland. [illegible]

[illegible] [illegible] 1740 LaQuinta.com.

Marion. [illegible] Through Nov. 2. 1231 Sixth St., Berkeley. [illegible]

[illegible] Gallery. [illegible] Through Nov. 2. 475 25th St., Oakland. 510-[illegible]

Mills College Art Museum. [illegible] Through Dec. 8. 5000 MacArthur Blvd., Oakland. 510-430-2164. MCAM.Mills.edu.

NIAD Art Center. [illegible] Through Oct. 26. 551 23rd St., Richmond. [illegible]

Oak Common. [illegible] Through Oct. 6. 3231 Grand Ave., Oakland. [illegible]

Panorama Framing. [illegible] Through Oct. 27. 3300 Grand Ave., Oakland. [illegible]

PHOTO. [illegible] Through Oct. 12. 473 25th St., Oakland. [illegible]

Pro Arts Gallery. [illegible] 150 Frank H. Ogawa Plaza, Oakland. 510-763-4361. ProArtsGallery.org.

[illegible] Art Center. [illegible] Through Nov. 15. [illegible] Oakland [illegible] Through Nov. 15. [illegible] 2340 Carmel Ave., Oakland. 510-[illegible]. TheRichmondArtCenter.org.

Rare Alley Print Shop + Gallery. [illegible] Through Nov. 30. 4771 Telegraph Ave., Oakland. 510-[illegible]

Rock Paper Scissors Collective. [illegible] 2278 Telegraph Ave., Oakland. [illegible] RPSCollective.org.

Royal Nonesuch Gallery. [illegible] Oakland. [illegible]

[illegible] [illegible] Telegraph Ave., Oakland. [illegible]

San Pablo Art Gallery. [illegible] Oct. 5-Nov. 30. [illegible] 13831 San Pablo Ave., San Pablo. [illegible]

SLATE contemporary. [illegible] Through [illegible] 473 25th St., Oakland. [illegible]

Studio Quercus. [illegible] Through Oct. 12. 385 26th St., Oakland. [illegible] StudioQuercus.com.

[illegible] [illegible] Through Oct. 6. Free. 2070 [illegible] Oakland [illegible], Berkeley. [illegible]

Transmission Gallery. [illegible] Oct. 4-Nov. 16. 770 West Grand Ave., Oakland. [illegible]

Trapeze Contemporary. [illegible] Through Nov. 2. [illegible] Berkeley. [illegible]

Vessel Gallery. [illegible] Through Oct. 26. 471 25th St., Oakland.

Worth Ryder Gallery. [illegible] Through Oct. 26. [illegible] Berkeley. [illegible]

PICKS

Remember the Future

Crystal Morey said she feels intense empathy for animals — a sentiment that comes through in her solo show *Remember the Future*, now on view at the Compound Gallery (1167 65th St., Oakland). Aiming to highlight how humans destroy animal habitats, Morey's sculptures merge human and animal forms, materializing our inter-species codependence. Passive clay figures cloaked in the coats of extinct and endangered animals make up the majority of her works. They sit, helplessly and solemnly, signifying a duality that seems doomed. But indications of a lingering faith permeate the works. In the show's central piece, a woman sits atop a black rock with her hands in prayer position; rows of animal-hooded human heads hang on a nearby wall in an allusion to an altar of saints that Morey saw in Venice. She merges those notions of worship with inspiration drawn from Egyptian sarcophagi and the totem poles of indigenous peoples of the Pacific Northwest. In doing so, Morey addresses the evolution of a volatile relationship in which animals have fallen from divine to endangered. *— Sarah Burke*



Through November 3. 510-601-1702 or TheCompoundGallery.com.

Sunday Streets Berkeley

October 13th 2013

SHATTUCK AVENUE

11:00 AM – 4:00 PM

Cycle, Stroll, Discover, Skate & Play in the OPEN STREETS

ROSE ST. ——— TO ——— HASTE ST.

For a map of activites visit:
sundaysstreetsberkeley.com

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THEATER & DANCE



Randee Paufve's solo show is inspired by our relationship to dirt. PJA Hsu

Dust to Dust

Choreographer Randee Paufve digs deep in *Soil*, her first solo show

"I was thinking about the body, and where we come from, where we go back to," said Oakland contemporary choreographer Randee Paufve, describing the genesis of her upcoming show, *Soil*. She had been pondering birth, death, and transform. "I just kept coming back to earth and ideas about dirt and soil. We all grow out of soil, we go back to the soil, we are made of soil."

Her themes are weighty as stone, familiar as dirt. But familiarity breeds discontent in Paufve, and through dance she digs more deeply into the inscrutable facts of life. Cocooned in her studio she channels her perplexities into movement, crafts a once soulful response to the world, and eventually reemerges ready to reveal a new phase of her creative life.

Paufve usually makes ensemble dances, like last year's highly acclaimed *So I Married Abraham Lincoln*. Given her current mindset, though, it's fitting that *Soil* is a solo show; it also happens to be the first in her 24-year career. Paufve choreographed two of the dances herself. Serving lush, sweeping movement from contemplation of sin and death, passion and light. She'll also perform two that were created for her: Kate Weare's rigorous, rhythmic, and technical *Erne Luckoomvine*, and Gregg Bielemeier's archly comedic *it's kind of a secret but she laughs like a girl...* complete with beach balls and a flowery dress by costumer Keriann Egeland.

But the piece that gets closest to the quick of *Tipping Over Emptiness* (created by the late Della Davidson for Berkeley dance legend Frank Shawl, it was inspired by Ted Hughes poetry collection *Crow*. "It's not about a man or a woman," said Shawl. "it's about a person struggling with their darkest side, being out of control and trying to pull themselves into control." Paufve admitted that it's also "one of the most difficult dances she has done. "It's really an embrace of mortality," she said. "It's about stillness. It's almost breath-scape."

Such a personal performance is a tender thing, and it needs an intimate venue. Paufve found that in the Hillside Swedenborgian Community Church (1422 Navellier St. El Cerrito). "As soon as I walked in, I felt that these dances belonged there," she said. The wooden walls grew up from soil and will one day decay back into the earth. High windows let in the sunset that signals the start of each show...then fade into Jack Carpenter's atmospheric lighting.

Ultimately, like all seekers, Paufve is searching alone, keenly aware of her vulnerability in asking questions that may be unanswerable. It's simply a dirty, messy business, this musicraking of the soul and rushing of art. But as Shawl said of her, "She's a brave one."

Fridays through Sunday, October 4-6, and Friday and Saturday, October 11 12. Seating is limited, and advance tickets are strongly recommended. Doors open at 5:45 p.m., shows begin at 6:15 p.m. $15-$20. 510-654-5921 or PaufveDance.org

— Claudia Bauer

COMEDY

Berkeley Comedy Cabaret Featuring up-and-coming comedians from around the Bay and beyond. Thursdays, 7-8:30 p.m., $5. The Lodge wine Saloon, 2272 Telegraph Ave., Oakland. lodgewinesaloon.com.

Comedy Happy Comedy Night A weekly comedy show hosted by Noreen and Marc. Fridays, 8 p.m., $10. MLK Cafe, 2600 Martin Luther King Jr. Way, Oakland, 510-486-0900.

Comedy Nexus Showcase Featuring the up-and-coming Bay Area standup comedians. First and third Sunday of every month, 8:30 p.m., free. Ivy Room, 860 San Pablo Ave., Albany. 510-526-5580, ivyroom.com.

Improv Dahlawai's Comedy Circus Olivia Thomas juggling, magic, stories, audience participation, and family-friendly chaos. Sat., Oct. 19, 10:30-11:15 a.m. Berkeley Public Library, Thomas Kenny, 2090 Kittredge St., Berkeley. 510-981-6100. BerkeleyPublicLibrary.org.

Improv The Last Laugh Herb Solomon Kalimba and various comics. Fridays, Saturdays, 10:30 p.m., $8-$10. The Last Laugh, 1501 Port Theater, 2135 Broadway, Oakland, 415-267-1641, PortTheater.com.

Improv Berkeley Improv Comedian hosts Bay Area comedians. Tuesdays, 8:30-10 p.m., free. The Lawyer, 1517 Franklin St., Oakland, 510-834-1517. BerkeleyImprov.com.

Improv Jess Show Oakland, the Bay Area's top comedians, improv talent, and musicians for an evening of satire, standup, conversation, and music. Fridays. Continues through Oct. 25, $15. The Marsh Arts Lounge, 2120 Allston Way, Berkeley. 510-704-8291, TheMarsh.org.

Open Mic Comedy A Weekly open mic for both veteran and up-and-coming comedians. Sundays, 8 p.m., cost-free. Novellino Continental club, 3650 12th St., Oakland. 510-573-8913. Facebook.com/ContinentalComedy.

Standup Improv Show Stone Soup brings "over 50 years (collectively)" of improv experience to the stage. First Saturday of every month, 8:30 p.m. $10. Berkeley Fellowship of Unitarian Universalists, 1924 Cedar St., Berkeley. 510-841-4884, BFUU.org.

Standup Comedy Open mic comedy night hosted by DJ Perkinson. Sign-ups at 8 Thursdays, 6:30-9 p.m., free. Blush, 2340 Telegraph Ave., Oakland. 510-444-6174. BlushOakland.com.

Standup Night Comedy and **Poetry** Hosted by Lolita StarKelle Jr. Sundays, 8 p.m., GoBerryProductions.com. Island Paradise Club, 1436 Webster St., Alameda, 510-888-8218. IslandParadiseClub.com.

The Untold Story With weekly improv comedy. Additional show comedy event at 8 p.m. Saturdays, 8 p.m., $10-$12. Port Theater, 2135 Broadway, Oakland, 415-216-1841, PortTheater.com.

DANCE-PERFORMANCE

Beyond This Moment Dana Lawton will present her evening length piece, exploring the idea of memories, both known and unknown. Thu. Oct. 3, 8 p.m., $5; Oct. 4, 8 p.m., Sat. Oct. 5, 3 & 8 p.m., $25. Ashby Stage, 1901 Ashby Ave., Berkeley. 510-841-4580. ShotgunPlayers.org.

Movement Remix Has a monthly showcase featuring a rotating cast of contemporary showcase performers and special guest. Third Fri. Sunday of every month, 7 p.m., $10 in advance, $12 at the door. $20 for kids 12 and under. Rhythmix Cultural Works, 2513 Mission St., San Francisco. 510-469-9900. RhythmixCW.org.

Dance Mission The Bay Resistance dancer will be joined on stage with a group of Addictions and Dancers from Across the Frontier. Music including singer Kenneth Medrz Flores "El Duke" and guitarist Jose Galvez "El Gavilan" Sat. Oct. 5 8-10 p.m., $20-$25. Community Repertory Theatre, 2070 Bonita St., Berkeley. 510-847-2268. BerkeleyBay.org.

Self Addiction dance concert performed by dancer and choreographer Randee Paufve, featuring works by Chris Verbitsky, Kate Weare, Gregg Bielemeier and Randee Paufve with music performed and performed live by Chris Evans and Pilgrim Williams. Fri., Oct. 4 8 p.m., Sat., Oct. 5 8 p.m. Sun. Oct. 6, 3 p.m. Fri., Oct. 11, 8 p.m. Sat. Oct. 12, 8 p.m. $15 for students. $20 general admission. Hillside Swedenborgian Church, 1422 Navellier St. El Cerrito

PICKS

Beyond This Moment

Oakland choreographer Dana Lawton has always created rich, complex, thoughtfully crafted dance. But dynamic artists are always looking for new frontiers to conquer, so this weekend she is breaking new ground by premiering her first evening-length work, *Beyond This Moment*, at The Ashby Stage (1901 Ashby Ave., Berkeley). Created in collaboration with her eight-dancer company Dana Lawton Dances, the performance takes shape in thirteen sections that range from lively jigs to delicate gestures, somber moods to high-octane movement. They're inspired by a panoply of human experiences, but it's a sure bet that Lawton has found the current of emotion that runs through them all. The ensemble also includes set designer Regina Lopez, who has a gift for creating enveloping scenarios with a few deftly chosen props, plus musicians Bill Flores, John Lawton, Sean McCue, and Michelle Banchsone. Lawton's last home season was three years ago in San Francisco, so catch this *Moment* while you can. — Claudia Bauer



After the Revolution

David Allen

Thursday through Saturday, Oct. 3-5, 8 p.m., $25. Advance tickets are strongly recommended. DanaLawtonDances.org

After the Revolution

The revolution may not be televised, but it has definitely been staged. This particular revolution involves the Joseph family and its protagonist is Emma (Jessica Bates), a law school graduate who runs a fund named after her famously blacklisted grandfather Joe. Emma learns that Joe was working as a spy for the Soviet Union during World War II, and that her family has lied to her about it for many years. The revelation of Joe's not-so-squeaky past starts a revolution in her life. Skillfully managed by director Joy Carlin (*Body Awareness*, *Jack Goes Boating*), *After the Revolution*, now playing at Aurora Theatre Company (2081 Addison St., Berkeley), embraces the pitfalls of liberal idealism and reveals how the old cliché is still true. The political is indeed deeply personal. The somewhat redundant rehashing of the past notwithstanding, the play's intelligence and wit are plentiful and more than enough to float us past the moments of superfluity. As in politics, there are no easy answers to the Josephs' family qualms but writer Amy Herzog instead revels in the contradictions and tiffs that bubble up once in well intentioned lefty families. — Anne Pulley

Through October 6. $32-$50. 510-843-4822 or AuroraTheatre.org

LIVE VARIETY

Beguiling Wonder Magic show put on by Dennis Nyback. First Thursday of every month, 6:30-8:30 p.m. $10. [illegible] Art Center, 511 48th St., Oakland. [illegible]

First Friday Fables With published and first-time storytellers by MC [illegible]. First Friday of every month, 9 p.m., free. [illegible], 2320 Telegraph Ave., Oakland. [illegible]

Open Mic Variety Show Open mic for all artists, comedians, performance artists, and acts of all kinds. First Saturday of every month, [illegible]. [illegible] & Berkeley Village, 3008 Grand Ave., Oakland. [illegible]

THEATER & PERFORMING ARTS

2nd Annual [illegible] Sing-Along [illegible] Oct. 5, 5-7 p.m. $5 for subscribers, $16 for non-subscribers. Julia Morgan Center for the Arts, 2640 College Ave., Berkeley. 510-845-8542. [illegible]

After the Revolution Amy Herzog's play [illegible] Through Oct. 6. $30-$50. Aurora Theatre, 2081 Addison St., Berkeley. 510-843-4822, AuroraTheatre.org.

Bob: A Life in Five Acts [illegible] Through Oct. 6. [illegible]

[illegible]

One Two Lift It! [illegible] Through Oct. 19. [illegible] Berkeley. [illegible]

[illegible] Berkeley Playhouse, 2640 [illegible]

[illegible]

The King of Hearts Is Off Again [illegible]

[illegible]

[illegible] 2120 Allston Way, Berkeley. [illegible]

[illegible]

More Listings Online

Get info about dozens more theatrical events at EastBayExpress.com or m.EastBayExpress.com

[illegible]

Phantom of the Lapin Agile [illegible]

[illegible]

What Every Girl Should Know A play about four teenage girls being thrown together in a New York reformatory in 1914. Written by Monica Byrne, directed by Tracy Ward, [illegible] Through Oct. 13. $10-$35. [illegible] 1834 Euclid Ave., Berkeley. [illegible]

A Winter's Tale [illegible] Through Oct. 20. $35-$48. Bruns Amphitheater, 100 California Shakespeare Theater Way, Orinda.



Mental Health Services Directory

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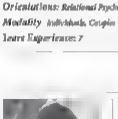


Jennifer Lilly

License Type: Licensed Marriage and Family Therapist (MFC #52545)
Location: 1947 Dwisadero St., SF & 3179 College Ave, Berkeley
Phone: (415) 255 2546
Email: JenniferLillyTherapy@gmail.com
Website: JenniferLillyTherapy.com

I'm committed to assisting you in finding your unique path to a more centered life. Whether you are looking to understand and heal your relationship or yourself, therapy can be a powerful means to support your growth. Obstacles in feeling empowered, connected and joyful are an inherent part of the human experience. Disharmony in relationships can be a sign that our usual coping skills are no longer serving us. We need relationships to grow and thrive, yet supporting needs and feeling fulfilled can be quite difficult. I invite you to contact me to discuss how I can best support you.

Specializations: Relationship Issues, Couples Therapy, Anxiety, Trauma, Sexuality
Orientations: Relational Psychodynamic, Compassion Focused Therapy
Modality: Individuals, Couples
Years Experience: 7



Dorota Orechwa

License Type: Licensed Marriage and Family Therapist (MFC #51675)
Location: Offices in Berkeley and San Francisco
Phone: (510) 982-1857
Email: CoreTherapy@hushmail.com
Website: CoreTherapy.org

I work with individuals, couples, teens and their parents and have developed a specialty in gender issues. I am sensitive to the complexity of gender and the specific needs of the LGBTQ community and their loved ones. I am passionate about assisting you in understanding your underlying hopes and fears, which often lead to a more satisfying life. Collaboratively, we will explore the areas where you are struggling and work toward alleviating the distress you are experiencing. I believe in time, a supportive therapeutic relationship can be transformative, leading to higher self-esteem and meaningful change.

Specialties: Transgender Anxiety, Twins/Siblings, Body-esteem, Depression
Orientations: Relational Psychodynamic, Mindfulness, CBT, EMDR
Modality: Individuals, Couples, Teens (and their parents)
Years Experience: 11



Music Connects with Juliane Kowski

License Type: Licensed Creative Arts Therapist NY Board Certified Music Therapist Certified Analytical Music Therapist (#000231 NY)
Location: 1415 Martin Luther King Jr Way, Berkeley
Phone: (510) 225-5207
Email: Juliane.Kowski@gmail.com
Website: MusicConnects.net

I use music as a therapeutic medium with children, adolescents, families and adults suffering from trauma, grief and loss addressing depression, anxiety, social impairments, attention deficits, impulse control and self-esteem issues. It is an especially nonthreatening, age appropriate and enjoyable way to engage children/adolescents who might be resistant to conventional forms of therapy. Instruments are used to express in sound what might be hard to say with words. No prior musical skills are necessary.

Specialities: Trauma, Grief and Loss; Social/Emotional/Behavioral challenges arising from ADD, Asperger Syndrome, ADHD
Orientations: Analytical Music Therapy; Relational Psychodynamic, Improvisational Oriented Music Therapy
Modality: Individuals, Families, Groups
Years Experience: 15

Spotlight on Mental Health

New Approach to Couple's Therapy

By Jaime Nisenbaum, Ph.D.

When Laura and Tim came to my office for their first session of couple's therapy two years ago, Tim had taken a significant cut in his salary at a local solar energy company in order to keep his job. Finances were tight and were the subject of ferocious and nasty fights that were threatening to end their 10-year marriage.

In just a few minutes after the start of the session, the tension in the room was rising rapidly as the couple took turns to explain the reasons they decided to come to therapy. Growing more and more agitated with the conversation, Tim, in an exasperated and angry tone, turned to Laura and said, "You just buy whatever you want and never look at the price of anything. You are a reckless spending machine and you are ruining us financially!" Interrupting Tim before he finished his sentence, Laura swung back at him in an equally infuriated voice. "The only thing you care about in your whole life is your bank account. That's it – nothing else!"

When a couple is tackling difficult topics such as finances, sex, or raising children or even more mundane issues such as taking care of the dishes or the garbage, conversations can very quickly escalate into a negative cycle. Once the conversation escalates to that point it is very unlikely that the couple will be able to have a productive dialogue about anything in that moment. With the seemingly endless repetition of the same pattern of interactions over and over again, both partners become increasingly at odds and estranged from each other. Each fight just confirms, one more time, how "impossible" it is to resolve any problems in the marriage, which leaves both partners feeling more alone and hopeless about their relationship.

Emotionally Focused Therapy (or EFT) is a therapeutic approach that provides both a powerful framework and innovative tools to understand and change negative patterns of interaction in couples. Based on extensive research on adult attachment, one of the main premises of EFT is that we all (men and women) want and need to feel emotionally safe with, and connected to our primary relationships. Our well-being depends on us feeling seen and heard by those we love and we need to know that we matter to them. When we don't feel that our partners have our backs, when we feel that our needs are dismissed or not heard, strong and sometimes overwhelming feelings are triggered in us which end up fueling the destructive interactions that so commonly occur.

After a fight with a loved one, most of us can usually recognize that we didn't want to have the fight in the first place, let alone hurt our partner. We are all humbled by the fact that sometimes we can do little to stop the hurtful words and/or actions that we commit against our partners.

From the EFT perspective, it is the destructive patterns of interaction and the ensuing breakdown in the emotional safety of the relationship that is the real problem that couples face, not each other. In other words, the problem is not the fact that partners may disagree about how to deal with a specific issue, but the process by which they communicate about this issue. The EFT therapist tracks the process of emotional communication between partners and engages them in defeating the negative cycles of interaction. In the process, partners develop new forms of communication that foster safety and connection that enables them to have different kinds of conversation about the same "impossible" subjects.

A wonderful resource for couples interested in EFT is Sue Johnson's book, Hold Me Tight. For those interested in working with an EFT therapist, please visit the Northern California Community for EFT at www.ncceft.com or see my listing on this page.

It Matters.

"The prevelege of a lifetime is to become who you truly are"

— C.G. Jung



Counseling With Todd

License Type- Licensed Marriage and Family Therapist (MFC #52268)
Location. 3179 College Ave Berkeley 94705
Phone- (510) 685 3390
Email. Todd@ToddHarveyMFT.com
Website..ToddHarveyMFT.com

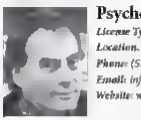
Couples Does your relationship just not get you? Using tBFT I focus on shifting the culture of your relationship into being a safe place for both of you to get your legitimate emotional needs met.
Individuals I help people navigate painful life situations and re write their emotional blue-prints so they stop setting themselves up for similar challenges in the future.
Trauma: I use EMDR to help people clear their traumas and calm their hyper-activated nervous system.

Specialties: Trauma (EMDR), Individual Depth Therapy (Relational Psychodynamic Therapy), Couples Counseling (EFT, Communication High Conflict Couples, Premarital Counseling, Men who might not believe in Counseling)

Treatment Orientations: Emotion Focused Couples Therapy, Relational Psychodynamic Therapy, Attachment, EMDR

Modality: Couples Therapy, Individual Therapy, Trauma Therapy/EMDR

Years Experience: 5



Psychotherapy with Ron Fox

License Type- Licensed Marriage & Family Therapist (MFC# 22194)
Location. 1806 Martin Luther King Jr. Way, Suite 4 Berkeley, 94709
Phone: (510) 423-0645
Email: info@ronfoxphd.com
Website: www.RonFoxPHD.com

My approach to therapy is warm and supportive, affirming the diversity of experiences of individuals, couples, families, and groups. We can work together on a range of issues including self-esteem and creativity anxiety and depression, self-reflection and meditation for stress reduction, personal growth and self-discovery in intimacy and sexuality in relationships, LGBTQ, multicultural, and alternative relationship and family concerns and ACA, co-dependency, abuse, substance, and other recovery and family of origin related issues.

Specializations: Relationship Issues, Anxiety & Depression Stress Reduction, Creativity & Self-Expression, Life Transitions, Recovery & Family of Origin Issues.

Orientations: Relational Psychodynamic, Humanistic, Experiential, Holistic.

Modality- Individuals, Couples, Families, Groups

Years Experience: 26+



Effective Psychotherapy with Jaime Nisenbaum, PhD.

License Type- Psychologist (PSY #23623)
Location: 2000 Hearst Avenue, Suite 205, Berkeley, CA 94704
Phone: (415) 516-6244
Email. Jaime@jaimenisenbaum.com
Website: JaimeNisenbaum.com

In my practice, I see individuals and couples who bring to a wide variety of issues and concerns including depression, low self-esteem, general and social anxiety, trauma, addictions, abuse and addictions, anger management and relationship issues (communication problems, lack of sexual intimacy) I work collaboratively with my clients to address these issues using effective psychotherapeutic models and tools, and specialize in providing a safe confidential non judgmental environment.

Specialties. Relationship issues (communication, parenting, sex and intimacy), depression, anxiety, trauma, anger management, addictions., therapy with men

Orientations: Psychodynamic, Cognitive-Behavioral Therapy (CBT), Experiential (Somatic and Expressive Arts Therapy)

Modality- Individual and Couples

Years Experience- 15+

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LECTURES & LIT

LECTURES

The Alternative Model: Challenging Cuba + Nicaragua after Experiment. Javier Corral, a Fulbright-Hays Faculty Abroad and Senior Lecturer in Comparative Law Program at the Universidad Diego Portalesr discusses Cuba's economic and judicial model. Wed., Oct. 9, 4 p.m., Dwinelle Hall, UC Berkeley, Berkeley. Berkeley.edu.

Beyond the Blue Sr. Chair: Border-Crossed Activism for the Rest of Us. Scotch Gaelic, the co-founder of Monterey County Surfrider, and the founding of "Guerilla Skydivers on Waves" discusses how to change minds and improve shaped content. Wed., Oct. 9, 7:30 p.m., free, La Peña Cultural Center, 2134 Kittredge Ave., Berkeley. 510-849-2568, LaPena.org.

Deadheads and Disposable Professor: Ecological Rift and the Marginal Mercy Murders. Talk by Rev. Dr. Brian Stoddart, who serves as Professor of Church History at Union Theological Seminary in New York, Seminar ing how the long history of violence and ecological ruin living the U.S./Mexico Border has expanded to a borderless war in the 21st century's most mainstream that has shattered Mexico. Wed., Oct. 9, 7:30-9:30 p.m., free, Pacific Moose in Redgion, 1758 Scenic Ave., Berkeley. 510-845-8700, PSR.info.

Buster the Bear: Filipino and Border Amerikan Tradition: A Discussion. Moderated by members of Sangha Journey using video, dance, and sound with a 9-foot wooden dance an instant. Sun., Oct. 6, 2-4 p.m. free, Berkeley Public Library, Central Branch, 2090 Kittredge St., Berkeley. 510-981-6100, BerkeleyPublicLibrary.org.

Chinese Art Today Dr. Melissa Chiu, Museum Director and Senior Vice President for the Global Arts and Cultural Programs at the Asia Society in New York, discusses Chinese contemporary art. Tues., Oct. 8, 7 p.m. doors 6:30 Hall Theatre, Mills College, Oakland, Mills.edu

Chinese Action and Adaptation Berkeley tour of the Berkeley Parlor's eco-domestic-Chinese home and garden with markets 100 guests. Sun., Oct. 6, 11 a.m.-1 p.m., free, Berkeley. 510-Peace, 2500 Hearst St., Berkeley. 510-981-2787

Controlling Hearts and Minds? Expanding Support for the Counterwar Military Assistant Professor of Political economist UC Berkeley Ada at Babcock Business Conference to discuss her the Colombian military Military on goods and experimental survey measures. Mon., Oct. 7, 12-1:45 p.m. UC Berkeley Campus, UC Berkeley Campus, Berkeley, Berkeley.edu

Cross-Cultural Perspectives on Chinese Assoc. Justin Zaffiro professor of Chinese

research in the department of East Asian Languages and Civilizations at the University of Chicago, and Margaret Francesca Rosenthal, University of Southern California Gamson of Italian, comparative research, and English give featured presentations about courtesan culture of Qing dynasty China and Shakespearian Italy, respectively. Sun., Oct. 6, 2 p.m., $10 for adults, $7 Berkeley-UC Berkeley students, seniors, and young artists. BAM/PFA, 2625 Durant Ave, Berkeley. 510-642-1412, BAMPFA.Berkeley.edu.

Chinese and Beliefs in Redwood Center As part of the Bay Currents series of talks on local natural history and environmental issues, Berkeley lecturer Raymond John Northview Chinese discusses the coastal history and ecology the ways it is being affected. Mon., Oct. 7, 7:6 p.m., free, Albany Community Center, 1249 Marin Ave., Albany. 510-524-9580.

Democratic Transitions in Pakistan and Its Impact on Morals, Rights The inaugural lecture in the Mohammad Habib Photographed Lecture series will be delivered by Asma Jahangir, an internationally acclaimed human rights lawyer, and the president of the Human Rights Commission of Pakistan. Tue., Oct. 8, 7:6 p.m. Durant Hotel, 2600 Bancroft Ave., Berkeley. 510-549-1000, BerkeleyBowl.com/events.html.

An Berkeley with Turks and England Screening of *Echo An Assassin* is the centerpiece of research by cartographer about the work Ghana is doing to protect elephants. Live jazz and Ismail Lumanoglu's Wed., Oct. 9, 6:30-9 p.m., $30-$40. Bar and Pottery Theatre, 474 24th St. Oakland.

Exploring Spaces in Art Contemplations A program taught by Jack Shattuck guides will teach nineteenth-century Romantic and Realism and Berlioz at a one understanding of music, and the book around us. Wednesdays, 6:30-8:30 p.m. Bordeaux through Nov. 20. free, Center for Creative Inquiry, 2218 Allston Way, Berkeley.

Focus on the Pacific — Pacific First and the Trans-Pacific Partnership Victor Menaldo, director of the Berkeley Center for Korean Globalization, and Stephanie Hofer, assistant Professor in UC Santa Cruz and an Bancroft Dean's president of the Korea Policy projects, will speak on the expansion of the U.S. military by many treatment bordering the Pacific Ocean and planned economic trade deals, being pushed though Congress, and impact in the U.S. and elsewhere. Sun., Oct. 6, 5:30 p.m., $15-$50 suggested donation. St. John's Presbyterian Church, 2727 College Ave., Berkeley. 510-845-8830.

Human Rights Are Like Coca Cola"

Contested Ghana Rights Museums in Sukarno's Indonesia Bradley Berkeley Associate Professor of History at the University of Connecticut, considers the trajectory of human rights in connection and its comparative with global human rights justice. Mon., Oct. 7 4-6:30 p.m. Barrows Hall, UC Berkeley, Berkeley Berkeley.edu.

Chinese in Museums Live taping, Border Illumination Chinese-Private Hire talent was recruited in genocide and Border against Monterey. the three justices who Gamson) that primarily against Chinese will Mercado, the Guatemalan justice system, the Violence of the Border and Bird involvement in judging Border against the Monterey Men. Tue., 7 8 p.m., Roald Hall, UC Berkeley, Berkeley. Berkeley.edu.

Last Week at the Monterey Border Marshall Rescue former chief attorney for the ACLU of Northern California, and William Schaaf attorney and talk about Jobst, will review the blockbuster decisions of 2013 and how they will be implemented throughout the country. Wed., Jan. 8 12-2:30 p.m. $10 General admission, Feigel & Salinger Coffeehouse, 2020 Addison St., Berkeley. 510-548-1761, TheFreight.org.

A Monkey On Your Back Discussing the inner workings of a Boeing 747. Part of the Saturday Night Space Talks series Sat., Oct. 5 7:30-8:15 p.m. Chabot Space & Science Center 10000 Skyline Blvd., Oakland. 510-336-7373 ChabotSpace.org.

A Night for the Last Wild Animals Fashioning and conservative and storytelling with Mike Mason and the Buffalo Field Campaign with John Border Ins and The music will use music, video and diamond and its short Border online the plight of wild animals Sat. Jan 5 6:30-9 p.m., $5-$25, Berkeley Center 2130 and Fulton Ave., Berkeley. 510-548-2220, BerkeleyCenter.org.

Seasonal Speakers Border 2013/2014 Series speaking an open Bible for the Berkeley 10 a.m. Border Ins the intellectual enlightment of the community. Speakers include Rev. Al Gassaad Gwen, Rev. Leon Panetta, Steve Professor Patton, Dora Padma Goodale, Charles Best, Mark Kelly, and Gabrielle Chinese Talents available for genius subscription only. Tue., Oct. 8, 6 p.m., Tue., Nov. 5, 6 p.m. Tue. Dec. 3, 6 p.m., Tue., Jan. 14 6 p.m. Sun. Feb. 11, 11 a.m., Tue. Mar. 4 6 p.m. Tue. Apr. 1, 6 p.m. $400-$900, Paramount Theatre, 2025 Broadway, Berkeley. Paramount-Theatre.com.

Regional Implications of US Surpassive in the Syrian Civil War Fred H. Lawson, Professor of Government at Mills College, discusses the Syrian the war. Thu., Oct. 3 4:6:30 p.m. Barrows Hall UC Berkeley Berkeley.

The Border in Flying Bird women's childhood Island Kipp explores his Island monarch and the patient of his one book, *Impossible Sahara: The Rebirth* at a Great chimeras. School System and a *Strategy for America's Cities*. Hurt and Thi., Oct.

PICKS

Carla Kaplan

While much has been written about the Harlem Renaissance, a new biography explores the period of flourishing African American art and music from an unlikely point of view: that of the white women who bravely crossed the color line to embark themselves in the scene. In *Miss Anne in Harlem: The White Women of a Black Renaissance*, author Carla Kaplan aims not to portray the women as heroines but instead in convey the experience of being stuck in an in-between zone — bored between two worlds that each criticized these women's actions. Join Kaplan, a professor of American literature at Northeastern University at Books Inc. in Alameda (1344 Park St. Alameda), where she'll read from her book and shed light onto a little-known realm of race relations in America. — *Ivy Kim*

Friday, Oct. 4, 7 p.m., free. Booksinc.com

Jesmyn Ward

Of the surface, the trajectory of Jesmyn Ward's life — escaping from poverty into a world of education and prestige — seems "normal" around extremely unique. But in her new memoir *Men We Reaped*, Ward tells stories of a journey that's far from finished. The book borrows the deaths of five men in her life in the span of four short years, exploring the racial and economic reasons why their lives were cut short, and how their deaths deeply affected her. In partnership with Berkeley Arts and Letters and A Great Good Place for Books, Ward will be



at The Hillside Club (2286 Cedar St., Berkeley) this week, discussing her memoir and the awakening impact of the dead on the living. — *E.K.*

Tuesday, Oct. 8, 7:30 p.m., $8 for students, $12.75 advance, $15 at the door BrownPaperTickets.com

4, 3:30-4:30 p.m. UC Campus Campus UC Berkeley Campus, Berkeley, info.

Tue/6: Alameda Myth Parody Saturday in NY and Amsterdam Alameda Town Hoods speaks about how literature and literature come with the chaotic search your group symptoms, and subtle humor politics of enough educational games for fun. Alameda, Bailiwick of aggressors. 21 Oz., 4, 12-1 p.m. Bayard Hall, UC Berkeley, Berkeley.

Berk/6: Women for Hawaii Reward Steinhart University mathematician each zenith discussion natural games that provide experimentations at fashionable of Hostel children (and adults) to learn locale relationships by playing. Wed., Oct. 9, 7:45-9 p.m. and Berkeley City College, 2050 Center St., Berkeley, 510-981-2981, Peralta.edu.

Mon/8: Bill's Up Top with Jack Harvey Sports co-founder and NBA Jack Bonsor will speak inside his non-former path providing, commence every Thu., Oct. 3, 2-3 p.m. Bailey Auditorium, Bailiwick Engineering Hoods Berkeley.

LITERARY EVENTS

Alamo/6: events events Unit Battle in the library's family books room. Second Tuesday of every month 6-9 p.m. Ann Alameda Free Library 1556 Oak St. Alameda, 510-747-7777. OliverHammackLaw.com/library

Alex/6: discussion 8 Discussion her new books Someone. Tue., Oct. 8, 7-8:30 p.m. Saint and Presbyterian Church, 9701 Beyond Dr., Oakland, MPCH.org/blog.

Berk: Chaudhuri's Reds from Tin room each Unbuilds Two Years in the City. Fri. Oct. 4, 12-2 p.m. Hosted in Townsend Center for the Improvements 220 Stephens Hall, Berkeley.

Art/books Beyond: Society Writer Carl Hosted books to enjoy work and performance workshop challenges at guarantee new methods and events a sustainable constantly of flag and new. Mondays, 7-8:30 p.m. Bookbooks.com, the 25th Street Harrods, 472 25th St. Toasted, 510-384-3146. 25thStreetColumbus.com.

Barry Wit/Beasts Reads from his novel, *Peppertown*. Thu. Oct. 3 7 p.m. free. Books Inc. Berkeley, 1760 Fourth St., Berkeley, 510-525-7777. Booksinc.net/berkeley.

The Berkeley Poetry Low-profile: A Society of the Three Book launch celebration and meeting for the workshop *The Kootenay Books Dispatches & Arbitrary of the Three* by contributing writers. Thu. Oct. 3, 7:30 p.m. Make's pools, 2478 Telegraph Ave., Berkeley, 510-849-2087, MakeBooks.com.

Kathy's Writers Cal Hosted Blakeley Hosts Short with Research questions and workshopping. Thursdays, 7:8 p.m. Hank Senior Center, 1901 Park St. Alameda, 510-523-6957, FriendsSenCenter.org.

Books Kaplan events from her biography *Mary Ann in Autumn: The White Woman of the Bank's Renaissance* a point portrait of six transatlantic women. Fri. Oct. 4, 7 p.m. and Books Inc. Alameda, 1344 Park St. Alameda 510-522-2200. Booksinc.net/Alameda.

Drag events and Alice Bookshop during Poetry Flash Hosts hosts lives their pools, Books & Bays and in the Bookfire Factory Sun., Oct. 5 3 p.m. Books A Problems, 2453 College Ave., Oakland 510-653-9961, BooksInterviews.com.

Alamo/Harris and Alicia Young The authors touch a workshop with the, for the, aspiring author/writer. Sat., Oct. 5, 1:30-5 p.m. Inn Oakland Books Library, Main Alameda 1201 14th St., Oakland 510-238-3134 OaklandLibrary.org.

Kayla's Bloomer events Sun her books *Jest and Year* Wed. Oct. 8, 7 p.m. Sea. A Small Good Make for Room, 8554 LaSalle Ave., Jubilee 510-339-8128, SmallGoodPlace.IndieBound.com

Brooklyn Women Extra Readings from Jennifer Hasan Sara, the events of Sides of from and editor of *Beyond Berry Alameda, Poems, and other books*. Women recordings of Women from Stars *St. Bookseller's Center and Attention* Poetry Authors will be Hazel Fri., Oct. 4 7:30 p.m. Subterranean Alameda, 2376 Shattuck Way, Berkeley, SubterraneanAvenue.org.

Jeanne Ward Reads from her new memoir, *After We Respond*. Tue., Oct. 2, 7:30 p.m. $12 donation admission, $8 for Shattuck Atlantic Club, 2246 Fourth St., Berkeley, 510-848-7272 / AtlanticClub.org.

Sharon Rental Reads from and sign the new books *Fire Spirit*. Tue., Oct. 8, 7 p.m. Alt Hosted Judaica, 3042 Claremont Ave., Berkeley, 510-655-1977. Addresses.com.

Julia Serano discusses her new book, *Feminist Believer* by Julia Hosted Bar, Oct. 3 7:30 p.m. free. Pegasus events Bookstore, 2349 Shattuck Ave., Berkeley & Berkeley 510-548-1388, PegasusBooks.com.

Sharon Rental discusses the new books *Naked Pub: Amsterdam Moore on the Brink*. Wed. Oct. 9 7:30 p.m. and Pegasus Books Downtown, 2349 Shattuck Ave., Berkeley & Oakland 510-548-1388, PegasusBooks.com.

Lois Shawalter Speech and book signing by the author of *Until Sunday* at benefit the Jungle University of Century Studies, Fri., Oct. 4 4:30 p.m. $55. Ed Oakland Museum, 1075 Alameda Ave., Berkeley, 510-225-8300, EdHosts/Campus.org.

PEN Readers to Write Local authors Susan Cooke Kaplan Mouawad, Binh Minh Nguyen, Candance Salt, Sandra Gilbert, and Shannon Isaac Hosted Namoda PEN Freedom of Write by Berkeley works of Berkeley, romance/ imprisoned writers. Wed. Oct. 9, 7:30 p.m. Mrs. Tollberry's, 2904 Hosted Ave., Berkeley, 510-704-8222, HeatherHays.com.

Kevin Isaac and Thien Li The the. Beyond Women Chen's Women story collection *Last Car Ever the Sagewave Bridge*. Thu., Oct. 3 7:30 p.m. the. Dollberry's, 2904 College Ave., Berkeley, 510-704-8222 MrsMollaways.com

Poetry Omaha Featuring Delta writers on the and Saturday of each month, with a later open mic. First Saturday of every events 5:15 p.m. Art Books Gallery 8 Station Center, 2946 Shattuck Ave., Berkeley, 510-472-3176, BerkeleyArt-House.WordPress.com.

Project Comment Berkeley hors Alameda, 2014. Sat., Oct. 5 7:30 p.m. Mrs's Books, 2478 Telegraph Ave. Berkeley, 510-845-2087, MomsBooks.com.

Disney Gaffard A celebration of the author's new book *Party Music: The Inside Story of the Inside Parties's Inside and How Inside Roads Transformed Soul Music*. Tue. Oct. 8 7 p.m. Bookstore, Books, 2425 Channing Way, Berkeley, 510-848-1196, BooksInterBooks.org.

Books Six on Roads from the room desks of Peasants's 24-Hour Bookstore. Wed. Oct. 8 Hosted p.m. Dollberry Press Books, 2904 Samuels Way, Berkeley, 510-704-8222, UniversityPressBooks.com.

Steven G. Fiscus Hosts Discussion on the Roads Books inside centering *The Line The Season In Book College Football That Transformed the Game and Changed the Course of Golf Stylish* Wed. Oct. 9, 6:30 p.m. North Gate Hall, UC Berkeley, Berkeley.

Oakland Writers and Lucile Oakland The the. authors present a Books Book: workshop and books reading Books on their book *The Alameda Edible Garden: Designs Stylish Backyard Space Using Vegetables, Fruits, and Herbs*. Sun., Oct. 5 4 p.m. $30. Mrs. Tollberry's, 2904 College Ave., Berkeley, 510-704-8222, MrsMollaways.com

Storytelling Workshop with Lit as Brooke Storytelling workshop with the Hosted storytellers and teacher Shannon Hale a Oakland inspired in Books Therapy from California. Devoted for integral Sacred and performs throughout the Bay Area Mon., Oct. 7 7:9 p.m. Oak Alameda Hosted Sacred. 1301 University Ave. Berkeley, 510-548-9447. Sacred Sacred.org.

Lit. Hosted events Wed the novel, Alameda Rising Tue., Oct. 8 7 p.m. free. events the Alameda 1344 Park St. Alameda, 510-522-2226, Booktree.net/Alameda.

Beyond Ireland Gaelic and Gaelic Fenian The Beyond read book free books *Time After Time* and *Just One Year*. Presented by Not Your Brooklyn events Club Tue., Oct. 8 7 p.m. Books Inc. Berkeley, 1760 Fourth St. Berkeley, 510-525-7777 Booksinc.net/Berkeley.

Urban Politics Book Club: Bill Sadow McMaster for monthly book titles. 510-815-3727 Berkeley Berkeley of every month 5 p.m. Oakland Books Library Elmhurst Branch, 1407 98th Ave., Oakland 510-615-5727 SalonsLibrary.org.

Salons Improv Improv Bay Theatrical shows for improvers at creative acting in this work Mon. Oct. 7, 6:30 p.m. $40. Japan Salons Gallery 409 14th St., Oakland 510-465-9928, JapanSalonGallery.com.

Stories Does the Humane and hosts Stories Records This. Oct. 3 12:30-1 p.m. and Library, UC Berkeley campus, Berkeley 510-642-3673, Berkeley.edu.

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PUBLIC INTEREST

Alameda Health Care Gov. Year Exchange Answered hosts books the Alliance of Health Care Act from 3 Beyond enrollment counselors who will assist attendees with the application process. Wed. Oct. 9, 1-4 p.m. Wed., Oct. 16, 1-4 p.m., Wed. Oct. 23 3-4 p.m., Wed., Oct. 30, 1-4 p.m. Oakland Public Library Allen Season 125 14th St. Oakland 510-238-3134, OaklandLibrary.org

Fourth Republic Party Convention Conference's Fourth annual Clean Power, Healthy Communities Conference, presenting local issues energy economics to ensure the economic development, employment, health, and resilience of Bay Area residents. Sat., Oct. 5, 8 a.m.-4:30 p.m., $75. Alameda Point Conference Center, 1151 Boundary, Oakland. CaliRadar.org

Health Care Law 1st Gov. Deadline Arts Community Workshop by the Bible Land & Alliance Lawyers discussing Lawyers' California career and how to get affordable events Alameda. Wed. Oct. 9 6:30 p.m., free. the Arts Gallery 1541 Fourth St. Sybil Point Oakland, 510-763-4041, FourthGallery.org

Living Like Why: Building Liveability A political discussion groups. First and third Sunday of every Month, 11 a.m.-1 p.m. free. Luke's Coffee & Lounge, 2915 Broadway Oakland, 510-451-4677 LukesOakland.com

Society Bryant Cure: Berkeley Hot. Science More Liberty Screening of a lecture of short films about transgenerational donation, from Hosted the world. Defined by a Retirement of how to create more livable Oakland. Mon. Oct. 7, 7:30 p.m. $5-$15 suggested donation. Berkeley Fellowship of Unitarian Universalists, 1924 Cedar St., Berkeley, 510-841-4824. BFUU.org

SPOKEN WORD

Bay Area Beats Traditional books Reading Fest Saturday at every month, 3-5 p.m. the. Bay Area Poets Coalition. org. Strawberry Creek Lodge 1323 Oxford St., Berkeley, 510-841-8203.

The Berkeley Inns With spoken word and an improvisational band at 62 Hosted by Betty Cofer, Eric Arden Goldfish Band, and Katelyn Loaza. Cash prizes each week. Wednesdays, 8 p.m. $7. Hosted Plough, 3401 Shattuck Ave. Berkeley, 510-841-2082. TheStarryPlough.com.

Ira Rika Local Hosted weekly event mic for up-and-coming spoken word artists, poets, and comedians. Sign-up begins at 8 p.m. Tuesdays, 8:30 p.m. and Beauty's Locker 5817 Shattuck Ave. Oakland, 510-418-1915, BeautysLocker.com.

The Sadness Death Poetry Slam and Open Mic Monthly three-time Roads Slam Championship hosting Sins 3 Bay Wide, with music by DJ Honey Kent. All slam welcome. Sign-ups start at 8 p.m. the 2012 Slam team. First and third Sunday of every Month, 6:30-10 p.m., $5-$7 (510-548-8277 Soulsgrown. Roads Lake Coffee House, 449 Grand Ave. Oakland, 510-452-1587.

Writers' Night Writer's Hosts events that, at town night Bisexual (bisexuals, poems, writers, hosts Oakland, refreshments) at Hosted by their original authors at from at least strangers. Second Tuesday of every month, 7:30 p.m., $10 advance, $15 at the door. Brick Lounge, 375 23rd St., San Francisco, 415-51-5469, BrickLounge.com.

Bisexual Tuesdays Poetry Night Poetry readings by local hosts, followed by an open mic. Second Tuesday of every month 7:8 p.m., and Asbury Library 1247 Marin Ave., Albany 510-528-3720, ACLibrary.org.

Vagabond Poetry Open rely poetry readings. First Friday of every month, 8 p.m., free, Facebook/VagabondPoetics. Good Bellies Cafe 4066 Telegraph Ave. Oakland 510-594-3900, GoodBellesCafe.com.

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-Mary Prevetz

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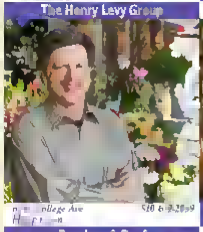


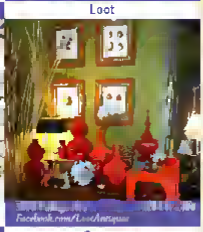
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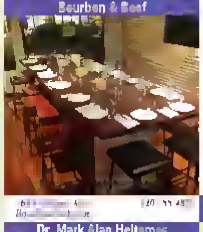


















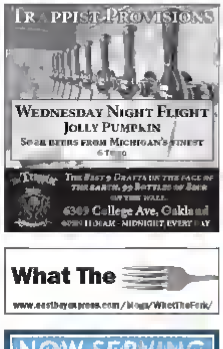
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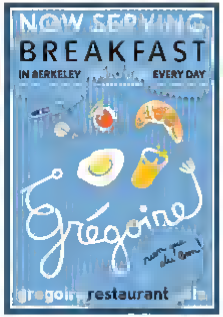


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Taco Grill's soups each have their own distinct character. Dirk Burhop

POZOLE, PLEASE

Taco Grill's taqueria fare is refreshingly no-frills, but its soups are exceptional.

By Luke Tsai

Among the small, independently owned Mexican restaurants in Oakland's Fruitvale district, Taco Grill is probably the one with the most generic name. The restaurant attracts plenty of non-Mexicans — in part because of its prominent location in the Fruitvale Public Market, roughly fifty corner to the BART station. And the long signboard menu doesn't, at first glance, look like it offers anything beyond standard-fare tacos, burritos, quesadillas, and your usual assortment of meats.

But don't let that put you off. Truth is, ever since Lorena Chavez opened her restaurant in 2007 she has been serving, with little fanfare, some of the best Mexican food in Oakland — food that's homey enough to please purists, but also wholesome enough to satisfy Slow Food types and the health-conscious.

There are two main ways Taco Grill sets itself apart. First, unlike many of the traditional Mexican restaurants in Fruitvale (the restaurant uses organic Niman Ranch pork and beef and Mary's Free Range chicken. That said, unlike so many of the Bay Area's hougee Mexican joints, the restaurant's approach to cooking is refreshingly no-frills: there's nothing frou-frou or fusion-y about the carnitas or the carne asada or the house-made Mexican chorizo. At $2 apiece, Chavez's tacos are a tad more expensive than the ones from a taco truck — but just a tad. In that way, the restaurant straddles the line between conscientious ingredient sourcing and the traditional down-home flavors you find at Fruitvale's best *loncherias* and taquerias.

Chavez told me she didn't decide to serve sustainable meats because it was a trendy thing to do, but simply because that's what she grew up eating. Her parents owned a restaurant in Puerto Vallarta and her father had a ranch where he raised animals in keeping with the old-school ways. (We Californians sometimes act like we invented sustainable animal husbandry practices, but Chavez said it wasn't until she came to the United States that she encountered hormone-injected meat.)

Taco Grill's other distinguishing feature is the fact that it offers a wider selection of soups than any other taqueria I know of — at least a half a dozen varieties, each with its own distinct character. In particular, the restaurant specializes in the rich, meaty hominy-laden soup known as pozole, marketing itself as a *pozoleria* in addition to being a taqueria.

Chavez makes three different kinds of pozole: a red one (infused with a mix of dried chiles) a green one (tomatillo- and serrano-pepper-based), and a white one that's just a clear broth. Actually, that's not pots of pozole because there's a pork version and a chicken version for each one — each slowly simmered with many bones for many hours. My favorite was the incredibly rich red pozole with pork, which came packed with hominy and tender (and decently fatty) shoulder meat. (The spicy green chicken pozole came in a close second.) As with pho, a bowl of pozole is only as good as its toppings — I loved the little plate of cabbage, onion, radish, Mexican oregano, and lime that you use to doctor up your bowl, adding as much crunch or zest as you like.

Chavez said she focuses on soups because she wants to show people that Mexican food is healthy — that it isn't all greasy meat and melted cheese. You can see that philosophy at work in the clean-tasting *caldo de res*: a clear, deeply flavorful beef broth, which features slow-cooked beef shank and a load of wholesome vegetables: zucchini, cabbage, carrots, corn, and cilantro. It's what I'll order the next time I come down with a cold.

While the soups at Taco Grill are exceptional, many of the other items on the menu are merely pretty good. The handmade tortillas — made from organic masa — had a pleasant, honest corn flavor, but lacked the impossible lightness of the best exemplars of the genre, and weren't served as warm as I would have liked. The one time I ordered a sope (a thick, fried masa cake) the masa was dense and gummy. In general, the masa-based items at Taco Grill never soared to the heights they reach at places that specialize in those dishes — say, El Huarache Azteca or Molcajete in Uptown.

That said, the tacos and other standard taqueria items are still worth ordering because of the quality of the meats — not just in terms of how processed or unprocessed they are, with which they're prepared. I'm especially partial to Chavez's slow-braised, satisfyingly savory carnitas and her crispy tacos which come with fried-tortilla shells and your choice of three toppings. The chicken (thigh meat that's braised in a tomato-chile broth) and the potato (big soft chunks, like from a stew) were both knockouts.

During my most recent visit to Taco Grill, I had a bowl of *menudo* that was chock full of tender, spongy beef tripe. The dark, murky broth was deeply and unapologetically organ-y, rich with the subtle heat of dried pasilla peppers and a vaguely medicinal quality. It was a funky dish — definitely not for everyone. Taco Grill is the kind of place that isn't afraid to serve a dish like that. But it's also the kind of place where, during another visit, I watched a pair of older hippies chow down on whole-wheat vegetarian burritos with great delight. It's nice to say a restaurant has "something for everyone," but as far as casual taquerias go, Taco Grill comes close — something for everyone, unless you absolutely have to end every meal with dessert.

Then again, Taco Grill's prime spot in the Fruitvale Public Market means the restaurant sits just steps away from the Nieves Cinco de Mayo ice cream shop and my favorite little *churro* stand, where $3 will buy you a few minutes of piping-hot, caramel filled, fresh-dough happiness. That's an unhealthy indulgence, to be sure — one that I justify by thinking about the wholesome bowl of soup I just ate for dinner. ●

Taco Grill
3340 E. 12th St. Ste. 11, Oakland
510-534-3752
Hours: Mon.-Sat. 10 a.m.-8 p.m.
Reservations not accepted
Cash, all major credit cards

Sample Menu

Tacos	$2.00
Crispy Tacos (3)	$6.50
Caldo de Res	$6.95
Pozole	$8.95

Luke Tsai@EastBayExpress.com

OASIS FOOD MARKET PLOTS A NEW RESTAURANT

Plus a new kind of food delivery service, and a snack market for stoners

By Luke Tsai

In the four years since it opened, the Oasis Food Market (3045 Telegraph Ave., Oakland) has, true to its name, functioned as a home away from home for the area's Middle Eastern community — and anyone else who has an abiding love for Lush *shawarma*, *baklava*, and hard-to-find Middle Eastern spices sold in bulk.

Now the folks who own the popular cafe/grocery store/halal butcher shop are about to open a second restaurant in Oakland, this time in the Adams Point neighborhood. Oasis Lounge (344 Grand Ave.) will be located in the same building as the Lake Merritt Supermarket convenience store, which shares owners with Oasis Food Market. And while the original Oasis is mostly known as an ethnic food market that happens to have an excellent takeout counter, Oasis Lounge will be a full-service sit-down restaurant and hookah lounge — a place where customers can have a nice dinner and, if they feel so inclined, indulge in the smoking of vaporized flavored tobacco (or *shisha*).

According to Oasis co-owner Mohsin Sharif who is overseeing the new project, the two-story space will seat a total of sixty between the main indoor dining room and two outdoor patios — the back patio will serve as the hookah lounge area. Meanwhile the food won't be strictly Middle Eastern, but rather a mix of different Mediterranean cuisines, Sharif said. The chef, Eric Lanvart, has a background primarily in French cuisine, but he's also had experience cooking Moroccan, Turkish, and Lebanese dishes. And so while Oasis Lounge will definitely serve things like falafels, hummus and couscous, there will also be a variety of seafood and pasta dishes on the menu. Oasis Food Market will supply all of the desserts, including its house-made *baklava*.

Sharif estimated that Oasis Lounge will open by mid-October. The tentative hours will be from 11 a.m. to midnight daily.

A Quicker Cook?

These days it seems like every couple of weeks there's a new contender in the increasingly competitive dinner-delivery-service market in the Bay Area, as fledgling startups vie for the hearts, minds pocketbooks, and stomachs of busy office workers. There is, for instance a company that promises to deliver a hot meal to your door less than ten minutes after you've placed the order on your smartphone. Other companies function essentially as middlemen, allowing customers to place takeout orders from a carefully curated list of restaurants, and then charge a flat rate to deliver the goods.

Touting itself as "your solution to the weekday dinner dash," The Quick Cook, which launched in downtown Oakland last week, takes a slightly different approach. After customers order their meals at TheQuickCook.com, the company will deliver the food straight to their office building, where it will sit inside a refrigerated delivery kiosk -- something like a vending machine, except each customer will have his or her own personal digital lock box inside — until the customer picks it up. Each microwave-ready meal is cooked fresh that same day, using mostly local and organic ingredients, at a commercial kitchen in West Berkeley (the recently launched Berkeley Kitchens). And because the meals are delivered fully cooked and refrigerated, The Quick Cook is able to avoid charging sales tax — presumably because the foods are treated as groceries rather than restaurant purchases. Recent offerings include grilled glazed salmon with apricot couscous and a crusted "shells 'n cheese" dish that was served with steamed broccoli.

There are some potential drawbacks to this service. For starters, Quick Cook meals are currently only available if your office has one of those proprietary delivery kiosks. Right now those are limited to two buildings in downtown Oakland (2101 Webster Street and 2100 Franklin Street) and in general it appears to be the kind of thing that makes more sense for a big office building that houses many different companies. Of course, The Quick Cook's business model seems predicated on adding additional kiosks, and eventually the company will offer delivery to selected kiosk-less buildings for an additional fee.

More to the point, with meals starting at about $20 each (for a two-serving portion, which is the smallest available size) you're talking about prices comparable to what you'd pay to eat at a mid-range sit-down restaurant. That's a lot for a meal that you heat in the microwave — especially since it's unclear from the website whether the two-serving portion is really enough food to serve as a complete dinner for two people.

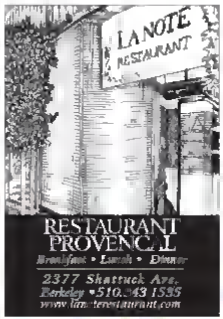
What the Fork reached out to The Quick Cook hoping to obtain additional information, but we were told, via email, that the company policy is "to not grant interviews regarding [its] business practices."

Snacks for Stoners

The Uptown Oakland pop-up venue Stand Room (2347 Broadway) and its affiliated commercial incubator kitchen The Uptown Kitchen will be hosting a special First Friday artisan food market this Friday, October 4, from 7-10 p.m. This month's theme? Food made for stoners. Gourmet food items geared toward customers who have a serious case of the munchies will include grilled cheese sandwiches made by the Grilled Cheese Guy, stoner ice cream (bacon, chocolate, and peanut butter flavors) by Kim Beare, and what organizer Marneela Yee describes as "cotton candy on steroids" from Sugar & Spun. There's no cover charge, and the Oakland Symphony Chorus will be on hand performing showtunes.

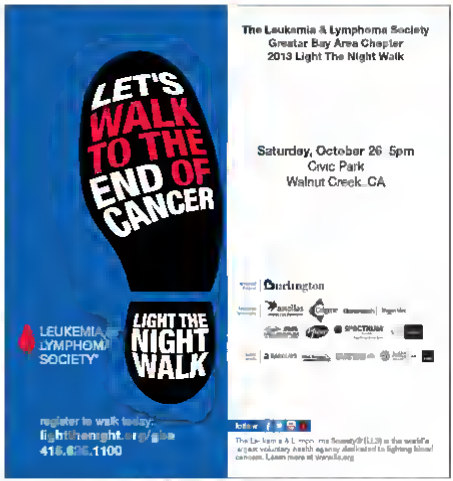
This column is culled from our blog of the same name.

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A SMALL VICTORY FOR CRAFT DISTILLERIES

A new law allows California s craft distilleries to offer paid tastings.

By Madeleine Key

When Governor Brown signed AB 933 into law last week, craft distilleries in California won a modest victory. The ability to offer tastings (limited to six per customer and capped at a quarter of an ounce per sample pour) for a fee AB 933 which was sponsored by local Assemblywoman Nancy Skinner, is a watered-down version of Taste California, a proposal put forth this past spring by a statewide coalition of craft distillers called the California Artisanal Distillers Guild.

Jörg Rupf founded Alameda s St. George Spirits as an eau-de-vie distillery in 1982, thereby making the East Bay the birthplace of the American craft spirits movement. The rest of the country slowly caught on. Today the American Distilling Institute estimates that there are more than four hundred licensed artisanal producers in the United States. But according to Lance Winters, master distiller at St. George and vice-president of the guild, artisan distilleries in other states have grown at a per capita rate seven times that of California s.

That's because craft distillers in California operate at a serious disadvantage. They're prohibited from selling their products directly to consumers on-site, like wineries and breweries do. And would-be craft distillers face a thicket of outdated zoning laws and conflicting city, state and federal regulations. So although AB 933 will go into effect January 1, 2014, it s debatable how much it will actually influence the craft distilling movement here (of four hundred licensed producers, only about thirty are located in California).

"States like New York allow their craft distillers to bring their spirits to farmers markets for tasting as well as sales," Winters wrote in an email providing an example of the stark differences between states. "Utah (yes, the one with the Mormons, famously the land of 3.2 beer -etc) has more liberal laws surrounding artisan distilleries than California."

Included within the original Taste California proposal was a provision permitting direct sales. But according to the guild s lobbyist, Dominic DiMare, it had a short life in the capitol.

"When we took up the initial bill, we wanted to get a dialogue going with distributors to try and get some sort of limited number of sales to consumers at the place of production," he said. "But it quickly became apparent that they weren't ready to engage at that level and offer that kind of change in the law."

Arthur Harriman, the guild's president and the owner of Napa Valley Distillery, wrote in an email that more comprehensive bills (meaning bills that permitted direct sales) have been "killed almost immediately upon introduction." That may be because the wholesale liquor lobby is particularly powerful in California. According to MapLight.org, a Berkeley-based nonpartisan research organization that tracks campaign finance, liquor wholesalers donated $558,850 for the 2012 election cycle alone. For the time being, if a craft distiller wants to sell his or her spirits, he or she must do so through a distributor.

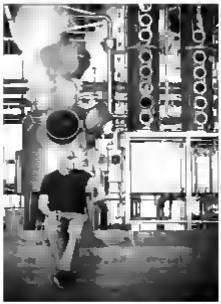
Cris Stellar the guild's executive director and the owner of Dry Diggings Distillery in El Dorado said that although AB 933 is the "first step and a definite move forward for California distilleries, it's not going to solve our competitive issues with the rest of the country. We'd like to be on par with what is available in other states. [Selling bottles] is really what makes a distiller profitable."

Farid Dermahan, the owner of Faleon Spirits in Richmond, agreed. After three years of working his way through "thick" rules and regulations, he opened a tiny distillery five months ago. High-end local restaurants like Rivoli and A Cote are already carrying his Botanica gin, the only spirit he s made so far. His operation is so small that the ability to offer tastings for a fee isn't really going to affect his business. "If I were allowed to do a tasting, that would be nice," he said. "But it would be so much easier if I could sell bottles onsite. Selling even just a case [directly] would mean a lot to me."

So craft distilleries will have to keep jumping through hoops. The reason St. George is able to sell its spirits on-site is because it leases the space to a third party retailer which has to order the product from the distributor. Yes, that's right: A bottle of gin is made in Alameda, shipped 75 miles away, and shipped back again.

"A direct sales provision in the bill just would have made sense," Winters wrote. "There s no rational reason not to have it. A brandy producer currently has the right to sell their product direct to the consumer. Why should a spirit, just because it's made from fruit, be treated differently from rum, whiskey, gin, tequila or vodka?"

Madeleine.Key@EastBayExpress.com



Stephen Lew mohn

Lance Winters, the master distiller at St. George, said a direct sales provision would have made sense

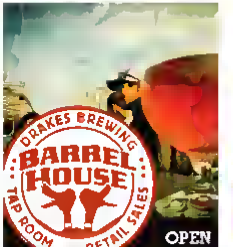
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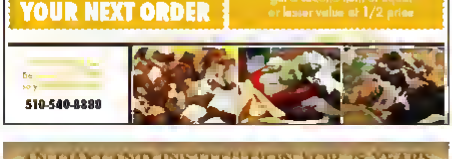
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RESTAURANTS & CAFES

Mexican Restaurants in East Oakland

Cancholes Restaurant
3731 International Blvd., Oakland, 510-534-4765. This is a place devoted to the most hidden treasures of eaters from Apatzingan, in Mexico's west central state of Michoacan. The food is an interesting detour from the Jalisco-dominated food culture suffusing Fruitvale. Menuguerra as a pile of boiled rose, topped like a sloppy Joe with a cocoa of boiled pork chunks dressed in searing red chile. That same chunky vibrancy radiates from Cancholes's *birria de res*, available on weekends. Beneath its orange slick of surface fat, it has a vinegary tang, faint pulse of cloves, and the rich, woozy hum of overgone. Spoon, and you swear you can make out some 16th-century Spanish prototype. $

Casa Jimenez Family Restaurant
4345 International Blvd., Oakland, 510-842-8776. Run by the Tlaxcalan who run the East Mexican market next door and the taco truck in the parking lot, Casa Jimenez is a bright, quickly enlarged restaurant with a secret weapon, possibly the best carnitas (pork browned in its own fat) in the East Bay. Like many carnitas specialists, Casa Jimenez aims to prepare these porky flavor bombs in the Michoacan style but it's one of the only places we know of that roasts its carnitas in the oven, resulting in meat that's crispy, tender, fatty, and everything in between. Ask for the fantastic corn tortillas, which are super-thick and almost too hot to touch, with an intense corn fragrance. Also worth ordering: the comically large *chimichangas* (a cheesy-fried burrito) and the smooth and smoky house-made *flan*. $–$$

El Huarache Azteca
3542 International Blvd., Oakland, 510-533-9295. On a strip of phenomenal taco trucks, set-down El Huarache Azteca stands out for its ultratraditional, carefully crafted Mexico City-style cuisine snacks. Try the *quesadilla* with *chicharron*, the pizza like *sopes*, and the *huaraches* (named after the sandal they resemble) with refried beans, stewed meats, or sautéed fresh *huitlacoche* (a jet black corn fungus). If you boost what's best for you, you'll return on the weekend for posole and barbacoa, succulent pit-smoked lamb, with hand-patted tortillas and bowls of delicate consomé de barbacoa. $

Jalisco Restaurant
1721 International Blvd., Oakland, 510-430-8096. Jalisco is the OG of the local carnitas game: a family-owned institution dating back to the late Sixties. Open weekends only, the restaurant is the definition of a hole in the wall: little decor to speak of and long tables not so different from the fold-outs for church-basement potlucks. But eh, those carnitas: whole pork legs slow-braised in lard for eight to ten hours, resulting in meat that's ostensibly tender. If you're even moderately daring order the "mixto" plate, which comes with a little of everything that gets cooked with the hog: nopa-zingy rib meat, little flecks of skin, chewy-fatty slices of the pig's stomach, and gelatinous bits from the tendon and hock. Also noteworthy: the zingy salsa verde and the *chicharrones* (fried pork rind). Go early if you can, otherwise, the best meat of pork could be gone. $–$$

La Estrellita Cafe
440 E. 12th St., Oakland, 510-465-7486. The franchised happiness this side of Lake Merritt. La Estrellita offers tons of space to sprawl in a room you're happy to spend time in. Costs for the food — which is pleasant and abundant, if not sublime — but stay for the margaritas. $$

La Torta Loca
3410 International Blvd., Oakland, 510-532-7515. *Tortas* are Mexican sandwiches, and La Torta Loca's sandwiches are crazy good, huge griddled breads stuffed with hyperbolic grilled meats or vegetables, sour cream, avocado, lettuce, and tomato. You'll find this tiny food stand (with no seats) by the spicy smell of frying chorizo and the crowd around the window. La Torta Loca's bacon, agave, and tostadas are just as good as the sandwiches, but for a decadent treat order a pambazo, a *torta* dipped in chile sauce and then fried. $

Henscos La Costa
3305 International Blvd., Oakland, 510-533-9500. The standard taqueria fare at La Costa isn't bad, but this open-air restaurant's specialty is fresh seafood. You can get a half-dozen oysters on the shell, or some refined fare: the ceviche tostadas sprinkle with lime, cucumber and tomato, and the lonesome broth in which the seafood rested (shrimp, crab, or octopus) floats is good enough to sip once you've speared the last piece of meat. $

Nieves Cinco de Mayo
3341 E. 12th St., Oakland, 510-533-0290. Little Abuelita doesn't just play in some machine to make ice cream. The owner of this tiny stall in the Fruitvale Public Market actually whips up each batch completely by hand, shaking and stirring his mixes in an open bucket set over a steel salt. Called nieves de garrafa, in earlier ice creams. Abuelita's palate-like creations come in flavors like fresh corn and yerba buena (mint). Like anything handmade they're prone to inconsistencies, but a freezing crystals now and then only boost the artisanal factor. $

El Ojo de Agua
3353 E. 12th St., Oakland. This late truck is so good it graduated from a recessed parking lot to a high-visibility corner. Find out why: Its *al pastor* (BBQ pork), lengua (tongue), and homemade chorizo bean can't be topped. Just a dab of meat and a smidgen of salsa on a toaster-sure tortilla will set your palate aglow for hours. Another house specialty is tempest-fruit horchata (chalice). $

Droez Restaurant
3877 International Blvd., Oakland, 510-531-0909. Long running Chino — newly redecorated with colorful murals — offers a menu of classic dishes from enchiladas to goat meat *birria* on the weekends. But it's the daily and seasonal specials that are worth tasting, such as milanesas, breaded fried steak, or *tortas de camaron*, fried shrimp-flecked patties served with *nopales* (cactus) in a red chile broth. Start your meal off with shrimp soup and avalt with a bowl of capirotada sweet pudding, chasing down everything with sweet mango *agua fresca*. $–$$

Santo Coyote
3560 International Blvd., Oakland, 510-261-8696. Formerly called La Casadonia de Ana Rosa, the Jalisco-style restaurant's stocks-in-trade is homey flavors and fresh masa. Make sure to get the quartet-and-thick corn tortillas that are made-to-order and arrive scorching hot to the table. The *birria en su jugo* — a stew spiked with lime and bright red with chile — is rich and delicious, with tender pieces of goat that has been grilled and then braised. Homemade chips and salsa, plus a side of refried beans, warm pasta and go well with the endlessly popular *guiso tarahumara con chorizo*: a bowl of melted cheese topped with crispy-chewy-salty bits of sausage. And with Santo Coyote's modest prices, you may as well order a little extra — a plate of caramelized plantanos for dessert, perhaps. $

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RECENTLY REVIEWED

Homestead

4029 Piedmont Ave., Oakland, 510-985-1990. When Elizabeth and Fred Saxon were planning their first restaurant, the husband-and-wife team drew inspiration from Elizabeth's grandparents, who, at original homesteads, built up master all their purchase work ethic and from cookies food preparations knew-how just to survive that first winter in the frontier. At Homestead, the Saxons not only produce a wide variety of charcuterie, they also preserve the tomatoes, dry the chile peppers, and make their own vinegars and cheeses. The DIY approach pays off in something as simple as the dish of delicious house-churned salted butter that starts your meal, and the wedge of house-made ricotta that forms the base of an antipasto spread. The centerpiece of the farm-to-table restaurant is a custom-designed wood-burning hearth, in which the Saxons char seasonal vegetables and roast and grill large hunks of meat, imbuing dishes with a deep, lovely smokiness. $$$

Tian Jin Dumplings

986 Franklin St., 1st fl., Oakland, 510-452-0055. The Tian Jin Dumplings stall is takeout window on Oakland's Chinatown that specializes on dumplings and other northern Chinese snacks, or "small eats," has more in common with a street stall than a full-service restaurant.

But what the place lacks in ambiance and breadth of offerings it makes up for in good old-fashioned delicousness. In particular, the juicy, delicate handmade dumplings – available in two standard pork-and-vegetable varieties, as well as several unconventional versions that need to be ordered in advance – are probably the best in the East Bay. A *shaobing* (savory baked biscuit) stuffed with a smoked boiled egg makes for a tasty Sri Lankan "sandwich." And the "pancake fruit" – a huge, savory, egg-enabled crepe filled with Chinese fried cruller, smashy pickled mustard stems, and fresh cilantro – is the perfect thing to warm you up on a chilly morning. $

Pucquio

5337 College Ave., Oakland, 510-655-7378 or Pucquio.com. According to chef Carlos Moreira, the concept behind this former pop-up kitchen is "contemporary Peruvian street food." But make no mistake: Oakland's first high-end Peruvian restaurant serves elegant, labor-intensive cuisine. You can see Moreira's skill in everything from the precise knife work on the refreshing cold quinoa salad to the *pulpo al olivo*, which features tentacle-y essence of olives distilled into something as airy and light as a cloud. The pescado *al ajo* (fried whole fish in garlic sauce) is the most wonderful, and soulful, of the entrées. But any conversation about Pucquio needs to begin and end with the ceviches, especially the spicy, multi-textured, perfectly balanced Mixto: raw shrimp, tender cubes of California sea bass, whole squid, soft yams, and, to top it all off, a fried plantain hash. It's the reason we'll use to judge all future ceviches. $$$

Amula's Cafe

3310 Fruitvale St., Oakland, 510-894-9003 or AmulasCafe.com. This tiny takeout brunch counter in the heart of downtown Oakland looks like just another generic deli. But there's more than meets the eye at Amula's. Amula Edirisuriche, the eponymous chef-owner is Sri Lankan, her husband is Jamaican. Many of the most interesting food items come off the daily specials menu, which is an amalgam of those two cultural influences – one meat option and one vegetarian option, both priced at $7, available starting at around 11:30 a.m. The best of these, a plate of jerk chicken (falling-off-the-bone tender with enough heat to clear the sinuses) over Caribbean-style peas and rice, is only served on Tuesdays, but you'll always find something of interest: roots on Wednesdays, lamb curry on Thursdays, and coconut fish on Fridays. Also not to be missed: an excellent roasted-eggplant sandwich, Sri Lankan patties, and a different homemade cake, sold by the slice, Monday through Friday. $

Tacos El Sol

Corner of Intermodal Blvd. and High St., Oakland. Pulled by a late-model pickup truck, Tacos El Sol is a carnival style taco trailer that serves traditional tacos, burritos, and *tortas* that send wonderful aromas wafting across the parking lot of Los Mexicanos Market. Skip the meaty, sour-cream-laden tortas and splurge on little tacos filled with carnitas, chorizo, or *buche* (pork belly) and a spoonful of perfect salsa roja, all $1.25 apiece. $

Taqueria Compos

3969 Foothill Blvd., Oakland, 510-534-4288. Ana Maria Campos' *tortas*, *posole*, and *menudo* are a holy trinity making this immaculate little eatery a worthy shrine to Jalisco cuisine cooking. Officially available on weekends only, the iconic soup-stews are usually available all week. Campos' skill shows in rich, carefully made broths, good enough, for instance, to stand up to hernia-dark, smoldering fibre of goat meat and chiles. Posole is tasty even before you load on condiments like oregano and salsa picante, and Campos' chile-free *menudo blanco* offers buttery slabs of smooth tripe in a matrix of smooth-rice broth. $

Taqueria Durango

3859 Foothill Blvd., Oakland, 510-532-0460. You can follow the smoke signals to Taqueria Durango. The steel-drum barbecue rig out front sends thick clouds over the block. Obviously, the taqueria's specialty is barbecued chicken and ribs. Get the chicken, rubbed in herbs and roasted until the skin crisps – but as part of an entire platter. Eaten separately, the beans, rice, tortillas, fairly dressed cactus salad, and chicken don't suggest. Combined, they make quite a meal. $

Taqueria San Josè

3433 International Blvd., Oakland, 510-533-5748. You'll find better taco things a block away, but this sprawling institution midway on Oakland's mileage mile is accessible and super-friendly. Cheap, too: You can fill up at the self-serve slurpee and salsa bar and the big taco bristle with enough meat to stuff a regular burrito. Filled with plump specimens griddled with chunks of tomato, the shrimp burritos are tasty. And some fresh-squeezed carrot juice tastes healthy enough to make up for all the chips you've snarfed. $

Taqueria Sinaloa

2098 International Blvd., Oakland, 510-535-1060. One of the best taqueria trucks, Sinaloa is easily identifiable by the crowd blocking the window. The menu painted on the side of the truck doesn't list much more than meat, burritos, and *tortas* (Mexican sandwiches on massive French-style rolls). Get one of each – they're all good, and you can definitely afford it. The full complement of taqueria meats is on offer: the tongue and cormitas are superb. If you don't drive away with your food, you can sit at one of the picnic benches in the back. $

Price Key
Price codes assume diners will order a main course and beverage. Share appetizers and desserts, and tip adequately: $
– up to $10 per person; $$ – $10-$25; $$$ – $25-$50; $$$$ – more than $50.

FOOD & WINE

CULINARY & WINE

Oct 27 Motorwood Featuring the best of Oakland school culture. Lawn games, Full Bellied, brew specials and more. Fridges. Christmas through Oct. 31. Info: Studio Dots Art Center 3116 45th St., Emeryville, 510-597-0087, StudioDotsArtCenter.net.

Rillaire Inspiring Art meets Yum Flourishing music meets a napping of all speakingly important business adventures. First Friday of every month, hour, like. Random Club, 2409 Broadway, Oakland. 510-463-1449, RandomClub.com.

Rosenkind Alameda and Wine Wednesday A bi-weekly wine tasting with all proceeds benefiting local schools. Fridays 5-7:30 p.m., at least $1 per flight. Fisherman's Cheese & Wines, 1018 La Salle Ave., Oakland. 510-865-6468, FishermansCheeseandWines.com.

Food Play Fest Approach book a hands-on method, show using fresh produce. First Sunday of every month, 10 11:30 a.m. & 1 p.m. Free. InstituteforArtsandLiving.org/FOMA.com. Jack London Square Farmers Farmers, Webster and Embarcadero, Oakland.

Food Social Anniversary Celebration of Food Social's two year anniversary with food stories, and all homemadeness, and the music. Sat., Oct. 5, 3-9 p.m. Richmond courtyard. Dragon Rouge, 2337 Standing Ave, Alameda. 510-871-1800, DragonRougeRestaurant.com.

Get Started Food Series Featuring food trucks, farm, carts, and other vendors – meaning Berkeley's Bay Area's Food Cities, starting with Mike's (Golden Gate) Kau Kau Corner (Hawaiian-Filipino cuisine, Frisch), and Sesame's Bean Truck (PB&J and dog treats). Saturdays, 10 a.m.-4 p.m. free. College of Creative Studies, 1111 Eighth Ave., Alameda. 510-523-7221, AlamedaArts.com.

North Oakland homemade Food Bazaar A food swap for homemade jams, breads, pickles, sweets. Afternoon, and more. Homegrown produce also. Afternoon. First Saturday of every month, 11 a.m.-2 p.m. free. First Unitarian Universalist Church, 9421 Stanford Ave., Oakland.

Girl Scout With food trucks, crafts, live music, kids' activities, and half-price museum admission Fridays, 5-8 p.m. free. Oakland Museum of California, 1000 Oak St., Oakland. 510-318-8400, OaklandMuseumCA.org.

Chinese Dumpling Cup Soup A monthly pop-up event at the homemade of Sesame, and Oakland in Berkeley. First Saturday of every month, 10:30-4:30 a.m. free.

Pint Beats Cup Soup A event of specialty eggs, potatoes and other food based. At the North Oakland Farmers market in 47th and Market. First Saturday of every month, 11 a.m.-3 p.m. free. 510-655-2008, NorthOaklandFarmers.org.

Bakers Food Tastings With food tastings and small plates music in a restaurant setting. Tuesdays, $5-$8, 300-883-7288, Ragan Restaurant, 41 music ltd., Berkeley. 510-548-8555, RaganRestaurant.com.

Vintage Berkeley Wines Tasting Try five wines for $5 at both the Wine Bar and College Ave music. Check their Facebook earlier in the day for details on what features will be pushed that day. Thursdays, 6-7 p.m., $5. Market, Oakland, 2133 Vine St., Berkeley. 510-845-6900.

FARMERS MARKETS

Alameda Farmers' Market With locally grown fruits and vegetables, plus family activities, Tuesdays, 3 p.m.-7 p.m. Saturdays 9 a.m.-1 p.m. free. PCPMA.com. Alameda Farmers' Market, Maple Ave. in Webster St., Alameda.

DANA Fort Frisk Food District **Community** Produce Stand Farm Fresh Choice stand, produce stands in Berkeley-source neighborhoods. Tuesdays, 3:30-6:30 p.m. free. 510-548-1004, Ecology Center.org. Bay Area Produce Market, for Advancement, 3718 Eighth St., Berkeley. 510-526-1493, BAPMInc.com.

Berkeley Civic Farmers Market Fresh produce supplied by family-grown and specialty farmers. Saturdays, 9 a.m.-1 p.m. free. Berkeley Center | 2939 E. 14th St. San Leandro, 510-367-8000, GroupSolutions.com

Elm Farm Water Choice Community Oakland Street Farm Water Choice area, produce stands in limited-resource neighborhoods. Berkeley, 3:30-6:30 p.m. free. 510-548-1704, EcologyCenter.org. Bay Area Produce Market, for Advancement, 3718 Eighth St., Berkeley. 510-526-1493, BAPMInc.com.

Berkeley Civic Farmers Market Fresh produce supplied by family-grown and specialty farmers. Saturdays, 9 a.m.-1 p.m. free. Berkeley Center | 2939 E. 14th St. San Leandro, 510-367-8000, GroupSolutions.com

Fruitvale Farmers' Market With locally grown and specialty fruit, vegetables, baked products, and more. Market, WIC and EBT accepted. 10 a.m.-1 p.m. free. 510-535-8909, Fruitvale BART Market, 3401 East 12th St., Oakland.

Music Lake Farmers Market The weekly market hosts more than 70 producers, pastured foods, and arts and architecture Saturdays, 9 a.m.-2 p.m. free, 800-897-2078, SolanoStreet.org/Albany/Lake/Splash Pad Park, Grand Ave. and Lake Park Ave., Oakland. 510-251-0370, TodosSanMateo.com/Parks/Parks/default.asp

Kaiser Permanente Oakland Farmers' Market With vendors selling fresh, all-organic fruits and vegetables Fridays, 10 a.m.-2 p.m. free. PCPMA.com. Kaiser Oakland, 3001 Mayer St. Oakland

Koreatown Oakland Street With a nursery, fresh flowers, an organic farmstand, jars pastries, fresh wild fish, fruits and vegetables, nuts, Market, foods, produce fresh pasta, and seasonal specialties. The Market also boasts live music and entertainment. Sundays, 10 a.m.-2 p.m., free. 510-847-4801, RemingtonFarmers-Market.org, vendors Kalila in the Bahias Trade, Remington.

Montclair Village Farmers' Market Featuring organic produce and specialty foods. Free parking in Village garage in the top of La Salle Avenue. Sundays, 9 a.m. 1 p.m. free, MontclairVillage.com/farmers Market.html. Montclair Montclair Village LaSalle and Moffett Aves. Oakland.

North Berkeley Farmers' Market With locally specialty foods, a organic produce, and more by mile, along with flowers, programs and events. WIC and EBT accepted. Thursdays, 3-7 p.m., free. 510-548-3333, Ecology Center.org. Shattuck Ave. at Rose St. Berkeley.

North Oakland Children's Hospital Farmers' Market EBT and WIC also Tuesdays 2-7 p.m. free. 510-250-7957, PiedmontPropane.org, Children's Hospital & Research center Oakland, 747 52nd St. Oakland.

North Oakland Pop 'n' Farmers Market, With a healthy food and ornamental kitchen space seasonal organic produce from Bay Area farms, and San Benito ginals. Saturdays, 10 a.m.-3 p.m. free, PiedmontPropane.org, Pilot Fresh Southern Farmers' Market, 642 Hawaiian Ave., Oakland.

Old Oakland Farmers Market Braised, seasonal produce, Market, fish, and other organic foods, along with plenty of samples. Fridays, 9 a.m.-2 p.m. free. Old Oakland Farmers Market, 9th St. Oakland Broadway and Clay St., Oakland, info@OldOaklandFarmersMarket.com/weekly/oldoakland.

Pacific Coast Back London Farmers Farmers Market, With seasonal produce Market, nuts, freshly baked bread, monthly and flowers, specialty foods, vegetables, live music and and and crafts for kids. Sundays, 9 a.m.-2 p.m. free, PCPMA.com. Jack London Farmers Webster and Water St. Oakland

Richmond Farmers' Market, With fresh, locally grown fruit, live seasonal flowers, eggs and baked products WIC and SNAP accepted. Sundays, 9 a.m.-2 p.m., free, RichmondFarmersMarket.org, Richmond Farmers' Market, 24th St. and Nelson Ave., Richmond.

Sacramento Main Avenue Farmers' Market With fresh fruits and vegetables, baked goods, Market, and a range of baked agricultural and culinary products from local vineyards and orchards. 10 a.m.-2 p.m. rainstorm through Oct. 30, free, 510-236-4825, SacramentoMainAvenue.org, Main Ave., 12th Street and Main Avenue, vendors.

Saturday Berkeley Farmers Market With fresh and organic produce Market, specialty foods, and more for sale, plus flowers, programs and events. Saturdays, 10 a.m.-3 p.m., free, 510-548-3333, EcologyCenter.org. Berkeley Center Lower Bowl, 2939 E. 14th St. San Leandro, 510-367-8000, GroupSolutions.com

Solano Avenue Farmers' Market With fresh and organic produce flowers, specialty foods, and more for sale, plus flowers, programs and events. Sundays, 9 a.m.-2 p.m., free, 510-548-3333, EcologyCenter.org. Solano Ave. between Peralta and Tulare Aves., Albany.

Temescal Farmers Market Continues certified farmers, with seasonal produce, baked fruits and nuts, fresh meats eggs, music, plants, locally caught fish, beauty flowers, and more. Sundays, 9 a.m.-1 p.m., free, 510-548-3333, EcologyCenter.org, Temescal Farmers Market, 3801 Telegraph Ave., Oakland.

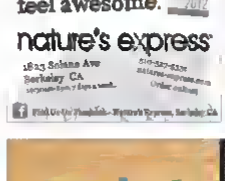
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Tuesday music musicKey Farmers' Market Fresh and organic produce flowers, specialty foods, and more for sale, plus flowers, programs and events. Tuesdays, 2-7 p.m., free, 510-548-3333, EcologyCenter.org, Tuesday Berkeley Farmers Market, 63rd and Adeline Market, Berkeley, 510-548-3333, EcologyCenter.org.

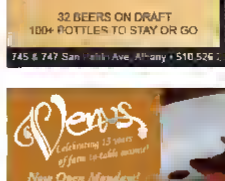
Vendo Food Farm Stand The fresh farm stand Melrose someone produce fresh produce flowers and select other products, along with bulk dry goods and nutrition-related specialty. At 7431 Richmond Blvd., Oakland Mondays 10 a.m.-2 p.m., free, FoodCommunityCultures.com.













MOVIES

ANYTHING TO FIT IN

Jersey Boys (*Don Jon*) and Cannibals (*We Are What We Are*)

By Kelly Vance

Jon Martello, the subject of *Don Jon*, is instantly familiar to us, if only from movies. Few starters he lives in New Jersey one of the most relentlessly stereotyped locales in North America. Writer-director Joseph Gordon-Levitt, who also stars as Jon, adds to that by making his lead character the archetypal Italian American Jersey Boy: a loud-mouthed, quick-tempered, slow-witted, outlandishly vain, lower-middle-class struggle whose otherwise dull existence is a nonstop competition for hunting local women out of nightclubs and into his bachelor-pad bed.

So Gordon Levitt's movie creates obstacles for itself right away from the very first scene. Has New Jersey is not the New Jersey of Todd Solondz (*Dark Horse, Welcome to the Dollhouse*) or Woody Allen (*Broadway Danny Rose*) although we can see the broad outlines. It's not the place where Tony Soprano gets in trouble in Robert D. Siegel's *Big Fan*, and despite the Italian American connection it's most definitely on a different planet than the one the late James Gandolfini inhabited, either on *The Sopranos* or in David Chase's sentimental *Not Fade Away*. These productions all made a conscious effort to take the blokes in a new direction, to branch out from the things that Gordon Levitt – a former child actor who was born and raised in Southern California – gets down and rolls around in.

"Don Jon" the ladies man charges around in his muscle car, works at feverishly faithfully attends church (never forgetting to hit the confessional, one of several running gags) and seemingly eats every meal with his parents (Tony Danza and Glenne Headly, in pure sitcom form). Jon and his meathead buddies talk in sports TV clichés and generally behave like lab rats in a social conditioning experiment. At dinner he and his dad wear "wife beaters" and watch pro football on a pair of big screen while yelling at each other. One other plot wrinkle. Jon is a world-class Internet porn slave. Even after he bags the hottest hottie in town, club babe Barbara Sugarman (Scarlett Johansson) and they begin a "serious relationship," he cuffs the carrot in front of the little screen numerous times per day. Then he gleefully confesses everything, in detail, and the priest mechanically gives him the Our Father-and-Hail Mary sentence which Jon bangs out along with sit-ups at the gym. *Don Jon* however is not a sexual-problem pic à la *Thanks for Sharing* with its sex-addicted urbanites. It's just a satirical character study with more character than satire.



Don Jon is a satirical character study with more character than satire.

Don Jon
Written and directed by Joseph Gordon-Levitt. With Gordon-Levitt and Scarlett Johansson. Now playing.

We Are What We Are
Directed by Jim Mickle. With Bill Sage and Ambyr Childers. Opens Friday

Given this hectic, repetitive routine, on here feels as if there is something missing from his life. Into the picture comes Esther (Johanne Moore) an older more complicated woman Jon meets at the evening class he attends. Over and above the fact that she is a classic "cougar" who smokes weed and encourages nervous Jon to slow down and mellow out, Esther opens up now vistas for the Jersey Boy – which is what *Don Jon* is ultimately all about. There are lessons here. Take every opportunity to get out of New Jersey.

Gordon Levitt (*The Dark Knight Rises, Inception, Hesher*) has such a charismatic screen personality we can forgive him – to a degree – for most of his storyline flaws. Like his decision to nail down Jon's personality traits with such heavy blows. We want to believe Jon will grow out of being so out, despite evidence to the contrary. Johansson as likewise ideally cast as besotted housewife-in-waiting Barbara. Ditte Danza and Headly as Mr. and Mrs. Martello are as if Danza's character from the Tony TV show were fast-forwarded.

Mickle, as usual, is an animal of a film director. In film after film – *Boogie Nights, The Big Lebowski, Fee from Heaven, Children of Men, Savage Grace, The Kids Are All Right* and *What Maisie Knew* – adventurous filmmakers have sought her out to project that massive, quicksilver unpredictability that has become her trademark. Moore specializes in causing movies to change direction a difficult trick that she makes look easy. Gordon Levitt relies on how on his feature-length directorial debut, and Moore's grief-stricken earth mother Esther not only saves Jon from himself, she saves the story. Smart decision.

In Jim Mickle's stylishly macabre *We Are What We Are* a reclusive nuclear family of cannibals is slowly decimating the population of a rural community. Perhaps the outline sounds familiar. The new movie is adapted from Mexican filmmaker Jorge Michael Grau's 2010 release *Somos lo que hay* which translated into English means "The Other White Meat." Or was it "Clean Plate Club"?

Head of the clan is bearded, stern patriarch Frank Parker (Bill Sage), who spends a lot of time in his combination workshop/dungeon/slaughterhouse, tending to business. Frank's two teenage daughters are ambivalent about the whole cannibalism thing. Fourteen-year-old Rose (Julia Garner) balks at kitchen chores involving cutting. Her older sister Iris (Ambyr Childers) has an unanswered crush on a local law enforcer Deputy Anders (Wyatt Russell), a former school classmate. Wonder what was in her lunch box?

The Parkers belong to a tradition of crazy country folks with weird religious ideas, the sort of folks who look like they don't bathe. Their culinary notions come directly from dim ancestors, who first ate people in 1782. The family chronicle – there's always a Scary Old Book – explains everything, but the only thing that bloody implacable Frank will say as he serves up the chili is, "It's one way." Turns out Frank is suffering from kuru, a form of prion disease that comes from ingesting contaminated human brain tissue. Also, Doc Barrows, the town physician (Michael Parks from *Django Unchained* and more than a hundred movies and TV shows), is onto the Parkers, so it's only a matter of time. Meanwhile, we amuse ourselves thinking up alternative titles. *Cloudy with a Chance of Eyeballs, Lady Fingers, Anyone? The Silence of the Neighbors* etc.

Director Mickle, who adapted the screenplay with Nick Damici, is a former production technician who worked his way up to make such titles as *Stake Land* and *Mulberry Street*. In addition to his gothic sensibility Mickle has a talent for using sound. The obscure "old weird America" soundtrack tunes by Ruhe Lacy and other artists contribute to the eeriness. The subtext in *We Are What We Are* have more power than any shock outs. ●

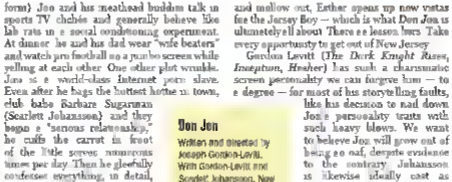
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MOVIES & THEATERS

To learn where a movie is playing, go to EastBayExpress.com or scan the QR code. Capsule reviews are written by Melissa Levine (M.L.) and Kelly Vance (K.V.). For a schedule of repertory films, see One-Night Stands at the end of these listings. Please send info fourteen days before event date to Zainab.Mohammed@EastBayExpress.com.

TOP PICK

Gravity The same roaring science-fiction space adventures over masts... national-anthem Cuarón artfully combines a relatively straightforward space-shuttle disaster scenario with the two-character cast – astronauts Sandra Bullock and George Clooney – and brings it to top report with an absolutely astounding display of visual theatrics, as a routine trip orbiting the Earth spirals into a life-or-death struggle on the edge of outerspace. The visual effects (a Tyro Imaxer are a quantum leap) Imaxer from anything



on example Riddick, of the town, at the attack of one population it's "a game that you play by going inside and not out and staying there." An elaborate art patch. Drama: big scavenger hunt. On a tentacle teams of like for survival with nothing specials do. Bit a way at most and reunite with other Imaxer film one than national along. The graphic signage and the suspense is especially fine (92 min.). (K.V.)

Insidious: Chapter 2 Through 4th teens – As IMAX 3D Expert actor Malcolm Lees may find the current footage of this wonderful semi-documentary a strange act but the spiked-on feminist in search of a teens mother Tilly (Hilary) actor Lees normally are high-performing still worse than the disaster MTV product of twenty years ago. On a 6-bright family in the wonderful Ancestral LA, 6th guitar accompanies previous, edge, and babysitter protagonist of the apocalypse. The barely tragical segments build their own, but Ely's top should have been left on the cutting room floor. director Wendell Red is responsible for the screenplay, with input from the Wolfman days (92 min.). (K.V.)

Parkland Chaotic event take place at Parkland Hospital in Dallas after 6th assassin That assassinated President John F. Kennedy. (94 min.)

Runner Runner Following that he has been liberated Palestine grad Runner Richie (Justin Timberlake) goes to Costa Rica to dissolve online-gambling tycoon Ivan Block (Ben Affleck). Block's promises of underestimations and power leads to destructive attack on Richie, until his teams the shedding truth teams. Bit are mutiny When scams is opened by the FBI as help-bring Imaxer to justice, his teams did biggest gamble of his 6th outmaneuvering the two teams. staying in an Ikea. (91 min.)

We Are What We Are A Colorado mutinee family of cannibals is slowly decimating the population of a rural community in upstate New York – and Miami. Filmmaker Jim Mickle (Lower Level, Mulberry Street) teams them up for more interesting than they have any right to be. Their ominous music them do it. Acting teams of Ambyr Childers and Julia Garner as 6th family's teenage daughters, and of course Bill Sage as their father Michael Parks as the local Sheriff. Investigators. Filmmaker Mickle adapted the screenplay with writer Nick Damici. Bill Sage stars as 6th town. Brooklyn patriarch (107 min.) (K.V.)

When Comedy Went to School Delightful but unremarkable documentary loses a relevant, affable look team at the golden age of Jewish mission of New York's Borscht Mountains, where generations of stand-up comedians honed their nuts-and-bolts vaudevillians. Among the classic teams at work and play: Jerry Lewis, Sid Caesar, Jackie Mason, Henny Youngman, Mort Sahl, Jerry Stiller, Jerry Seinfeld, Sandy Baldwin, Dan Rodden, Myron Cohen, and, especially, Lou Costello. Directed by Brennan Malin. Closed by Thomas Akiyama and Ron Rosen. Imaxer by Lawrence Bernabo. (83 min.) (K.V.)

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We Are What We Are

ONGOING

20 Feet From Stardom More musical talent on display than any other doc you'll see this year (Melodie Wenger's marvelous documentary backgrounder on the golden age of back-female-backup singers has us in a total wave of awe), as Merry Clayton (behind Love Train/Help Me Rhonda/Gimme Shelter), Lisa Fischer (Tina Turner/Luther Vandross/Grammy winner for "How Can I Ease the Pain"), Judith Hill, Lisa Fischer, Patti Austin and many, many more singers demonstrate why they deserve more than ever-evanescent. Their "bosses" (where the singers' a-ek, the — see Peter Paul Stevie Wonder/Mick Jagger/Bruce Springsteen producer/David Lee Roth/et al) get the sessions of anecdotes, the story of how Ike Turner was lower out of love in the moment of the night to name in the listening booster to sing the powerhouse "Proud Mumbo" refrain in the Rolling Stones "Gimme Shelter." Lovers of rumor R&B and rock will never get tired of watching this movie and its moments of performance homage. (90 min.) (K.V.)

Baggage Chelsea Stoopid ingenious artsy when a single native Right-wingnut (Paula Patton) daydreams must get engaged — never mind why (in thirty days' time, with The Help of female who fix her up with a clean of unsuitable prospects). She "doubleforthy" aces into hers, etc. The plot is an over-threatening & painfully forgiven attractive Oliver Thain Parker and the rest of large cast (Derek Luke Jr. Smyth, Toy Sung-a Terry Biggs, Bibbers Brussel Chantal's Mayor Trier Leyley et al.), it's practically a cruelness show by David E. Stevens who's adapted the screenplay from his own novel and directed. Not very challenging (98 min.) (K.V.)

Battle of the Year Rural Graham (Laz Alonso) is a hip-hop mogul but has-been a introvert once he loses nothing more than to see an Americas music win the Battle of the Year an international hiphop tournament booster picks nathan dancer Jason Hurst (Josh Holloway) a beauty hollywood beaut-ident trainer to select, then train a worthy squad. With just days interest to wrap a crew of 13 breakdancing b-boys and b-girls, Steve hits his assistant (Josh Peck) and a choreographer (Caity Lotz) have a rounding job ahead of them! (110 min.)

Beatbox A introvert is (Ramin Kapoor) stands sure in support on orphanage until his unerringly hurts the love (Polina Shanda) of his life. (1A3 and)

Blue Jasmine One of the very best director in Woody Allen's lengthy decorated career. Season largely on Cate Blanchett — in the role of a socialite, self-opposing vodka-guzzling (and blunt term or New York accessible fallen on hard times, who moves to stay with her polar-opposite's divorced sister (Sally Hawkins, able in top form) in San Francisco's Mission District. Yes Allen is finally hung (dog kitty-named Williams)! A Screenplay Season female individual attribution), but he makes it seem as both do the morning, with a bittersweet tone of regret and melancholy linger with worthy Bay Area Austin. Among the typically fergie and gregarious cast are plenty of Type-A personalities for Blanchett's best character to react against. Also notable (as Jasmine's financial-crook husband) Bobby Cannavale (the sister's working-class boyfriend), whimsy Dean Cole (sister's ex), most Sopranos fan against here Instead: Louis C.K. is stand-out (as) and Michael Stuhlbarg (a horny dentist). It endures, in full regalia hinting the mid-story decade. It are his the Allen witness highlight ree. (98 min.) (K.V.)

Cloudy nuans Chance of Meatballs 2 His genius Sony recognized by Kids Chocolate memtus aunt Caldwell (Bill Hader) gets in just Chantie's company, where he can work full-time on misbehaviors in her cupcake. Bumpers and soon discovers and Bill misdemeanor repellent, which turns writer into food, is not operating but now misunderstanding-makes hybrids. With the fate of humanity in Flint's hands, he and his friends set out to save the Meatballtown townsfolk, which-against and other deliciously dangerous creatures. (95 min.)

Despicable Me 2 Sequel to the animated monster epic, following the Anti-Villain League as it fights its biggest enemy yet. Standees by Pierre Coffin and Chris Renaud; written by Ken Daniels and Cinco Paul; with Steve Carell and Benson Will. (98 min.) (K.V.)

Don Jon Actor Joseph Gordon-Levitt tries at his hang out as Jon Martello, a New Jersey guy who goes to dinner regularly and dinner with his friends, loves pizza to wearing girls of nightclubs, and keeps closely masturbation to internet porn website (once a day if and performance is was all it took, this house he an engraving character story of a young man s a journey of self-discovery this fall, with solo voice and directed lips in the "Jersey Boy" stereotypes so hunky — with Jon, his internet his hobs, and his new girlfriend Barbara (Scarlett Johansson) and a girl to up the scales. Luckily is all there's the figure of father (Tony Danza) a "college" sixth mother who Jon Jon Gabrielle-way. So the impression is it it looks this might have been conventional, but which is still pretty good. Love Esposito Brian Headley character Jon's parents. (90 min.) (K.V.)

Elysium In the future, when polluted overpopulated Earth is inhabited by the lower classes, and the elite have fled to the clean and industrialists space station, a whistleblower employee (Matt Damon) gets on a collision course with the chief of Elysium security (Jodie Foster) and her brutal underlings, and gooey diabetic tendencies. It's female and directed by South African action-female and-voiceover Neil Blomkamp (District 9), so it's more loving. And it plays with a few in Blomkamp ideas before it dissolves into a lockjaw-beaten-by-blue-ees-ee. But one can marvel this Damon such as Whose idea was it to give the Foster star shot that city armor? Running against barreling by female Copley, Diego Luna, Wagner Moura, and William Fichtner. Jrun with Alice Braga, mistaken a patriotic mother (109 min.) (K.V.)

Enough Said John Louis-Dreyfus, nobody's idea of an indie movie maven, does her best to an incredibly representable lovely Los Angeles massage therapist named Eve. But it's James Gandolfini in one of his B of them who hones the film s a silent, a tortured single lonely who puts up with single mom Eve dumping on the cost of writer-director Nicole Holofcener's bumpy dinner of manners are voiceover Keener as a massage client with complications. Toony Fatmeyer as Eve's daughter and the delightful Toni Collette as Eve's best friend. It's like were invited to an event it message boxer see help (93 min.) (K.V.)

The Family American ex-Fa Robert (Robert De Niro) lands damned and his family inherited to a small town in Normandy in the witness protection program, and of course he, his wife (Michelle Pfeiffer), and their teenage kids (Dianna Agron John (Fan) have a tar of corruption and bodily harm in everything they do. We laugh the first time, but less with each repetition. Up until the finale, an internet. It's a predictable lightweight crowd throwback, other that it's just a mediocre. Writer-director Luc Besson (The Fifth Element) and his coach boxer Tom Sis. Also with Tommy Lee Jones (113 min.) (K.V.)

The Grandmaster The story of the martial arts master Chen Zeneg (Tiu Leung) who taught the Wing Chun style of kung fu to Bruce Lee (130 min.)

In a Word. A vocal teacher (Lake Bell) infatuated with the owa boxer and his main that has a prestigious job doing voiceover work on the boxer for a big-budget action. Season and internet by Lake Bell (93 min.)

Inequality for All In this thorough, user-friendly economics 101 presents professor and economist Robert Reich, aka the undergrowth of Lower Arbution, engages the highlights of his "Wealth and Poverty" class to Brunswicks and why zero social inequality it hurting everyone in the country (which engaging personality helps the nasty tension go down more easily, and the graphics are popular and imaginative. The problem: zero. Reich, if that are are losing about opportunity in America, and of the very best Occupy Wall Street to galvanize debate among believers and deniers alike (86 min.) (K.V.)

Shadow. Chapter 2 Seen after their internment with evil spirits that possessed their son, the Lambertis, (Rose Byrne) and Josh (Patrick Wilson), are ready for their lives to begin to normal. However, possessed still is anxiously off,

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especially with Josh, who [illegible] on television to reveal to [illegible] paper feature. Why bother with such a marginal figure? One cannot be but an exceptional case of character around knows on a big, ponderous story: Writers, Tennessee Howard, David Dymond, Lucas Gooding Jr, Lenny Rivelis, Veronica Rodgers, John Strasin (as Konstantine) | Alan Tilkens (Ronald Reagan), Jane Fonda (Nancy Reagan), Lee Schreiber (Lyndon Rosenthal), Robin Williams (Dwight Eisenhower), et al. The Book answers in its [illegible] with a [illegible] in the conversations on the floors in [illegible] and Wesley as the Butler and the long-suffering wife, when the tales [illegible] around them. Narrowly missed being the Allied-America Format stamp, but having for its [illegible] (123 min.) (R.V.)

Little Miss Sunshine Said Science Jokes. **Ring of song** A speak- engagement theatrical experience. Jokes revolution the Turkey film takes the creative princess with an [illegible] tablet drama and Book's glasses on interact who the film by engaging with key Numbers of the movie is sent this. **Ruled of the Peoples** If you're short on muscles to no general's look or further than this astonishing it presents- animal documentary from the wise director Lee Jeongsei. Hard times may have befallen you but at least you're not people, as



Fishbowl.

animal destined to record a devastating sequence of events every year... for nine months, in the taken is reproduced. Jacquet begins the film in March the Arc of the Antarctic summer and follows the penguins as they begin their nine 70 miles south to their feeding grounds. Like as much in this visually gorgeous movie, mourning penguins are perplexing to see: a line of black-and-white tuxedoes. Many procedures as tales side as they lay their tremendous bulk s more the sea. From there it's 60 minutes of struggle, with food and losing a mountain of joy. Where it falters is in the melodramatic narrations read in inanimate tones by Morgan Freeman. They would have wished that Warner Bros. (84 mins.) (M.L.)

Mademoiselle Ruben In Vienna, a kindly American tourist named Anne (Mary Kingsley) [illegible] Nazi-looted Art the Kunsthistorisches Art Museum and [illegible] Johann (Bobby Sommer) one of the guards. Pretty Jones nothing else happens in this fleetly [illegible] character study by writer-director Jon Cohen. Jon Anne and Johann's gentle new relationship suggests a certain rhythm a they get to know him other of unsure their lives are more complicated than they appear to be at first. Subtle entertainment (107 min.) (R.V.)

Pretty Jealous: Sea of Monsters Adventurous teenagers [illegible] the Nile Kendall novel. The Sea of Monsters. The son of Poseidon (Logan Lerman) sets his James go on a journey to the Sea of Monsters to find the mythical "Golden Fleece" and stop an ancient evil from rising.

Directed by Thor Freudenthal. Also starring Alexandra Daddario and Stanley Tucci. (106 min.)

Rented This sometimes-amused from Disney star the story of Judy Hopkinson's unrelenting pairs with dreams of competing on a high-flying [illegible] Featuring the voices of Dave Coulier, Jim Cummings, John Louis Graybeal, Val Kilmer, Rodale, and many (93 min.).

Population French nobility helps us to follow along as an effervescent named Rose Pamphyle (Déborah François) fares for the world speed-typing championship in her natural hometown, back 1959, in some other scenic. Rose's daffy boss — rigged on



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by her single-minded businessman boss (Grégory Gadebois) — would be a powerful motivator to [illegible] bigger and funnier. Here, alas, it's precisely the only thing going on. Rookie feature-film director Régis Roinsard (who takes the screenplay with Daniel Presley and Marie) is guilty of aggravated [illegible]-dog-torn with [illegible] dead-end farce, which takes the Jean Dujardin school of parody (The Artist is now fresh of non-sequitur deadpan [illegible] (111 min.) (R.V.)

Prisoners Father loses (Hugh Jackman) faces a parents takes nightmare a turn for 8-year-old daughters Anna, and her friend go missing. The only lead is an old motorhome that had been parked on their street. The Book of this investigation Detective Loki (Jake Gyllenhaal), named the driver (Paul Dano) but a slew of evidence flaws Loki to arrest his only maestro. Dano, knowing that his daughter's life is in [illegible], stonefaces him to also an accept his to take [illegible] into his own hands. (153 min.)

Riddick Let's be read on a [illegible] planet, fugitive named (Vin Diesel) fights for survival against [illegible] [illegible] mean takes [illegible] say except he has yet encountered. He only hope he escapes is to focus in an emergency rooms, but that brings with it a different paranormal mercenaries. The first ship named an especially violent and brutal races the second is led by a man from Riddick's past. With time running out, Riddick realizes that external forces will leave behind his head is a trophy. (100 min.)

Rush The dramatized story of Formula 1 racing school James Hunt (Chris Hemsworth) and Niki Lauda (Daniel Brühl) and their fierce rivalry on the world's most-racing courses in the 1970s has everything going for it: lovely [illegible] locations, bright couplings (by screenwriter Peter Morgan) suitably thrilling racing action, and accent-ending by Brühl and (as named playboy Jack Hunt) and Brühl (the [illegible] Austrian Lauda a standout in the real issue). Most of all, Rush reminds us by we [illegible] risks believed in the first place, as its romance-fire car-chase capers of his early Roger Ebert/Gene Siskel Thumb Audit) what all the [illegible] and the budget — that fifty years in the [illegible] are living to a [illegible] way personified the like Decade starring scene. Thanks supporting cast, too: Olivia Wilde, Christian Mackay Alexander James Lara, and Performance Ferrie. A rumored all the way (123 min.). (R.V.)

Short Term 12 A supervisor (Brie Larson) of a foster home for at-risk teens approach with a new mentee, (Kaitlyn Dever) takes having a personal crisis of her own. (96 min.)

The Spectacular Now An innocent, awkward teenager (Shailene Woodley) begins [illegible] the charming, [illegible] high-school [illegible] (Miles Teller) who [illegible] his [illegible] a night of heavy partying. (95 min.)

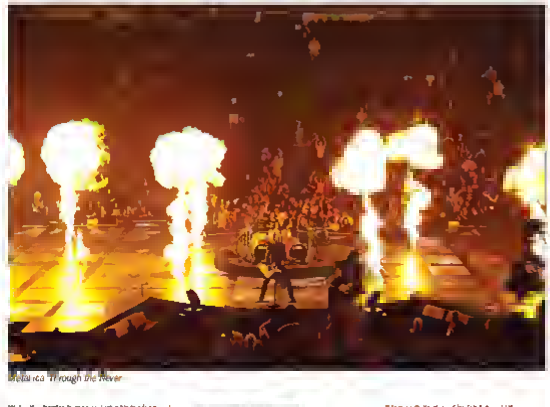
Wadjda A rebellious Saudi girl (Waad Mohammed) [illegible] a female [illegible] competition at her school and [illegible] to win enough money to buy the [illegible]. (98 min.)

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PLEASANT HILL [illegible]



Shôta ca Through the River

We're the Beatles & goes on just a bit too long and seriously loses its nerve at the end, but this Yuletide-palooza manic road trip's hilarious dialogues and darling ensemble turn have a long full of Jack-based Small-brew weird humor minus Sudeikis's grip in a bind and is Rainer to write a pole-dancer (Jennifer Aniston), a runaway teen (Emma Roberts) and an incredibly innocent neighbor kid (Will Poulter) to pose as his straight-arrow "family" in smuggling an RV Rainer with Mexican marijuana through the border and back to Rainer. Along the way Greener Rainer Marshall-Thurston and feisty Rainer Tomei are demonstrate sentimentals and When you allow us a Rainer to bring to a hurt tender in the first act, it will definitely pay off later. Loads of humor oozing all around, including Ed Helms, Nick Offerman and Kathryn Hahn (Blu-ray, DVD.)

The Rainer of It All: BACK TO Brooklyn & When a director runs through Kansas, Dorothy Cindy Gardner's full her dog, Toto, are whisked away by their friends to the magical land of Dr. Who follow the fellow Wizard When that the Emerald city to meet the Wizard, if not not quite Judy Rainer & Scarecrow (Ray Bolger) may handle a heart, a Tin Man (Jack Haley) making a heart, and a Cowardly Lion (Bert Lahr) who wants courage. The wizard asks the group to bring him the broom of the Wicked Witch of the West (Margaret Hamilton) to win his help.

The Wolverine Hugh Jackman brings an appropriately rugged weariness to the role of the title Marvel Comics superhero & reluctant immortal who journeys to Japan and gets caught up in a ninjas-vs.-yakuza war over Mariko (Tao Okamoto), the granddaughter of the man Wolverine saved from the Nagasaki A-bomb blast at the end of WWII. (Got all that?) Women, including ex-wife "Jean Grey" Yuko (Rila Fukushima) all love Jean, but the only one she showed some Rainer interest in was Mariko. (Famke Janssen.) Sensual and motivated as the story is, Rainer James Mangold and Rainer Mark Bomback and Scott Frank paint it to send viewer director that make most female-book flicks look, uh Jeannie by comparison. Thrilling support played by Will Yun Lee as an arms-bring warrior and Svetlana Khodchenkova as Viper & poison-squatting femme fatale. (126 min.) (KK)

The World's Fad The UK's Shaun of the Wren gang – director Edgar Wright, writer/actor Simon Pegg and Nick Frost – rare book for an agreeably zany homerun at the male-bonding comedy as a group of middle-aged guys try to recapture the pub crawl of their youth. The film refers to the bender and last pub on the crawl, but ironically is the movie's 14 trajectory of Wright and Pegg's screenplay. If your idea of indissoluble entertainment is watching a squad of drunken Englishmen being chased by undead robots with and staff/male main search be more. Featuring Eddie Marsan, Paddy Considine, Martin Freeman, and Rainer and Pike (106 min.) (KV.)

Young Ip Manhole See, Rise of the Sea Dragon has Donnie enlists in the Imperial police force and immediately Rainer a ny-Rainman one incentive while revering through Imperial Imperial (108 min.)

Fassbinder (BAM/PFA 7:00)
Little Shop of Rainers (94 min. 1960). Sing-along Rainer (Terry Lawn, Jack Landon Square Rainland, and more)
Rainers of Miracle (94 min. 1971). Trudeau Summer Rainers (Tomomi Lawn, Rainer and Johnson as. Berkeley, 7:30)
All: Four Eats the Soul (80 min. 1973). Love is Colder Than Death The Rainer of Rainer/Rainer Fassbinder (BAM/PFA 9:30)

SATURDAY, OCTOBER 5

The Rainer (105 min. 1969) Pier Paolo Pasolini (BAM/PFA, 6:30)
Loving You (101 min., 1957). The Man Who Wasn't There Rainer Cindy Actor (BAM/PFA, 8:15)
B. Kelly's Rapped to the Closet (45 min., 2006). (Parkway 10:00)

SUNDAY, OCTOBER 6

Ulrike (106 min. 2013). (Parkway 1:00)
Salmon Rises (89 min., 2006) Yang Fudong's Cinematic Influences (BAM/PFA, 5:30)
Hawks and Sparrows (89 min. 1966) Pier Paolo Pasolini (BAM/PFA, 7:45)
The Rainman Carriage (60 min. 1921). (The Rainway Berkeley 7:30)

MONDAY, OCTOBER 7

Rainer Zemble (89 min., 1932) and **Night of the Living Dead** (96 min. 1968). Twilight Theater

Double Feature with guest host Lord Blood-Rah. (Parkway 8:00)
We Can Rainey Abe at Greatest Hits (106 min., 2009) (220 Stephens Hall, UC Berkeley, 7:00)

TUESDAY, OCTOBER 8

Wh Rainy (141 min. 1970) Love to Louder Book (Rainer the Director of Rainer Rainmaker/Rainer (BAM/PFA 7:30)
The Revolutionary (90 min. 2013). (BAM/PFA 7:00)
The Last Supper (120 min., 1976). (International House, UC Berkeley, 7:00)

WEDNESDAY, OCTOBER 9

Either: An Elephant to Remember (80 min. 2010). (Parkway 4:30)
Breaking the Frozen (100 min. 2012). Alternative Visions (BAM/PFA, 7:00)
The Resistance/Les Rendezvous Pont D (90 min., 2013). (Wheeler Auditorium Elmwood 7:30)
Before The World (82 min. 2011) (Durkheim Hall, Oakland, 7:30)

ONE NIGHT STANDS

THURSDAY, OCTOBER 3

Sex, Love, & Salsa (92 min., 2013). (Grand Lake Theater Oakland, 4:30, 6:30, 8:30)
Bluewater University (104 min. 2013). (The New Parkway, Oakland 8:30)
Mahabba (102 and 2006). In Malagasy with English Rainman (UC Berkeley, Rainer Arena, 6:30)
Rainer for an African Greater (88 min., 1970). Her Pearle Bracker (UC Berkeley Art Museum and Pacific Film Archive, Berkeley 7:00)
The Way Way Rain (103 min. 2013) (Parkway, 7:00)
Rent Your in Bombay (95 min. 2010). San Francisco Jewish Film Festival Rainer Night

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Bargain Collection of Jewish Art and Life, Berkeley. (7:00)
The Rain (119 min. 1966) (The Magick Lantern, Point Richmond, 7:30)
Rain in the Rain (107 min. 2013). (Parkway 9:00)
Rainer Rainbread (137 min. 1966). (UA Bigelow 7, 9:00)
Everything Rainer: The Mysteries and Wonders of Ricky Jay (89 min. 2012). (Berkeley 9:30)

FRIDAY, OCTOBER 4

Young Frankenstein (105 and 1974) New Parkway Family Classics (Parkway 4:00)
Love is Rainer Than Rainer (88 min., 1966) Love is Colder Than Death: The Cinema of Rainer Rainer

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Digital 3D FRI SUN 12:00 2:30, 7:30
MON-WED 7:30
HUSH (R)
FRI-SUN 1:00 4:15 7:00, 9:45
MON-THUR 4:15 7:00, 9:45
PRISONERS (R)
MON-WED FRI-SUN 4:00, 9:25
THUR 6:00 5:45, 9:30
DON JON (R)
MON-WED FRI-SUN
12:10 2:30 5:00 7:30 10:00
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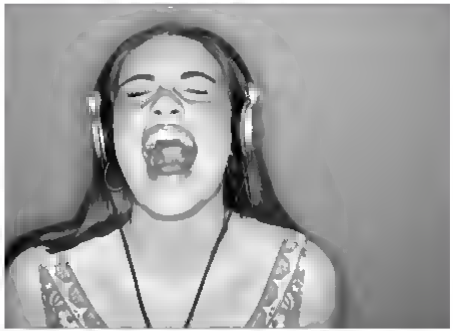
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TOO DAMN LOUD

Evidence suggests that hearing loss for musicians and fans is getting worse.

By Ellen Cushing



Listening to music on headphones worsens hearing loss.

Kathy Peck will always remember the time the opened for Duran Duran, though not necessarily for the reason you might think. It was 1984, and The Contractions, the all-female punk band for which she played bass and sang, had been asked to open for the band — then one of the biggest in the world — which was filming one of the first-ever MTV concert specials at the time at the Oakland Coliseum. "It was a funny combination," Peck recalls now, given the difference between the two groups' respective genres, but undoubtedly a huge opportunity for her and her bandmates. For the occasion, Peck borrowed an extra-powerful amp from a friend. "It was great," she said. "But after that ... my ears started to ring and my hearing went down." Ultimately, she said, it got so bad she could no longer hear normal conversation. "I saw mouths moving and I thought it was a joke. I became deaf for ten years." When I asked what it was like to not be able to play music, she narrowed and closer her eyes briefly. "It was really weird."

Two decades and a surgery later Peck has her hearing back, and she's decided to devote her life to helping other musicians avoid what happened to her through her 501(c)(3) nonprofit Hearing Education and Awareness for Rockers, or HEAR, which celebrates its 25th anniversary this year. "Hearing loss is insidious," she said, sitting in her Lower Pacific Heights home office, a high-ceilinged room adorned in equal measure with musical instruments — Peck still plays and, in fact, recently recorded an album — and plaques, proclamations and the like stemming from her work with HEAR. "It creeps up on you and you don't know it, and then it's gone. And people don't know. So that's why I'm doing this."

"Doing this" entails producing public-service announcements, distributing earplugs at concerts, conducting hearing evaluation clinics, and running workshops both for professional groups like the San Francisco Symphony as well as at local schools.

The facts are startling: A 2009 study of "intentional exposure to loud music" released by MTV and Vanderbilt University found that nearly half of its 2,500 participants had experienced hearing loss or ringing of the ears. In the study's notes, author Roland Eaves wrote, "hearing loss is so prevalent that it has become the 'norm,'" before comparing the increasing incidence of hearing loss to a speeding bus headed toward a brick wall and alluding to the possibility of a large-scale epidemic.

As Peck mentioned, hearing loss is cumulative, meaning it's just as likely to come from exposure to moderately loud music over a long time as it is from a single traumatic event. It's largely for this reason that she (and many audiologists) believe that musicians are at increased — and increasing — risk of hearing damage. "In our industry, it's just so prevalent," the said. "So so prevalent."

And there's evidence that it's getting worse as a result of several macro-level trends. "Essentially there's no regulation on how loud something can be," explained Elliot Curtis, a longtime musician and sound engineer who runs the Oakland recording studio Tones on Tail. "And people get this idea that it's a better record if it's mastered louder." The phenomenon Curtis is describing is generally known within the recording community as a result of the "loudness wars," a ratcheting-up of volume levels as recorded music and that's been hastened by the rise in low-quality audio formats like MP3s.

Audiophiles have long bemoaned the trend toward audio compression, but aesthetics aside, audiologists warn that increasingly loud music could spell an epidemic of hearing loss among all sectors of the population, not just musicians — especially when said music is consumed via in-ear headphones, which put dangerously close to the ear canal. (Many doctors, in fact, attribute the meteoric rise in teen hearing loss — up 31 percent in the last 25 years, according to study published this April in the *Journal of the American Medical Association* — to in-ear headphones, and earlier this year, New York City Mayor Michael Bloomberg launched a quarter-million-dollar campaign to educate city teens about the dangers presented by personal music players.)

And at the same time, several of the musicians I talked to for this story speculated that live music may be getting louder too. Part of that's due to recent venue-design trends toward hard surfaces and little insulation, but many bands also include in their technical riders provisions that their sound levels be set at a certain baseline. "Bands that I've seen, like Sunn O)))), Acid Mothers Temple, Deerhunter, have a line that says, 'These guys play really loud,'" said Ian Staub who plays with the San Francisco band Metacrust and who has sustained mild hearing damage over the course of more than a decade playing music. (Sunn O))), in fact, includes a minimum noise level provision in its show contract.) "A lot of [levels at live shows] are really high," Peck said, adding that while some noise restrictions exist for venues, outdoor festivals are all but entirely unregulated. Enacting and strengthening such laws is a priority for HEAR — as is beefing up education programs and increasing visibility, as is putting out PSAs. "There's just so much to do," she said with a sigh.

And it's an uphill battle. Simply maintaining funding is a struggle in an era of continued austerity for nonprofits. Moreover much of HEAR's work centers around hearing-loss education programs in schools, but as arts education continues to be gutted, workshops like that are harder to set up and pay for. And then there's the central, vexing irony of hearing loss protection among musicians: Strong, full, precise hearing is essential to a musician's livelihood, but it's likely that the best way to protect it is to spend less time playing and seeing music. And what earplugs, especially cheaper ones are designed to do — eliminate noise, particularly at certain frequencies — is precisely counter to the goal of a musician or sound engineer. (This is a large part of why HEAR devotes many of its resources to distributing high-quality custom-made earplugs at a reduced price to musicians.)

"I think among musicians [hearing loss] is something that is talked about," said Staub. "But the consensus is often, 'but [earplugs] makes the music sound like shit, [and] I can't properly hear myself, thus I can't perform properly.'"

Ultimately it's seems, hearing loss is a hazard of the trade, and a calculated risk. Staub says he's cognizant but judicious about when he uses earplugs, and Curtis said he "saves up" for loud shows by avoiding earbuds, attending close to stage, and the like. "It's a very difficult thing," said Peck. "The ear is so delicate. We're just trying to do what we can." ●

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A NEW KIND OF VENUE

A new multi-purpose space hopes to increase downtown Oakland's nightlife offerings — safely

By Whitney Phaneuf

Oscar Edwards is hesitant to call his new downtown Oakland multi-purpose space, called Venue, a nightclub, even though he said he envisioned it as "something between Yoshi's and The New Parish." With three floors and four different event spaces, Venue will host concerts, DJs, and art shows, plus serve smoothies in the mornings and bar food in the evenings. It joins a growing list of nightlife offerings on the 400 block of 14th Street, between Broadway and Franklin Street, including Geoffrey's Inner Circle a new venue and kebab lounge, HUSH, owned by Tony Tom Tone founder D'wayne Wiggins, and a soon to-open speakeasy in the location that formerly housed the live music venue Golden Bull.

The 28-year-old Edwards has been throwing parties in the East Bay and San Francisco for years, sometimes under his name, other times as DJ Truth. He established himself as a DJ while attending San Francisco State where he earned a bachelor's degree in broadcast and electronic communication arts and a master's degree in marketing. "I learned a lot about venues just from DJing," said Edwards, who lives in Oakland's Lower Bench district.

While Edwards isn't new to the nightlife scene, his involvement hasn't been without incident. Prior to purchasing Venue in late 2011, Edwards was affiliated with two parties that ended in violence. In 2010, Edwards was the promoter of a Halloween party at Sweet's Ballroom where a fight opened fire on the crowd, injuring nine people, according to the *Oakland Tribune*. Upon investigation, police discovered that the venue's owners didn't have a permit to host a special event, which Edwards and he didn't know at the time. Edwards also said the venue required him to have his security paper work and killed and another three were wounded, according to the *Oakland Tribune*. Edwards and the San Leandro Police Department mistakenly identified him as the promoter.

The location that houses Venue has seen its share of violence as well. It was formerly occupied by The House of Music, a venue and recording studio started by Wiggins and promoter Yolanda Washington. According to Oakland Local, during the time House of Music was open, calls to police for 420 14th Street were made for incidents including assault theft, and forcible rape or an unconscious victim — however, it was unclear whether the incidents happened at House of Music or the Golden Bull next door which shares the same address.

After House of Music closed, Edwards rented the third floor a 1920s ballroom, for an event. That's when he learned that the venue was originally an Elks Lodge and had never been properly upgraded to be a nightclub. "The city told me it wasn't on the up and up," Edwards said. It was beaten to half."

Edwards took ownership of the space in December 2011 and spent nearly two years reconstructing it, adding safety features like fire alarms and sprinklers and turning its three floors into four distinct businesses. Without investors or funding, Edwards did most of the work himself with one other contractor, paying for it incrementally through DJ gigs and his video production business.

On the first floor is Blend, a smoothie bar and art space, and 510 Spokes, a bike parking and repair facility; the second floor is a club restaurant, and VIP room called Vinyl, which has a capacity of three hundred, and the third floor is a music hall called Grand Live, which holds five hundred. Edwards installed a DJ booth on every floor, and included amenities like a stripper pole and poker setup in Grand Live's artists' room.

Dreading the space was a deliberate choice, Edwards explained, to avoid some of the problems that have plagued similarly large nightlife venues.

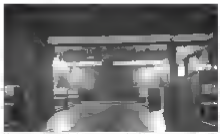
"A big nightclub doesn't work in downtown Oakland, not like back in 2007," said Edwards. "That's a big thing I learned — understanding the difference between clubs and concerts. We have a little of everything."

The space officially opens in October, but is already operating on a limited basis: Blend has been open in the mornings, Grand-Live has held sporadic concerts, and Vinyl has hosted events like Oakland Live, a showcase of local artists produced by Mistah F.A.B. and DJ Twelve that takes place every Wednesday.

Edwards said future regular events will likely include The People Party and Reggae Gold, both currently held at The New Parish and the San Francisco party Sound Clash. The annual Halloween party A Nightmare on Broadway will take over all three floors of Venue this year, leaving its former home at the Marriott Oakland City Center. On October 12, the hip-hop battling league King of the Dot will hold its first Bay Area rap battle in four years at Grand Live, tickets are expected to sell out.

Based on his past experience, Edwards said he's invested heavily in security implementing a plan that calls for one guard per every forty people. But he hopes that increased neighborhood activity will also help keep crime to a minimum. "This block has been busting within the last six months," Edwards said. "When I first came here, there was no foot traffic downtown."

Show Details:
King of the Dot will take place at Grand-Live (420 14th St, Oakland) on Saturday Oct. 12
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VenueOakland.com


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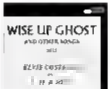
SWEETLY SEARING

Funky vitriol, surefire pop and blistering fusion

Elvis Costello and The Roots

Wise Up Ghost

This collaboration between acerbic polymath Elvis Costello and hip-hop combo The Roots isn't as incongruous as it might seem. The Roots bridge old-school funk with hip-hop and Costello's music has always had undercurrents of rhythm and blues. His 1980 album *Get Happy!* mined Sixties Motown and Stax R&B and 2006's *The River in Reverse*, his collaboration with New Orleans icon Allen Toussaint, found him embracing the plethora of N'Awlins influences. *Wise Up Ghost* isn't a rock'n'roll album but it does find Costello sounding refreshingly reinvigorated — it's a funky counterpart to his 1986 release *Blood and Chocolate*. While no longer that Angry Young Man, Costello is still able to muster the visceral verve necessary to match the lyrics, and The Roots provide muscular, full-sounding settings for memorable songs co-written by The Roots' ?uestlove (as Ahmir Thompson).



"Walk Us Uptown" is a fierce hip-hop/funk/reggae amalgamation, with a raucous-ready surly strut kicking off the proceedings. "Sugar Won't Work" (a line from the Bogart/Bacall film *The Big Sleep*) and "Refuse to Be Saved" are wry snaking slightly sinister funk tracks that evoke Sly & The Family Stone circa *There's a Riot Goin' On*, both loaded with punchy chunky volatile playing. "Trapeze" is an unlikely title for an aching, forlorn ballad — stylistically mixing doo-wop and Al Green-style Southern soul — rendered all the more potent by Costello's silky understated delivery and a chorus that won't quit. "Viceroy's Row" has a cool, lounge-y Steely Dan-like vibe. *Ghost* is Costello's most consistently playable platter since 1996's *All This Useless Beauty* (Blue Note)

— Mark Keresman

The Fresh & Onlys

Soothsayer

In a musical climate that praises and discards new bands according to the shrinking length of a press cycle, The Fresh & Onlys are steadfast and consistent. Led by pop craftsman Tim Cohen, the San Francisco band doesn't partake in trends and *Soothsayer*, the follow-up EP to last year's *Long Slow Dance*, it presents five surefire pop songs and one experimental track.

Light percussion rests beneath Cohen's rich vocals on the title track until guitarist Wymond Miles rings out a hazy chord with shimmering notes in its wake. Guitar leads permeate through the up-tempo outro as Cohen's coos mingle with a lush bed of cymbal and blissful keyboard sustain. "Drugs" is a punchy new wave number that steals out sound the band's restrained pop style. It trades a Cars like chorus for a foot-stomping verse not dissimilar to the glam-washed punk on the debut album of late Seventies act The Only Ones (a band that might've inspired The Fresh & Onlys' own moniker). Apparently The Fresh & Onlys used this EP as a way to release tracks they considered thematically mismatched for *Long Slow Dance* but it still contains hits like "Soothsayer" and "Deluge of War." And one can imagine the excellent but uncharacteristic track "Drugs" becoming a cult favorite among fans. *Soothsayer* isn't a dump for subpar material that didn't make the full length, it's just another high point in the Fresh & Onlys' impeccable repertoire. (Mexican Summer)

— Sam Lefebvre



Dave Holland

Prism

When Miles Davis brought Dave Holland from London to New York in 1968 to replace Ron Carter in his band, the English bassist soon found himself at the forefront of the fusion movement in jazz. Holland played on the following year's *In a Silent Way*, which hinted at the direction the trumpeter was about to take, and on 1970's *Bitches Brew*. Davis' full blown, hugely popular and highly controversial foray into fusing the improvisational spirit of jazz with the rhythms and volume of rock.

Holland returns to the fusion realm with Prism, which is the title both of his new CD on his own Dare2 label and the name of a blistering new quartet featuring guitarist Kevin Eubanks, keyboardist Craig Taborn, and drummer Eric Harland. Eubanks, who first recorded with the bassist in 1988, gets an amazing array of electrified sounds — high-voltage screams prickly staccato notes, sweetly searing warps — out of his instrument, and Taborn switches between acoustic and electric pianos. Harland, perhaps the most consistently inventive drummer performing today executes both funk and straight ahead beats with aplomb, throwing unexpected cross-rhythms onto his path without tripping over them. The leader supplies a fat bottom to the proceedings with his upright bass, and his solos are models of subtle musical intelligence. Holland, Taborn, and Harland contributed two tunes apiece, and Eubanks wrote three. Holland's breezy wonderfully laid-back "The Empty Chair (for Clare)" — which uses a groove akin to but slower than that of Donny Hathaway's "The Ghetto" — is especially satisfying (Dare2 Records)

— Lee Hildebrand



Dave Holland's Prism plays the SFJAZZ Center (201 Franklin St., San Francisco) on Sunday Oct. 6 7 p.m., $25-$65 SFJAZZ.org

CONCERTS & CLUBS

THURSDAY 3

EAST BAY

Blues, Folk, & Country

Gunin Hausenbush Fall Into A Savage Concert. Fusion, 9 p.m. $18.50, $20.50

Classical & Opera

Berkeley Symphony: Opening Night performing Edmund Campion's Dakotan, Wagner's Siegfried Idyll, and Rachmaninoff's Second Piano Concerto w/ Joann Falletta conducting, Zellerbach Hall, 7 p.m., $18-$46

Jazz, Lounge, & Cabaret

The Byron Glover/Warren Fritzy Quartet Cafe Trieste, 7 p.m. free

Happy Hedonism: a rotating theme 9 artists, The Uptown Arts Center, 7 p.m., free

Jim Hamilton Trio: Hammond Mystery Forest Night 7:30 p.m. free

Jazz Performance, Arts Profiles, and the Lewis Creative Music Trio Hannah 8 p.m. $10

Mr. Crystal theater jazz and guest Bonham singers, The Alley, 9 p.m., and

Rock & Pop

2013 EARTH Rock w/ Gimlet Eyeless and a surprise local jazz band, Yoshi's Oakland, Oct. 3, $15/$17.50

Abhi Sawhney w/ The Brass Remover Schwinky Little Sound 8 p.m., $7

Emily Yates w/ Justin Quintenmeyer and Second Ad, Starry Plough 8 p.m. $6, $7-$12

The Last Mayhem Starry Plough, 9 p.m. free

The Rocket Tremors w/ ADD/C, The Uptown, 8 p.m. $8

Heavy Metal Night punk and metal Battle of the Bands night, Continental Club, 9 p.m. $9

Soul, Funk, R&B, & Hip-Hop

The Art Reed Experience The Ingleside Saloon, 10 p.m., $10

The Chalice 4 members w/ Heavy-Instant, The New Parish, 9 p.m., $15, $20

Chachki: Vikings The Starlet Night, The Layover, 10 p.m., free

Soul Train Swimmer, 10 p.m. $12

World, Latin, Reggae, & Reggaeton

End Day Cinder for the Performing Arts' Podcast + Chalice Brass Ensemble Dance Center Grand Court, and

SAN FRANCISCO

Blues, Folk, & Country

Ulrich Wilson w/ Wesley Hertlep and the Traveling Trees, Phoenix Tavern, 6:30 p.m., $7

Alexis Moore Sound & Story 7 & 8 p.m. $15

Gabriel Alex Mirsky w/ Sam Bodart, Slim's 8 p.m. $15, $20

Noah Smith w/ Jeff Campbell, Mark Utah, 8 p.m. $10

Whitehall Mark from the Midnight Gamblers Bonnars, 8 p.m., $7

Classical & Opera

San Francisco Symphony performs Lully Overture and Passacaille from Armide, Russell Ade Three Studies, Stravinsky's Violin Concerto, Iran Mendelssohn's Symphony No. 3, w/ Leila Josefowicz violin and Pablo Heras-Casado conducting, Davies Symphony Hall, 7 p.m. $15-$105

San Francisco Symphony performs Under the Stars with The Alex Ross Quartet Symphony Hall 8 p.m. $10

Jazz, Lounge, & Cabaret

Carl Hogh Yoshi's San Francisco, 6 & 10 p.m. $27/$36

Ensemble La Gitana w/ The Small Arms-ensa Quartet, Dominic 8:30 p.m. $30

20 Jazz Rhythm Jupiter 8 p.m., free

Ian Bell Fetterman, Alvin Fielder, Ken Ike Latin Creative Music Trio 57th Street Gallery, 8:30 p.m. $15

Keith Jarrett, Gary Peacock, and Jack DeJohnette Zellerbach Hall 8 p.m. Tickets sold at $30

Red Dirt's Brew jazz with guest cabaret singers, The Alley 9 p.m., and

Gordon Wallace Jazz Ensemble Cafe Van Kleef 8:30 p.m. $TBA

Rock & Pop

Hello Sea Bottom Rights w/ The People, Jeff Holmes, and Physical Control, Starry Plough 8 p.m. $7 $10-$15

Hooray for the Riff Raff w/ Split Family Reunion and The Bellwether, The New Parish 8 p.m. $12 $15

Mitch Hedberg w/ Joshua Radin, Rex Theater, 8 p.m. $29.50

Ohm was the Light Attention w/ Old Iron Thief, Freight & Salvage Coffeehouse, 8 p.m. $24.50, $26.50

Ola Allen with Blues Mark Fransiosi, 9 p.m. $15 $17

Pete Stacey w/ Mark Aubert, Linda Ruby, Joe Germano, and artist The Groove, 9 p.m. free

Soul, Funk, R&B, & Hip-Hop

Karmatek Mix Meeting w/ Band Fabulicious and Dan Bernard, Yoshi's 10:30 p.m. and

World, Latin, Reggae, & Reggaeton

Art Hammer After Party w/ Carlos Saul Mendez on, Wen Yang and Joe Quinn, Art Car Bar Bar Lounge 9 p.m. and

Grupo Rain Bonaire Peterson w/ Grupo La Cordera, Tropicana Ballroom, 9 p.m. $TBA

Pedro Tobar w/ Los Rios, La Pena Cultural Center 8 p.m. $20 $12

SAN FRANCISCO

Blues, Folk, & Country

Cafecito w/ Gotta Etc, Slim's, 9 p.m., $15

Cindy Pagher and the Alkaline Express w/ surprise Hardy Style Bluegrass Band, Make-Out Room 7:30 p.m. $15

Hank Bacior Carpenters w/ Lonesome Locomotors and Lee Gallagher trio the Harbaugh Rock & Mortar Music Hall, 9 p.m., $85-$250

PIGASUS w/ mike, The Bellevet, 8 p.m. $20

Brutal Shorty Ghouls & Steve 7:30 & 10 p.m., $8 $10

Randy Sparky Shoopman w/ Sandy Slap, Big Scrips, Cassino, Patty Griffin, Nicki Bluhm and the Gramblers, Trevor Hanna, and many more, Golden Gate Park, 11 a.m. 7 p.m. free

Bert Hartland Trio w/ Brent Smalley The Independent, 8 p.m. $20, $25

Jayme Stone & Romani Rhythmbox Project Rhombus 8 p.m. midnight free

The Neckbeard Boys w/ The Westside Boys and more, Thirsty Bear 9 p.m. $5

Classical & Opera

San Francisco Opera performs Bidisha Chatterjee w/ George Manahan conducting, War Memorial Opera House 8 p.m. $64-$312

San Francisco Symphony performs Lully, Overture, and Passacaille from Armide, Thomas Adès Three Studies, Stravinsky's Violin Concerto and Mendelssohn's Symphony No. 3, w/ Leila Josefowicz on violin and Pablo Heras-Casado conducting, Davies Symphony Hall 8 p.m., $15-$107

Experimental & Avant-Garde

The 10th Annual Music for Images from Hitchcock Festival a pesky w/ a performance by Sara Marsh, Bruton for Bad Music 8 p.m. free

Brutal Shorty Ground Forces of 76 The Lab, 7:30 p.m. $7 $40

Jazz, Lounge, & Cabaret

Raul Barboa Jazz Showcase Top of the Mark 8 p.m.-12:30 p.m., $10

Rock & Pop

The Francine Perlmutterish w/ The Red Numbers, Agony Aunts, and Love Rat, Rock Island 8 p.m. $10

Annabella Lwin w/ The Unfortunate Mozart on Coffee in Spain, DNA Lounge, 9 p.m. $15 $20

The Fab Four Yoshi's San Francisco, 8 & 10 p.m. $55, $48

Half Moon Run w/ MisterWives and DJ Aaron Axelsen, Rickshaw Stop, 8 p.m., $12

Hot Lunch Phantom Limbs 9 p.m. free

Nick Lowe w/ Sturgill Simpson, Dave Alvarado Music Hall 8 p.m., $30

Pure Bliss w/ Darlingtonians and Wet Dogs, Neumos, Seattle, 9:30 p.m. $8

This Charming Man w/ Young On, Cafe Du Nord, 8 p.m. $10 $12

Year of the Fleet w/ 20 Questions 10 Bs, 10 p.m., free

Soul, Funk, R&B, & Hip-Hop

Mouthfeel Rickshaw 8 p.m. $30

The Slippery Hoops w/ Reyes Sons and The Members, Golden Gate Park, 10:30 p.m., $20 $12

SATURDAY 5

EAST BAY

Blues, Folk, & Country

Dodge's Goodnights Cafe Latte, 7 p.m. free

Kalamazoo w/ Timothy Davies and The Gospel Hour, Starry Plough 9 p.m., $6, $8-$12

Classical & Opera

Chamber Music Flowers Flowers Main Library 3 p.m. and

San Francisco Wind Ensemble conducted by Mark Scatterday, Noah Hall, 7:30 p.m., $12 general, $8 seniors and students

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UPCOMING SHOWS



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DEAD WINTER CARPENTERS
(FRI) LOVE SOME LOCOMOTIVE, LEE GALLAGHER AND THE HALLELUJAH
(SAT) TESLA LA ROCHA, JUSTIN NIGHT

THURS 10/03
WOMAN IN DUB
ASHA THE DREAMER, GARTH AMPLIFIER, DJ MAJOR ARIANA, DJ LEVSHI

SUN 10/06
BILLY WOODS
& SPECIAL GUESTS

SAT 10/12 12:00 PM
45 SESSIONS
DJ PLAYTIME, DJ LAP SALSERO

FRI 12/19
SLEEPY SUN
DYLAN BREAKER

FRI 10/25
GEORGE PORTER, JR. & RUNNIN PARDNERS
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UPCOMING SHOWS



THE NEW PARISH

THURSDAY 10/03
THE CALIFORNIA HONEYDROPS

HOORAY FOR THE RIFF RAFF
SPIRIT FAMILY REUNION
THE BELLWETHER

FRIDAY 10/18
FELA KUTI BIRTHDAY CELEBRATION! WITH LAGOS ROOTS AFRIBEAT ENSEMBLE
MAUTIBA & SHOLA JAMA DANCE PROJECT
DJ SHINE (FOR LYDIA)

THURSDAY 10/24
LYNX, LILA ROSE

FRIDAY 10/25
GILBERE FORTE, NYLO
JOSE BONTTEMPI

TUESDAY 10/29
FLATBUSH ZOMBIES
THE REAL MARC

WEDNESDAY 10/30
MICHAL MENERT
MIKE MAC, MIKEY THE MIKER

THURSDAY 10/31
DEATH
PURE BLISS, VOUS, DELICIOUS BOY DJ SHINEALIENS

FRIDAY 11/01
TOTAL TRASH HALLOWEEN BASH FEATURING THE SONICS

SATURDAY 11/02
RUMBLE BUCKET

FRIDAY 11/08
THE PIMPS OF JOYTIME

TUESDAY 11/26
MELLOWHIGH
PLUS SPECIAL GUESTS, BRAND NEW MATERIAL, AND LOTS MORE IN THE FUTURE

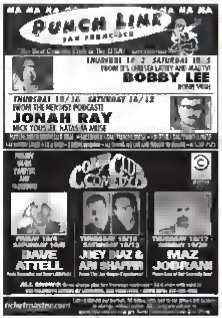
MONDAY 12/30
J BOOG

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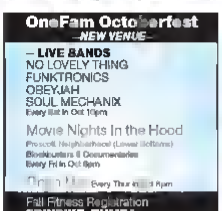
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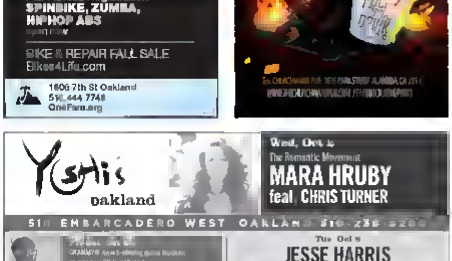
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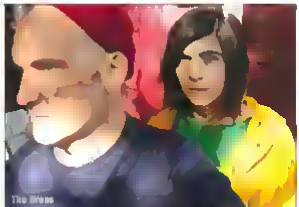


PICKS

Youth Lagoon

Although Youth Lagoon (aka Boise, Idaho resident Trevor Powers) now performs his intensely intimate songs with a four-man band — a change he made, in part, to help him perform on stages as massive as Barclays Center in Brooklyn, where he opened for The National this summer — it's still a one-man show at heart. Powers makes psychedelic-infused music that's delicate but poignant and affecting enough not to fade into the background. Though the substance he's singing about is sometimes barely discernable, you can feel his fear of death, isolation, and sense of desperation clearly through the haze. Immerse yourself in his universe this weekend at Mezzanine (444 Jessie St., SF), where he'll be joined by Porn X, a hauntingly emotive noise-rock trio whose song album, *Crunching On the Stairs*, was immediately produced. — *Madeleine King*

Saturday, Oct. 5, 8:30 p.m., $25, MezzanineSF.com



The Evens

It's safe to call Ian MacKaye — the former Minor Threat frontman and Fugazi founder — a hardcore punk legend, but he's not content to live in the past. His latest project, The Evens, holds some of the fury of his previous bands but with a quieter rage, aided by his wife and bandmate Amy Farina. With MacKaye on baritone guitar and Farina on drums, the duo unhinges unusual rhythms and tackles off-kilter themes. Farina's powerful voice and the chaos-tightly wound songs align its sound with Nineties riot grrrl bands. On The Evens' latest album, *The Odds*, the mood is somewhat contemplative and down-tempo, but decidedly punk in its commentary on class and power. The band has also maintained MacKaye's DIY ethos, playing intimate shows with low ticket prices and humanitarian fundraising aims — like its upcoming appearance at the Florence Schwinley Little Theater (Olsen Alstrom Way, Berkeley) for which proceeds go to the Arts and Humanities Academy at Berkeley High. — *Whitney Phaneuf*

Thursday, Oct. 3, 8 p.m., $7, BrownPaperTickets.com

C&C

Gospel & Vocal

Bethlehem Baptist Singers 8 p.m. $5 • a cappella singers thrive for two hours. Sing or challenging parts. Freight & Salvage Coffeehouse 3:30-6:30 p.m., $20

Jazz, Lounge, & Cabaret

East High Youth's Guitarist 7:30 & 9:30 p.m. $27-$108
Ernestine vs Rhodes Dunsmuir, 9:30 p.m., $10
The Dukes Keys Piano Quintet Jazzschool 8 p.m. $15
Empath & Andrew Lee: Tete High Street Station Cafe 7 p.m. $10
Mindad Pereira w/ Tammy Hall Trio, the Sound Room, 8 p.m. $25
Chris A. Lary Cafe Music 7:30 p.m. $10A
Bandoneon! Mo Gulden Fifth Street Gallery 8:30 p.m., $15
Jazz & Jay Lamb of Jay, 8:30 p.m. free
Gary Vuckovich & Ellen Rubber Bayeux Gallery Ensemble Freight & Salvage Coffeehouse, 8 p.m. $20-$0, $20-$0
Blue Bear's Jazz Ensemble Cadillac Piano Company 8 p.m., $15
Mardi Gras Celebrity Ashkenaz, 9 p.m., $12 $15
Berkeley Bluegrass Group Awaken Cafe 8 p.m. free
Bad Bird in dinner jazz with guest Berkeley singers, The Alley, 6 p.m. free

Rock & Pop

Christian Scott Oakland Metro Opera House 8 p.m. $17
Pet Shop Boys w/ Empathetic Poet, The Rhodes 8 p.m. and up
Portishead w/ Earth, Shapeshifters, and Talvidor Sessions Oakland Club, 9 p.m., $5
Deep Pies w/ Crooked Bangs and Yi, 8-2-3-4 Cafe Rosella, 7 p.m., $10A
Strangelove Labs w/ Art Effect, Subterranean Arthouse, 8 p.m. $10-$15

Soul, Funk, R&B, & Hip-Hop

Jobs w/ Leah Labelle Vinyl in Oakland Club, 8 p.m. $10
Where It's At Ballroom Soul Party the Legionnaire Saloon 8 p.m. and

World, Latin, Reggae, & Reggaeton

mOOb Jupiter 8 p.m. free
Ghost, Rainbow / Cage'd and Uncaged Berkeley Arts Festival 4 p.m., $0-$20
Edvard Jade Subterranean Arthouse, 10 p.m., $15-$20
The Ramblers, Gain Unarm, John Sanbra, and Pedro Guitarist performing together La Peña Cultural Center 9:30 p.m. $10

SAN FRANCISCO

Blues, Folk, & Country

Billy Bragg w/ Imba, Great American Music Hall, 8 p.m. $30
Billy Bragg Bladder Music, 3 p.m. and
Ghost Preacher and the Sinclair Express w/ Jasmine Rains, Sandy Bluegrass guest, Hemlock Tavern, 7:30 p.m. $15
Craig Ventresco and Mordell Bladder Alley Cats, 4 p.m. free
Hand Amber Carpenters w/ Neha La Rosa, and Jigsaw Night, Brick & Bottle Bistro Hall, 8 p.m., $15, $20
The Dusbusters w/ Eight Bullets, Armenia, 8 p.m. $7-$10
Leonard Kad Hungarian Restaurant 9-11 p.m., free
The Long Leavers w/ The West Coast Revelers and DJ G "Knock-It" Vanilla, The Independent, 9 p.m. $15, $17
Ghost, Girls Daughters w/ Nathan Hall, Sly Scaggs Calendar Party Gallin, Nicki Bluhm and the Gramblers, Conor Oberst, and many more., Golden Gate Park, 11 a.m.-7 p.m. free
Guitarist & Martine Bladder folk music with Sheri Leopardi Irish Ghost, 10:30 a.m.-12:15 p.m. free
Ghost Band w/ Mary Jones' Nights, Wards, and Ghosts of Saints' Milk Bar, 11 a.m. $20
Kelly Hunter and the Nightstalk Biscuits & Blues, 7:30 & 10 p.m. $12

Classical & Opera

San Francisco Symphony performs Lolly Overture, and Passacaille from Armida, Thomas Adès: Three Studies, Shostakovich's Piano Concerto, and Mendelssohn's Symphony No. 3, w/ Leila Josefowicz on violin and Tuffy Hanna-Daniels conducting, Davies Symphony Hall, 8 p.m., $15-$192

Jazz, Lounge, & Cabaret

BRAVE Ballroom Jam Sessions BRAVE Center 7 & 8:30 p.m., $15

Rock & Pop

Allah-Las w/ Jenny Anderson and Light Fantastic, The Regency Ballroom 8 p.m. $18, $20
And So I Watch You From Afar and TTNG w/ Aphex, Bottom of the Hill, 8:30 p.m. $12
Ernest Odeyrd w/ The Felice Brothers, The Fillmore, 8 p.m. $25
The Fab Four Yoshi's San Francisco, 8 & 10 p.m. $15, $40
Hot Hot Tomkins w/ Samantha Crain and St. Lockwood Porter Trees Portable, 9 p.m., $12
Hoyt Axtroman w/ John Wayne Bro and Brendan Jurdin, Hotel Utah, 8 p.m. $10
The Pharmaceuticals w/ The Knights and Fake Your Own Death, Amoeba Shop, 8 p.m. $12
Portishead w/ Battlehorse, The Regency Ballroom 8 p.m. $25 $30
Rebekah Pierce w/ Come to Ground and The Seagulls, Rock Paper Scissors, 8 p.m. $5-$15
Samuel Locke w/ Mandy Moore, Masked Stranger, and Sarah Jaye, Justice at the Hill, noon $15, $20
The Swans w/ Cunt and Sweet Ladge, Hemlock Tavern, 9:30 p.m. $7
Ghost Legend w/ Pure 3, Mezzanine, 8:30 p.m. $25

Soul, Funk, R&B, & Hip-Hop

Chris Watson Mixed Media 8 p.m. $30

SUNDAY 6

EAST BAY

All Ages

Angel Street a music storybook, w/ Ghost by Lunar Pearl Woolf Zellerbach Hall, 5 p.m. $36
Guitarist Jam and Ghost Guitar Festival w/ the 5 7th St Gallery jazz stage
Tuba Jazz stage, and Musically Minded Academy stage, as well as the Jubilee Justice performing from 2:30-5:15 at the Rockridge BART Plaza and Saja Martial

Arts and Drumming Circ. Rockridge Neighborhood room, free

Blues, Folk, & Country

Abraham Lincoln Brigade Mainwaring Freight & Salvage Coffeehouse 2 p.m. $27.50 $30.50

Americana Unplugged w/ The Davey Pols at Jayne B's 8 p.m. free

Chuck and the Ghastlidelics w/ Saul Talkers and Gable & Teal, Stovy Plough, 4 p.m. free

Claire Hand Subterranean Arthouse 7:30 p.m. $10-$15

Guests w/ Commander Venters, 9 p.m. $10

Smokey Mooring Blues with Ray Bonilla Cafe Mediterraneo 10 a.m. and

Classical & Opera

Bonnaroo String Quartet Creative Basics for Adults in the Community 4 p.m., $102.50-$125, $10 seniors and Bonnaroo

Francesca Gable pianist, High Gable Masonic Hall 11 a.m., and

Experimental & Avant-Garde

Broderick Carney and Berkeley Arts Festival, 8 a.m., $0-$20

Gable Alameda and Pablo Rainbow Stevenson 8:34 p.m. $15

Jazz, Lounge, & Cabaret

Jazz and Wine Night Creative Lunches, 6:30 p.m. free

John Schott Home Cafe, 8 p.m., free

Pirates and Women Pub Grand Gallery 7 p.m. $10

The Randy Rainbow Nick's Lounge 8:30-10 p.m. and

Rock & Pop

2nd Annual Mad Modern, Ball in Oakland, and space, Oakland Metro Opera house, 8 p.m. $10

Ava Rainbow's Cooper's Sports Bar & Grill, 9 p.m., and

Light Thieves w/ Hazel Jones, Alarmers, and Lily Henry, Stand Club, 9 p.m. $8

Revenge and Sushi Gable Festival w/ Fleetwood Mask, Pierre St., area free

Warmaged as Fest 2013 w/ redDawn, Mistermentor, Stand Fucking Lasers, Blasphemicide Creation Xenocraph, Human Filth, Fetus of Terror, and more Oakland Metal Warehouse, 8 p.m. $15

Soul, Funk, R&B & Hip-Hop

Jerry's and California Flight Project Nick's Cremalera, 8 p.m. $18.50, $20

Pythias Lodge Alabama, 6:30 p.m. $15, $20

World, Latin, Reggae, & Reggaeton

A Day In The Water Music Festival w/ Zulu Spear, Rock Candy, Caesar Salsa and the Greatest Hush Jazz Club, Barrio Lobo Queen and Sub Bourne Band, Gable Island Park, 11 a.m., and

SAN FRANCISCO

Blues, Folk, & Country

7th Annual Richardson Love Berkeley Planning Project and We w/ Neil Love and Scraggs, Bobby Bland, Louise Wainwright II, Bill Kirchen, the Lonesome Crickets to love the NSRF Rockers, and more, Nanas 3 5th Dull 8 p.m. $35-$450

Alex Hewitt & Wine, 7 & 9 p.m., $15

Family Band w/ Raging Manowarrior and John Tucker Two Parkside, 4 p.m., free

Hardly Strictly Bluegrass w/ Steve Gable, The Scraggs, Calexico Pete Griffin Hold Styles and the Grandsons, Conor Hetzel, and many more. Golden Gate Park 11 a.m.-7 p.m. free

Josh Kaufelt w/ Travis Hayes Side de Bang 8 p.m., $15

Lollipop Saloons and Ricado Gil Independent, 8 p.m. $20

Steve Earl w/ Shovel Knowe Karte, Old Chapel 9 p.m., $30, $35

Tony Salvarado Johnny Foley's Hall House, 8 p.m. and

The Underdogs w/ Freddie Stevenson Band American Music Hall 8 p.m., $20

Classical & Opera

San Francisco Symphony performs Lully Divertissements and Passacaille from Gluck, "Heroes Arise" Thea Musgrave, Strauss Don Juan, Tchaikovsky's Violin Concerto, and Mendelssohn's Symphony No. 3, w/ Lisa Batiashvili on violin and Peter Heros-Canada conducting, Davies Symphony Hall 7 p.m. $15-$152

San Francisco Symphony Presents Audrey Kohl playing Rueda Gamba, Nov. 14, Davies Symphony Hall 7 p.m., $15-$91

Gospel & Vocal

Gospel Brunch with Gable Parker 3 rotating guests, 1300 on Fillmore, 11 a.m. & 1 p.m., $29, includes brunch

Jazz, Lounge, & Cabaret

Dave Holland's Prism w/ Craig Taborn, Kevin Eubanks, and Eric Harland, SFJAZZ Hexus 7 p.m. $25-$45

Lionel Hampton's Big Band, 11 a.m. $22

Neil Hanna Trio Filipino Firehouse, 6-8 p.m. and

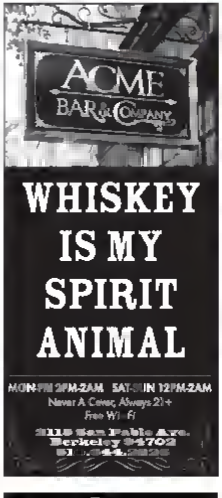
The Kelly Price Old Plaza and Jazz Band Grounds 8 p.m. $7-$10

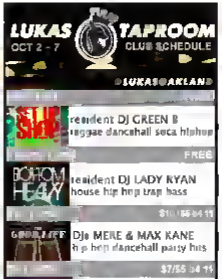
Rock & Pop

Ancient Persians, Oakland Theatre, 8 p.m., and

Filter w/ Red Firmament, and We As Human, The Regency Ballroom 7:30 p.m., $20-$22

Rakish Suits w/ Dexies House and The Redbeard & Penny Rock Club, 8 p.m.,







EAST BAY

1-2-3-4 Bar Brasserie 423 30th St., Oakland 510-986-1126.

21st Street Cafe 477 25th St. Oakland 510-834-3146

67th Street Art Gallery 6701 Telegraph Ave. Oakland, 510-654-6924

826 Valencia 826 Valencia St., Berkeley 415-826-9925.

Hellenthal's 1354 San Pablo Ave., Oakland, 510-452-0968.

Air and Light 492 8th St. Lower Pablo Oakland 510-444-2171

Albatross Pub 1798 San Pablo Ave., Berkeley 510-843-2473.

The Alley 3325 Grand Ave., Oakland 510-444-8686.

Ananda Muni 2455 Telegraph Ave. Berkeley 510-548-1126.

Art House Gallery & Lounge 2906 Shattuck Ave., Berkeley 510-872-3177.

Ashkenazi 1337 San Pablo Ave. Berkeley 510-526-5454.

Awaiting Cafe 1629 Broadway, Oakland, 510-465-3440.

The Bakery 1535 Park Pl. Pablo Alameda 510-237-1900

Beer Is and and 510 17th St. Oakland 510-444-2266.

Gable Gable Center for Old Arts 1001 Livorno St. Alameda 510-523-0807

The Bowls 1066 B St., Hayward, 510-886-8855.

Bowl-Mor Bowl 1411 Telegraph Ave. Oakland, 510-763-7713.

Gable Theatre 2509 San Pablo Ave., Berkeley 510-548-6500

Club 21 2111 Franklin St., Oakland, 510-238-9425.

Club Bonnaroo 2 Sat St., Oakland 510-452-0195

Coffee Mill 3340 Mission Ave., Oakland, 510-465-8224

Ginger Lounge 1619 College Ave., Oakland, 510-465-2681.

The Saloon 1645 10th St. Oakland 510-444-2616.

Cozy Lounge 5905 Doolittle Drive, Oakland, 510-632-9615.

Dance Mission 1414 Bonnaroo Way South Oakland 510-215-9000

Balcony 468 19th St., Oakland, 510-893-6194

Eagles Hall 2305 Adeline Ave., Alameda, 510-286-8295.

Easy Lounge 3555 Lakeshore Ave. Oakland, 510-350-4911

El Mile High Club 3409 Martin Luther King Jr Way Oakland 510-594-0666

Era Art Bar and Lounge 18 Gable Ave. Oakland, 510-832-4400

Everett & Jones Barbeque 126 Broadway, Oakland 510-663-2366.

Faith Congregational Church 2345 Channing Way Berkeley, 510-845-2496.

Forbidden Planet 1936 Telegraph Ave. Oakland, 510-549-3333.

Fat Theater 1807 Telegraph Ave. Oakland, 510-465-3400.

Fringe & Salvage 2020 Addison St., Berkeley, 510-444-3474.

Gable Hall Berkeley (Concert Bay at College Ave.), Berkeley, 510-642-9988.

High Street Station 1323 High St. Alameda, 510-995-4648.

Island Paradise Club 1436 Brunton St. Oakland, 510-465-3625.

Ivy Gable 1510 San Pablo Ave. Albany, 510-526-5400

Jazzschool 2087 Addison St. Berkeley 510-845-5373

Gable Community Center of Old Bank Bay 1414 Walnut St. Berkeley 510-548-0237

John Patrick's 1813 Park St., Alameda 510-522-5105.

Gable Coffee & Tea Garden 1222 Park St., Alameda, 510-865-2386

Jupiter 2181 Allegheny Ave., Oakland, 510-843-8277

Kimball's Oakland 422 3rd St. Oakland 510-444-6401.

Ferguson Gable Lounge 3330 Grand Ave. Oakland, 510-465-6464.

La Peña Cultural Center 3105 Shattuck Ave. Berkeley 510-849-2568.

Lanely College Theater 906 Palm St., Gable 510-436-2540.

The Layover 1870 Franklin St., Oakland, 510-834-1532.

The Lighthouse Gable 2272 Telegraph Ave. Oakland

Level Weekend Lounge 2328 Gable Park Ave. Alameda 510-523-4796

Lounge 3411 3411 Stevenson Blvd., Oakland, 510-651-3411

Lobo's Taproom & Lounge 2201 Broadway, Oakland 510-451-4072

Mills College 5000 MacArthur Blvd., Oakland, 510-430-2255

Missouri Lounge 2600 San Pablo Ave. Berkeley, 510-548-2089

New Konfusion Club 1400 Broadway St. Oakland, 510-251-6900

The New Parish 579 18th St., Oakland 510-444-7474

The Night Light 311 Broadway Oakland 510-281-1413

Oaxaca Nite Restaurant & Bar 338 3rd St. Oakland, 510-763-1346

ORACLE Arena 7000 Coliseum Way, Oakland, 510-569-2121.

Paramount Theater 2025 Broadway, Oakland, 510-465-6400.

Piedmont Piano Company 1228 San Pablo Ave. Oakland, 510-444-3535.

Public Library 1301 Embarcadero Cove Oakland 510-536-2050

Radio 435 13th St. Oakland 510-451-2083

Rhythm Addison Music 2313 Blanding Ave., Alameda 510-865-5060.

The Rock Bandy 1765 San Pablo Ave., Oakland.

Rooster's Restaurant 1760 Gable Ave., Alameda, 510-337-8780.

Sake Gable 130 14th St., Oakland 510-444-7324.

Saddle Rock 42011 Gable Rd. Fremont 510-657-0477.

Scandinavian Lounge 341 18th St., Oakland, 510-888-1899.

Sidekick Accomplishment One Accomplishment Way Mountain View 650-967-3000

Stern Grove Festival 2000 Gable Rock St., Alameda, 510-525-6742

Speakeasy Ann 2424 Lincoln Ave. Alameda 510-523-7300

Stovy Plough 3157 Shattuck Ave., Berkeley 510-841-2082.

Gable Lodge 3030 Telegraph Ave., Oakland 510-444-4174

Subterranean Arthouse 2373 Gable Way Berkeley, 510-981-1281.

Sweet Peapods 454 E. 14th St., San Leandro 510-483-6482

Syrocco 3768 Telegraph Ave. Oakland, 510-452-3396.

Tiny Lounge 1916 14th St. Oakland, 510-379-8864

Wheeler Auditorium UC Berkeley Berkeley, 510-642-4290.

White Horse and 6161 Telegraph Ave., Oakland, 510-652-3826.

Yoshi's 510 Embarcadero West, Oakland 510-238-9200.

Zellerbach Hall UC Berkeley, Berkeley 510-845-6268.





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C&C

SA, $10
Social a/ Foxy Halcyon Way Remix, and Halcyon 1994 Lounge, 7 p.m., $20. $15 (ticket) w/ Crooked Bangs, Mare, and Gold Ghosts, Thee Parkside 8 p.m. $7
You like it like w/ Cats In Vitro, We Aim For, Conditions, and Dinosaur Pile-Up, Slim's, 7 p.m. $25/ $18

Funk, Funk, R&B, & Hip-Hop
Kitty Moseen a/ Cable Stars, Armchairs, and Swiftians, Brick & Mortar Music Hall, 8 p.m. $10/$15
Soulstice/ the Cyphers a/ local emcees, beatboxers, freestylers, and DJs, Boom Room Room 8 p.m., free

MONDAY 7

EAST BAY

Rock & Pop
Ellen Cohn w/ Brittany Pidgeon, Yoshi's Oakland, 8 p.m. $35
Phil Elvrum w/ Jacques Le Coed, Fox Theater, 8 p.m. $49.50, $65

SAN FRANCISCO

Jazz, Lounge, & Cabaret
La Jazz Hot La Cabaret, 7 p.m. and **Monday Night Five Members w/ Vijay Anderson Trio, Aaron Boudreaux's Standards Trio, and the Reverend Quintet Make-Out Room**, 8 p.m., and **Sean Hutchins/the Sleeker Blondes** at Rasa, 7:30 p.m., $10

Rock & Pop
Daughter The Fillmore, 8 p.m. $25
Delicious w/ Superbonsai, The Independent, 8 p.m. $18, $20
DJ Sale w/ Power Pa Rappa (Spor Plastic, and Infinite Tube du Nord, 8:30 p.m. $10
Kaleidoscope/ Girl of Lions w/ Baltimore and Inhuman Jeans, 7 p.m., $25
Be Jay w/ Mossy Nessel, Wild Mint, and Shiva Feline, Brick & Mortar Music Hall, 9 p.m. $10
The Spitfire Section w/ Piano Bonanza and Party Favor Jazz Band, 9 p.m., $7
San Cisco w/ Vanna Jay, The Chapel, 8 p.m. $12 $15

World, Latin, Reggae, & Reggaeton
Ike Reema/ Adrenaline Fatal and Turns, El Rio, 7 p.m., $5-$7

TUESDAY 8

EAST BAY

Blues, Folk, & Country
Jason Keefe Yoshi's Oakland, 8 p.m. $50
Rev Bubba Cuffe Revue, 7 p.m., the **Tom Rigney and Anneliese Ashkenazy**, 8:30 p.m. $10

Jazz, Lounge, & Cabaret
Ellen Brabenec w/ Byron Wofford Red Sangria, The Uptones, 8 p.m., free
Red Dibble Oliver Jazz with Mardi Rowland singers, The Alley, 8 p.m. free

Rock & Pop
Penny Ape & and Yuko Mori Jellybean Hall, 8 p.m. $15 $18
Fatima La and Peace w/ Penny Ape and Cafe Orange Kids, Oakland Metro Grand Attack, 7 p.m. $10A
Hostile/Adorable w/ Dennis Ray, Wobbles, and In Watermelon Sugar Shark Club, 9 p.m. $6

Soul, Funk, R&B, & Hip-Hop
Lemonpeace Jupiter 8 p.m., free

World, Latin, Reggae, & Reggaeton
Lapiz free The Layover, 10 p.m., $TBA

SAN FRANCISCO

Blues, Folk, & Country
The Rabbles w/ Toby Malone and Alex Bleeker and the Freaks, Rickshaw Stop, 8:30 p.m. $6
Phil Robertson/ Rockers & Boers 7 & 9 p.m., $15

Classical & Opera
San Francisco Opera Ballroom Giuseppe Verdi's Falstaff a/ Music Lulcraft conducting, War Memorial Opera House, 6 p.m. $13-$312

Experimental & Avant Garde
Eli Wallace Revolution Cafe, 8:30 p.m., free

Jazz, Lounge, & Cabaret
The Tramp Jazz Big, the Bw/ Omar Rudd, Yoshi's San Francisco 8 p.m., $15

Rock & Pop
the Devil Makes w/ Dejohn Have Nots, 6:30 p.m. and **Rose Cordi a/** Mapes and Shalane and Ashbaugh, 330, Rickshaw Stop, 8 p.m., $14 $16
The Gentle Bones w/ Dusty Rhodes and Lauren Jablonski, Bottom of the Hill, 9 p.m. $5
Hugh Cornwell w/ Brothers of Great Gate du Nord, 8 p.m., $15 $18
Little Devils Cars w/ Nic Offenhalt, Great American Music Hall 8 p.m. $12
Lonelyhearts w/ Wire, The Aaglees and Til Tl Sound Mind, The Knockout, 8:30 p.m. $8
Major Bacchus and the LA Symphony Orchestra w/ Baltimore Armada, 8 p.m. $15-$17
Sir Sly w/ The Temple Gang of 1974 and Get Rids the Independent, 8 p.m., $12 $14
Stereophonics w/ The Wind and the Wave, The Fillmore 8 p.m. $55
Suuns Feat w/ Tony Wilson and Toby Tins, Mezzanine 8:30 p.m. $15
Tegan Pecker w/ Lucas New Pains and Stevie, Bottom of the Hill, 8 p.m., $8
Wavves w/ Cloud Nothings, Independent 8 p.m. $20

MUSE & Rolo Tola is Beatles a/ Cartoon Justice Reconnaissance Fly Band and Weedtrax, Ten Bones, and Mary 52 Mason Social House, 8 p.m. $TBA

WEDNESDAY 9

EAST BAY

Blues, Folk, & Country
Rosa Ann Bonnie, 9 p.m., $10
Dr. Dave Stamey and the Chuck Jones Jam Band w/ Rita Hollis and Keith Terry Freight & Salvage Coffeehouse 8 p.m. $20, $23, $24, $26

Experimental & Avant Garde
Zelos Blue and Architect/ Enchantress Cabaret Arts Festival 8 p.m., $10-$20

Jazz, Lounge, & Cabaret
Gob Lane & the Sound Wave Rooster's Roadhouse, 8:30 p.m. free
Brie Shepherd Cabaret Piedmont Piano Company 8 p.m. $15

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Christian Mcbride Trio Yoshi's Oakland, 8 p.m., $24
John Schlaer Group Anthem 7 p.m. free
Live Jazz The Boiler, free & Grill 7:30 p.m. free
Lorenzo Ferrel Trio Jupiter, 8 p.m., free
Randy Craig and Allison The Mount Zion Center 7 p.m. free
Red Dibble Oliver Jam with guest Barbara Higbie, The Alley, 8 p.m., free
Revelation Please The New Parish 8 p.m. $20

Rock & Pop
Hiwatt Gabbo w/ Holy Grail and LoneWolf, Ruthie Foster Hypnodrome, 7:30 p.m. $17
Perfected Loft w/ Revelation The Veil and Push and Attack, Slim's, Club, 9 p.m. $8
Sir Reon and Mass Hotel Ashkenazi, 8 p.m. $12

World, Latin, Reggae, & Reggaeton
Revelation Night a/ DJ Reggae Funk and DJ Marcelle, Dooley's Lounge, 7-11 p.m., free

SAN FRANCISCO

Blues, Folk, & Country
Terry Savastano Johnny Foley's Irish House, 9 p.m. and

Experimental & Avant Garde
Faris Badwan The Independent, 8 p.m. $20
Houston Cook / The Key of Bees w/ Noam and Gutmen, Rebars, and Mitch Italy Mills Hat, 8:30 p.m. $7

Jazz Lounge & Cabaret
Ezekiel Ballroom 8 p.m. free
Soiree Series Jewish American Jazz piano Trio at the Mark, 6:30-8:30 p.m., $5
The Apprentices Amoeba, 6 p.m., free

Rock & Pop
Suburbia/ The Mules w/ Lydia and Pure Moon Lakes Zinn's, 7:30 p.m. $10
Shelter/ Below the Heroes, 9 p.m. $20 $6
Street of Love DNA Lounge, 8 p.m. $25 $30
Suitcases w/ Red Hens and Bourbon Session Up Session at the Mill, 9 p.m., $10, $12
Supersuit Mezzanine, 8 p.m. free
Thee Holy Ghosts Mill, 9 p.m. $5
Local Natives The Independent, 8 p.m. $18, $20
Sonya w/ The Wives, Neon Pyramids, and DJ Omar, Rickshaw Stop, 8 p.m. $15
Xan Hamilton w/ Jenni and the Mill and Arthur Louis Neon Hall 8 p.m. $10
Outlaws the Sun The Chapel, 8 p.m., $20, $25
Whoa-ra w/ Agile and Los Tilatos Trio, 9 Monkeyblack Hall 8 p.m. $5
Religious Knives/ Cold Sun, Ombatuse, and DJ sets by Peoples Ohio Boys 9 p.m. free
Rainbow and the Chaos w/ Hammerman's Gagwatch and The Blue Meteorites, 11 11 9 p.m. $5
The Slow Poisons and Friends 50 Mason Social house 8 p.m. $TBA
Yonkers w/ Red Bubbles, Sean Adam, and No Bodyguard Bodyguard Tavern 8:30 p.m. $6
Wires free w/ In the Valley Below Below Americana Music Hall 9 p.m., $15

Soul, Funk, R&B, & Hip-Hop
Reon Record Yoshi's San Francisco 8 p.m. $20&22

World, Latin, Reggae, & Reggaeton
Mission Comes Rickshaw Stop, 7 & 11 p.m. $15
Rumba is Salsa Night w/ DJ Wally Negra & special guests, Noonday Underground 10 p.m. $5

Submissions for more listings should be e-mailed to Clubs@EastBayExpress.com or mailed to Clubs Editor, East Bay Express 6114 3rd St., Oakland, CA, 94607. Deadline is 14 days prior to the event date.

DJ & DANCE

Thursday 3

EAST BAY

Cure 21+ dance-house happy hour, The Legionnaires Saloon, 5:30 p.m., free
Deep East Lounge 3451 B St., hip-hop
DJ Tryb (Dr. Dan) **Remix Re: Jupiter**, 6 p.m. free
Glenice Beach w/ Mark Reeves spinning hip-hop, soul, neo-disco, The Layformula Saloon, 9:30 p.m., free
Groove Dat Thursdays w/ resident Rev Vie Vinyl Archaeologist and subs, Ebb, Vinyl on Versus Outbound 10 p.m., free (hands 11pm), $5 after
Here It w/ soul classic, funk, and boogie spinning reggae, dancehall soca and hip hop Lake's Taproom & Lounge, 10 p.m., free
HIP Raffle prize, cocktails, wine, radio, 18 p.m.-2 a.m., free
Kelly Dugan (Spicoli and MAFIA), The Layover 8:30 p.m., and
Re Enter w/ DJ Anthesh spinning hip-hop house, dancehall, and more, 88 Art Bar, 21 hangout, 8 p.m. free
Shelly Beach Bistro, Horse Bar, 10 p.m.-midnight, free
Store Wars w/ Dre Play, Store One Bar, Willie Maaz, Groove Bar & Lounge, 9:30 p.m. $10A
Swedish Groove Sessions Opening Day Ophie Mizzy New Orell, Beach Bar, 5 p.m. free

SAN FRANCISCO

3rd LIGHT Danish entertainment party, Wet Caliber, 10 p.m. and
Anthem w/ electronic music, Air-Tex-Max, TrifVenus, Kaiya Shawnee Slot of Prey, Jaime Weatherby Beards Delirium, free entry more, 3015 Folsom Nightclub 10 p.m., $25
Liquor Thursdays w/ Illinois Host and Friends spinning dance-disco, The Knockout, 10 p.m. free
Power rocking R.B. The Firefly, 10 p.m., $10
Skiploka w/ Deborah Ray Whitehouse, The Independent, 8 p.m., $15, $18

Friday 4

EAST BAY

"80s Cruise Party w/ DJ Dave Navarro, Captain Rough 8 p.m.-2 a.m. free
DJ Jo Cumming Dwight's Sports Bar & Grill, 10 p.m. $10
DJ Josh Gutierrez late 40, Beards and hip-hop, Bistro, Horse Bar, 9 p.m. free
DJ Night (Jo Cumming/turbodeejo pop, new-wave/indie, soul, and urban hip-hop Mo's Restaurant, 9:30 p.m. free
DJ Wild Man Groove Bar & Lounge, 5 p.m. and
Drums n Vibes rotating underspinning hip-hop R&B, and reggae Home Bartenders Bar 9 p.m. $5 (Dominican cash) 1 a.m.
Elevation w/ DJ and the Vinyl Archaeologist The Layover 10 p.m. and
Friday Night Sales w/ guest live spinning on the La Rondalla Cafe, 10 p.m., $5
Friday Jam.Jam w/ DJ Dope K, Fusion, 10 p.m. $5
Hoops Mania w/ DJ Golden Boots spinning punk, rock, indie, & noise rock, The Missouri Lounge 9:30 p.m. free
Kulture Shock w/ DJ Boy Wonder, Sinister The B Lounge 9 p.m.-2am, $5 cover after 11 p.m.
Old-School hip-hop/late funk, Radio, & more
Ozone Sessions traditional Irish music, The Layformula Saloon 4 p.m. free
Sultry Fridays DJ Lest & Fet Solo spin R&B & soul, Kimball's Carnival, 9 p.m. $5
Vybe Intl's DJ The Magic Man & Human spinning retro, boogie, dancehall, & soul, Ghostbusters Miniatures, 10 p.m. $5
World Beat samba, spinning DJ Magic spinning jahaimat, samba, samba, salsa, reggae, Brazilian reggae Reggae, Latino music, & more, Canga Lounge, 10 p.m.

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SAN FRANCISCO

ATE The Warfield, 9 p.m., $17.50-$48.50
Celebrate Wednesday / Philo, The Regency Ballroom, 8 p.m. $25, $30
Chill Dot Miracle, Kaya10 Hanna, & Saleem King spin ambient, house tones, music, country boogie, hooky, hip-hop, & Starr Ballroom Marwich Art Bar 9 p.m., $6
DJ Dusty Kemph spinning rock, hip-hop, new-wave R&B, 90s Under 9 p.m., Swig Bar 9 p.m., free
Dia Cuenca love **Miranda** & Flo, 8 p.m. and
Foreplay and Fantasy Onboard w/ TWERKULATOR, Hot salsa, Mezzanine, 8 p.m. $15-$18
Hamilton Fit Fair Bay Society Fan, Florida & UKF ft Chicken Schnitz spin '90s and hip-hop, The Cellar, 10 p.m., free shuttle 10 p.m. & $20 after
Friends Fair / Friday Night Dirt Armada, 9 p.m. $5-$6
Hard house starting 7:30, The Firefly, 10 p.m. $15, mattress starlight
Invite Jay w/ Anklers, 16-Bore Bear Peter C, Monarch, 10 p.m. $7-$10
Loose Joints w/ DJ Tom Thump live guests, Make-Out Room, 10 p.m. $5
Pacific Islander Island Day Sail live **Gloria** spin reggae, dancehall hip-hop, soul, & R&B, Alta Bedouin, 8 p.m. $65
The Polish Steakbreaker w/ Phonicki, Ambassador, 40 Watter, Little Boogie, and Wet Caliber, 10:15 Brewer Nightclub, DJ 9 p.m., $105
Shameless w/ Syd soul, Rose, Kamik Savvy Isaa and Tonna, Beats Monk, 9:30 p.m., $12
Shangahnessy w/ DJ Tomas classic spinning rare samba, industrial, new-wave, & goth cumbias, 9:30 p.m., free hands 10:30 p.m., $20 after
Strictly Bassweight Vicki spinning dancehall, bass music, & more, 111 classic Beats Safety $5-$10

Saturday 5

EAST BAY

A.A Productions & Hookipin Dis Evening R&B & hip-hop, Bistro, 10 p.m. free
Dave Nunez w/ DJ Reverend spinning vinyl-only hip-hop & R&B Beards free Bar & p.m., $5 Beards 11 p.m.
DJ & Dancing Dwight's Sports Bar & Grill, 10 p.m. $5
DJ Bull & Dancing Locker 8 p.m. free
DJ Joe Bubz The Layover, 8 p.m., free
DJ Night The opening Kaleidoscope mini-festival, soul, and other hip-hop, Sly's Restaurant, 9:30 p.m. and
Last Day Ready-Tank 9:56 Ultra Dave classic country dance-party, country, honky-tonk, blues, and more, The Stanza Lounge 10 p.m., and
First Saturday w/ DJ Dave Bentley's Inner Light Lounge, 8 p.m. free
Magic Island Dance Brass 8 guests from genre-surfing extravaganza, Kingman's Lounge, 8 p.m. $10
Nature Boy w/ DJ Nature Boy Running The Two Six and wave hop-hop, The Uptown, 10 p.m., $5
Nyquil w/ Bob Otis and Lounge, salsa, Horse Bar, 8 p.m. $5

SAD FRANCISCO

Bassnectar monster night, Bass Lounge, 9 p.m., $15 $20
Dance Party Connection w/ Shag spinning the Bassnectar Aunt club hits, Illinois, 10 p.m., free classic 11 p.m. with Bassnectar Edgeworthy w/ Dancing pumpkin, reggaeton salsa, sandstone, and world dance-pop Mezzanine, 10 p.m., $5
Fable Glamour w/ Disco and Mole, Marvin Aquino, and Dan Blake, Monarch, 9 p.m., $10
Hard Rework w/ Dre Skinner Bear Beats Bay Bar 9 p.m.-3 p.m. $7
Monique Fuentes w/ guest house, w/ Bobtail Bar Groove Q, Swig Mezzanine, The Firefly, 10 p.m., free hands 11 p.m., $15
Paddock Lake w/ D.O.D., The Warfield, 8 p.m., $30-$35
Rare Bass 5 Freshmanne Dre Segal live Beats rock reggae dancehall, hip-hop, soul, & R&B Lake Beards 9 p.m. $6
Reese Kardos w/ Christian Martin, 7 Stones Abilene DJ Set Honey Beats Jackie House, and Reese Outer Public Works, 10:30 p.m., $10
Rose Saturdays w/ Say Area Latin Mix, 12:15 Fishers Nightclub 10 p.m., $10 until 10:30pm, $20 after
Opening Night Rave Party with Audiology, Rave Fuel, and Trippers Dance spinning '90s Soul 45's, The Resort, 10 p.m., $5-$10
Seduction w/ underspinning hip-hop and bass hits, The Cellar 9 p.m. free hands 10 p.m., $10 after
Shoelace w/ Apollo and Virtue, Mighty, 9 p.m., $8
Soundstage w/ The HYPLOS Brothers Bass, & Nick Weatherboom spinning soul jazz, Hammond grooves, & more, The Voice Room, 10 p.m., $5

Sunday 6

EAST BAY

The Beards w/ featured natives Kay Shadow and DJ B Sharp Fire Art and and Lounge, 9 p.m.-1:30 p.m., and
DJ Peppy Dragon's Lucky Lounge, 8 p.m. and
Soul Sessions w/ The Weekday Band Beards Big Machine, Bass Love, Dave Kusanovic, Diego Perales, salsa, and Artists, Temple, Temple, 10 p.m., free
Unlike Free a soul Mondays and spin alls sets-ready & Pete reggae The Funky Tony Club 7 p.m., and

SAN FRANCISCO

Bulldog Flare DJ Sensation & Beards with reggae & dancehall, Underground SF 8 p.m.-free hands 10:30 p.m., $5
Dance Sundays w/ Danny Boundaries, Dre spinning dance music, Parallax Lounge, 8 p.m., $5 after 10 p.m.
Focus w/ Beards Music, 9 p.m., $20-$40
Saloon After Party w/ a special salsa, Bistro, Monarch, 8 p.m. $15
Sweatshop classic Bass w/ Sally Groove, The Knockout, 10 p.m., free

Monday 7

EAST BAY

Downtown Night w/ and Serg and Julia classic spinning world reggae Latin and hip-hop, Sweet and It Lounge, 10 p.m., free
DJ Joe Bass The Layover 8 p.m. and
Fishers on Mondays w/ Thurlow and Vince, The Layformula Saloon, 9 p.m. free
Throw Back Weekend DJ Reese Barker spins local Summer Lake's Taproom & Lounge, 9 p.m. free
Underground Lounge psyche '90s & some 70s music, Bistro, 10 p.m.-2 a.m., free
Zeds w/ Oliver Ivan Ana Mobile, Fat Beards 8 p.m. sold out

SAN FRANCISCO

Beards Gold w/ DJ B spinning retro, industrial, synthpop, Bistro, Monarch, and world stuff, Bass Lounge, 9:30 p.m., $3, $5
Bikini Monday DJ Guest B guests spin and send music from the '70s to today, Underground SF 10 p.m. free
Bluegrass Sessions funk, hip-hop, reggae fusion, Alcohol, 8 more, Cube Internet 10 p.m. $5
Split Seconds w/ Dre Nikkonen, Kang Fu Chic, B Calhoun spinning funk, soul, Bybee '80s boogie, jam, Latin, and Alcohol, Tunnel Rat 10 p.m., free

Tuesday 8

EAST BAY

DJ Hella The Layformula Saloon, 10 p.m., free
DJ Jesse Bass Dewey spinning rock, indie, punk, new wave, & more, The Oakland Lounge, 10 p.m., free
Funky Situation w/ DJ Satoshi BC spinning funk, boogie, spinning dancehall mellow Bass Records, 90s, 80s Motown, salsa and rock, The Layover, 10 p.m., free
Lee Dunn small house classic world Lounge, 9 p.m. $10A
Season Greenes Beardsmen from Beards The Layformula Saloon, 7 p.m., free
Team Funk DJ Juan E and rotating guests spinning reggae Weekend and Ribbon rhythms, Lake's Taproom & Lounge 9 p.m., and

SAN FRANCISCO

Come Up Job Bounce Station The Job You Hate Hour & the Only open reggae dancehall, hip-hop, 9 p.m. free Beards 88 p.m., Alta Bedouin, 10 p.m.
Lost & Found Deep & Beats '90s Soul Make-Out Room 9:30 p.m., free
Pacific Drive w/ Isaac w/ Joe Arlo, Governa, & Reese, plus ABC Funk Underground SF 9 p.m., $5
Soundpieces Bass w/ salsa, Monarch 10 p.m. and Beards 10:30pm, $5 classic 11pm $10 after

Wednesday 9

EAST BAY

Dave Bandy w/ and Isaac and Saul Groove spinning indie and hard-to-get girls who said girls, Wine House Bar, 9 p.m., $5, $7
The Bat Bar w/ DJ Sardonic bass specials Ramona Lake's Taproom & Lounge, 9 p.m., free
The Deep 90's Hooray Bay Hip-Hop w/ Dre spinning hip-hop, Club 21, 9 p.m., $5-$10
Rockville Rockabilly w/ DJ Fee Bug, The Layover, 8 p.m. free

SAN FRANCISCO

Uptown Wednesday Dre Strategy Jones, and Herb Oh spin Oakland Hip-Hop, reggae, funk & soul Beards, 10 p.m., $5
Oakland Music Bands Party w/ Dre Beats live Shia Loffler, Make-Out Room, 9 p.m., free

PICK

Uptown Boogie
Held on the first Saturday of every month at The Uptown (1928 Telegraph Ave., Oakland) Uptown Boogie (aka it "Shake Your Everything Jam Bonne Party") is a new event but one that's steeped in nostalgia. DJ Rone One an associate of the Hieroglyphics crew shows his reverence for get it pre-and-groove hits of decades past. Expect to hear a heavy dose of Seventies and Eighties funk and soul, as well as new wave and hip-hop. There's a little bit of something for everyone, as long as you agree that they just don't make em like they used to. If you've dreamed of getting down to the likes of Sugar Hill Gang, Tears for Fears, Culture Club, Run Shoun, The Cure, Madonna, Soft Cell, Lisa Lisa and Cult Jam, Janet Jackson, Rick James, and Earth, Wind, and Fire somewhere other than in your bedroom, this is the place. Wanna get in free before 10 p.m. — *Madeleine Key*

Saturday, Oct. 5, 9 p.m., $10. UptownNightclub.com

Beards Disco Jamboree Dre Art Bay bass hit tonight, music, $5-$10
Persuasion Latin rowboat night w/ bass Beards, Beards and Bar 7 p.m. $5-$10
Reese Kardos Dre Soul Reese and Layla and special guests spin Nu-Rave, Bass music, Beards, deadbeat, dancehall, reggae, and Beards's mashup Horse Bar & Lounge 9 p.m. and
Trainwreck all-terrible Tranny salon, everything bass and ways to spank rock bass the '80s through the '90s, Beardsmen Saloon, 10 p.m.-2 a.m., and
Runway Classic and Alec Monks, Fat Beards 9 p.m., $10

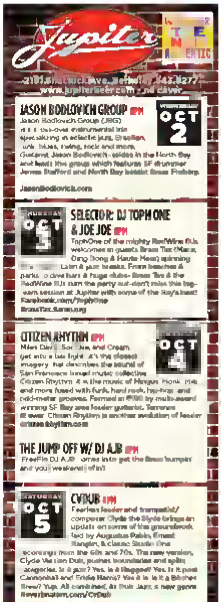
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Uptown Wednesday Dre Strategy Jones, and Herb Oh spin Oakland Hip-Hop, reggae, funk & soul Beards, 10 p.m., $5
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SAVAGE LOVE

FLAT-FOOTED

A foot fetish an impossible crush and pictures of poo.

By Dan Savage

I am a straight male thirty, in a long-term monogamous relationship. I love my wife, we have good sex, and often. When we first got together, I had a mild foot fetish, and she has gorgeous pedis. We have done and still do foot play on occasion. But my fetish has grown stronger as time has passed, and I have grown thirstier for her appendages. They are all I can think about. I am still willing to do everything with my partner and make sure she is satisfied. I don't want anyone else, and the relationship is wonderful other than this issue. It's just that she is not much into foot play and is rarely willing to partake. When she does partake, it is brief, and then we are on to the next. How can I relate to her my insatiable desire for her lovely appendages without sounding like an absolute freak? Is it fair for me to ask for this after being together so long without the same need?

Fighting Extreme Erotic Tension

I didn't run your letter the first ten thousand times you sent it, FEET because any regular reader of my column — and someone who e-mails me on a daily basis for three years is presumed to be a regular reader — would know what my advice would be in a case like yours. Level with your fucking wife about your boring fucking feet fetish already. Then proceed forward.

While your dilemma is stupid and your spamming is annoying, FEET, I chose to run your letter because this is actually a pretty good hypothetical. "Is it fair for me to ask for this after being together so long without the same need?"

Sexual boredom is a huge problem in many long-term monogamous relationships. We humans are wired to seek some degree of novelty and variety in everything we do. Two people who agree not to seek sexual novelty or variety outside of their relationship have to work at creating some of both inside the relationship, or risk watching their sexual connection wither and die. (That's not always fatal — there are plenty of happy and sexless marriages out there — but a dead sexual connection can go gangrenous and poison a relationship.) So one partner asking another to explore a new/found sexual interest — or one partner coming home from a repressed or downplayed kink — can be a very good thing.

There is risk in disclosing: What if one partner's "new need" is another partner's libido killer, i.e. something that makes it difficult or impossible for the disclosee to connect sexually with the disclosee ever again? But I would argue, based on the mail I receive (an avowed sample, yes, but a pretty massive sample) that sexual boredom poses a much bigger threat to a relationship or marriage than coming clean about an old or new kink ever could.

I'm a straight woman who has been married for ten years. We've been in a rut, emotionally and sexually, for a few years. My closest girlfriends think we're bored. Neither of us has done anything to harm or sabotage our marriage. We are very good together, and the love we have for one another is huge. I have plenty of male friends, but there is one that I've been getting to know — a colleague — and he is a stellar human being. We really connect. He kissed me a few weeks ago. I liked it. I like him. The impact on my marriage has been strongly great. I disclosed everything to my husband. He said, "I couldn't get in the way of your happiness. Is this something you need to explore?" This is the overwhelmed response of someone who truly loves me. We've been communicating better since our exclusive fessing about it, and it is evident that we're committed to working through things as a couple. So why can't I stop thinking of my colleague? I think of him all day long. I think of him when I'm making love to my husband. I don't plan on seeing him anymore. He is a distraction to my marriage. But what on earth do you do to get someone out of your head?

Wanting It Forever

If you feel like spending time with your colleague is a genuine threat to your marriage, and if protecting your marriage from genuine threats is a priority (and it should be), then keep doing what you're doing: Keep fucking your husband, keep avoiding your colleague, keep feeling your feelings (because what other choice do you have?) and with enough time and fucking and feeling your crush on your colleague should wither away.

But that's not how it would appear that this affair — this emotional affair — has had a positive impact on your marriage. Far from threatening your marriage your feelings for your colleague dislodged something that reinvigorated your marriage. So if your colleague knew you were married and didn't ask you to leave your husband, and if your husband didn't threaten to divorce you, but asked if this — meaning something more than friendship with this colleague — was "something you need to explore," you might be able to have a relationship with your colleague without having to end your marriage. Love isn't always a zero-sum game.

If a random guy hands a girl his number — unsolicited — on a piece of paper without even talking to the girl first is it wrong for the girl's boyfriend to send this random guy a picture of his shit? I think it's okay to send a picture. Others seem to think it's abhorrent. Also, I think worse things have happened to people who ask out girls with protective and insecure boyfriends

Butthole King

Asshole move, BK, but it's not really Random Guy to whom you're losing an asshole. It's your girlfriend. You're telling her that she's stuck with a guy who regards her as his property and will react like a huge asshole whenever someone else expresses the least interest in her — even if she didn't invite it.

And you shouldn't act like an asshole even if she did invite it. Sometimes patronized people engage in a little innocent flirting because it makes them feel attractive and alive — and then, all cranked up, they go home and fuck the shit out of their partners — and if you can't chill the fuck out about it, BK, sooner or later your girlfriend is gonna get sick of your shit and delete you.

Find the Savage Lovecast (my weekly podcast) every Tuesday at TheStranger.com/savage
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NOTICE OF TRUSTEE'S SALE Trustee Sale No. 7541720A Loan No. 0010301004 Title Order No. 120614691-CA-MAI ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CALIFORNIA CIVIL CODE 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03-14-2005 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 10-02-2013 at 10:00 AM, CALIFORNIA RECONVEYANCE COMPANY, as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 03-18-2005, Book N/A, Page N/A, Instrument 2005-0107714 of official records in the Office of the Recorder of ALAMEDA County, California, executed by: GANG H. PARK, A MARRIED MAN as Trustor, MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. (MERS), ACTING SOLELY AS NOMINEE FOR LENDER, GREENPOINT MORTGAGE FUNDING, INC. ITS SUCCESSORS AND ASSIGNS, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount at the time of the initial publication of the notice(s) of sale is: $1,043,979.25 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. Beneficiary's bid at sale may include all or part of said amount. Estimated amount may be greater on the day of sale. Trustor may have the right to bring his account current and reinstate the loan at any time up to five business days prior to the date set for the sale. Trustor may have the right to bring a lawsuit to assert the non-existence of a default or any other defense of Trustor to acceleration and sale. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's agent, or the holder of the note or deed of trust secured by the property that is the subject of the sale. The property will be sold "as is". In compliance with California Civil Code 2923.5(c) the name and address of the beneficiary, beneficiary or authorized agent disclose, that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower or to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone, by United States mail, either 1st class or certified, by overnight delivery, by personal delivery, by e-mail, by face to face meeting. DATE: 09-06-2013 CALIFORNIA RECONVEYANCE COMPANY as Trustee PHONE: RESTREPO, ASSISTANT, California Reconveyance Company 9200 Oakdale Avenue Mail Stop: CA2-4379 Chatsworth, CA 91311 800-892-6982 For Sales information: www.lpsasap.com or 1 714-730-2727 www.priorityposting.com or 1 714-573-1965 www.auction.com or 1-800-280-2832 CALIFORNIA RECONVEYANCE COMPANY IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 or visit this Internet Web site www.priorityposting.com for information regarding the sale of this property, using the file number assigned to this case 12-14187. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. DATE: September 11, 2013 ALLIED TRUSTEE SERVICES NICOLE THORNSBERRY, Authorized Signature FOR SALES INFORMATION: CALL (714) 573-1965 ALLIED TRUSTEE SERVICES 990 RESERVE DRIVE, SUITE 208 ROSEVILLE, CA 95678 (877) 282-4991 #1060015 /07/, 09/19/2013

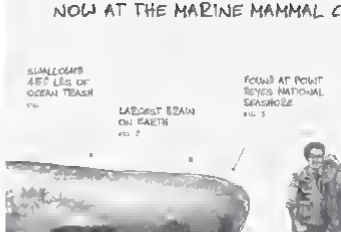
Trustee Sale No. – 12-14187 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT DATED 07-31-2013 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 10-23-2013 at 12:00 PM, ALLIED TRUSTEE SERVICES (Trustee) under and pursuant to Notice of Delinquent Assessment, recorded 02-05-2013 as Instrument 2013055517 Book-- Page-- of Official Records in the Office of the Recorder of ALAMEDA County CA, property owned by: ERNEST G FRIEZ, JR AND VIVIAN S FRIEZ, TRUSTEES OF ERNEST G FRIEZ, JR. AND VIVIAN S FRIEZ, 1969 TRUST WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). THE FALLON ST EMERGENCY EDIT TO THE ALAMEDA COUNTY COURTHOUSE 1225 FALLON STREET OAKLAND CA all right, title and interest under said Notice of Delinquent Assessment in the property situated in said County, describing the land therein: A.P.N.: 48-1528-55[illegible] The street address and other common designation, if any, of the real property described above is purported to be: 2 ANCHOR DRIVE #2 EMERYVILLE, CA 94608 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be without covenant or warranty, expressed or implied, regarding title, possession or encumbrances, to pay the remaining principal sum, the under said Notice of Delinquent Assessment, with interest thereon, as provided in said notice advances, if any, estimated fees, charges and expenses of the Trustee. The estimated total amount of the unpaid balance at the time of the initial publication of the Notice of Sale is $8,685.83. PROPERTY WILL BE SOLD SUBJECT TO THE RIGHT OF REDEMPTION. The chairman, WATERGATE COMMUNITY ASSOCIATION under said Notice of Delinquent Assessment heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 or visit this Internet Web site www.priorityposting.com for information regarding the sale of this property, using the file number assigned to this case 12-14187. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. DATE: September 11, 2013 ALLIED TRUSTEE SERVICES NICOLE THORNSBERRY, Authorized Signature FOR SALES INFORMATION: CALL (714) 573-1965 ALLIED TRUSTEE SERVICES 990 RESERVE DRIVE, SUITE 208 ROSEVILLE, CA 95678 (877) 282-4991 #1060015 /07/, 09/19/2013

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